

FINAL COAST CONFERENCE RESULTS AND STANDINGS 2009-2010

2009-2010 ALL SPORT AWARD

1. DeAnza 252, 2. Chabot 200.5, 3. Cabrillo 195.5, 4. San Francisco 195, 5. West Valley 186.5, 6. Foothill 182, 7. San Jose 164, 8. Hartnell 155, 9. Ohlone 153, 10. Monterey Peninsula 134, 11. San Mateo 127, 12. Mission 95, 13. Canada 81, 14. Skyline 79.5, 15. Gavilan 73, 16. Las Positas 61, 17. Evergreen Valley 27.

BASEBALL

North Division

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>Lost</i>
Chabot	20	5	28	8
San Mateo	20	5	27	7
West Valley	16	9	21	15
San Jose	14	11	19	17
DeAnza	9	16	11	24
San Francisco	6	19	9	27
Mission	3	22	5	29

Northern California play-off

#4 Chabot beat #12 Skyline
 #2 San Mateo beat Sierra
 #13 West Valley lost to #5 Fresno
 #15 San Jose vs beat Cosumnes River
 #15 San Jose beat #1 Canada

Super Regional

San Jose: lost to San Mateo, beat Fresno, lost to Sacramento
 San Mateo: beat San Jose, beat Sacramento, beat Sacramento
 San Mateo advances to State Finals
 Chabot : beat Diablo Valley, beat Ohlone, lost to Ohlone, lost to Ohlone
 Ohlone: beat Merced, lost to Chabot, beat Diablo Valley, beat Chabot, beat Chabot

California State Finals

San Mateo lost to Rio Hondo 18-6
 San Mateo beat El Camino 15-14
 San Mateo beat Rio Hondo 16-4

San Mateo lost to Ohlone 16-10. FINISHES 2ND IN STATE!!

South Division

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>lost</i>
Canada	22	3	30	5
Ohlone	20	5	28	8
Skyline	15	10	22	14
Monterey	13	12	20	15
Gavilan	7	18	9	27
Hartnell	7	18	15	20
Cabrillo	3	222	6	30

Northern California Play-offs

#1 Canada lost to #15 San Jose
#3 Ohlone beat #14 Modesto
#12 Skyline lost to #4 Chabot

Northern California Regional

Ohlone: beat Merced, lost to Chabot, beat Diablo Valley, beat Chabot, beat Chabot
Ohlone advances to State Finals

Super Regional

Ohlone: beat Merced, lost to Chabot, beat Diablo Valley, beat Chabot, beat Chabot

California State Finals

Ohlone beat el Camino 13-0
Ohlone beat Rio Hondo 11-2
Ohlone beat San Mateo 16-10. STATE CHAMPIONS !!

SOFTBALL

North Division

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>Lost</i>
Ohlone	14	2	27	9
San Mateo	13	3	27	11
DeAnza	8	8	16	23

Chabot	7	9	14	22
Mission	2	13	7	23
Foothill	2	14	6	32

NORTHERN CALIFORNIA CHAMPIONSHIPS

#7 Ohlone lost to #11 Feather River 10-5, 7-6

#11 San Mateo lost to #6 Cosumnes River 5-0, 9-8

South Division

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>Lost</i>
San Jose	14	2	29	7
Gavilan	13	3	25	12
Hartnell	8	8	20	12
Cabrillo	8	8	16	15
Monterey	7	9	16	21
West Valley	0	16	7	26

NORTHERN CALIFORNIA CHAMPIONSHIPS

#8 San Jose lost to #9 Siskiyou 8-4, 8-7

#14 Gavilan lost to #3 Sequoias 5-4, 0-3, 7-2

Golf

<i>College</i>	<i>Place</i>
Chabot	1 st
Cabrillo	2 nd
San Jose	3 rd
Foothill	4 th
Monterey Peninsula	5 th
Canada	6 th

NORTHERN CALIFORNIA CHAMPIONSHIPS

Chabot	2 nd
San Jose	7 th (t)
Foothill	7 th (t)
Cabrillo	9 th

WOMEN'S TENNIS

<i>College</i>	<i>Place</i>
DeAnza	1 st
Chabot	2 nd
Mission	3 rd (t)
Monterey Peninsula	3 rd (t)

San Francisco	5 th
Cabrillo	6 th
Foothill	7 th

MEN'S TENNIS

<i>College</i>	<i>Place</i>
Foothill	1 st
Mission	2 nd (t)
DeAnza	2 nd (t)
Chabot	4 th
Cabrillo	5 th

Men's Swimming

<i>College</i>	<i>Points</i>
West Valley	693
Ohlone	637
Chabot	588
Cabrillo	321
San Mateo	312
Foothill	306
DeAnza	281

Women's Swimming

<i>College</i>	<i>Points</i>
DeAnza	741
Foothill	528
San Francisco	499
San Mateo	401
Chabot	336
Ohlone	282
Cabrillo	270
West Valley	260

Men's Track and Field

<i>College</i>	<i>Points</i>
San Francisco	214
Hartnell	166.5
DeAnza	165.5
San Mateo	80

West Valley	43
Chabot	42
San Jose	34
Monterey Peninsula	17

Northern California Finals

DeAnza	5 th
San Francisco	6 th
San Mateo	11 th
San Jose	13 th
Hartnell	14 th
Monterey Peninsula	20 th
West Valley	22 nd

California State Finals

San Francisco	11 th
DeAnza	22 nd
MPC	27 th
Hartnell	32 nd
San Mateo	34 th

Women's Track and Field

<i>College</i>	<i>Points</i>
DeAnza	241
Laney	187
Hartnell	165
San Francisco	62
West Valley	41
Chabot	23
San Jose	16
San Mateo	15
Monterey Peninsula	6

Northern California Finals

Laney	2 nd
DeAnza	6 th
San Francisco	11 th (t)
Hartnell	11 th (t)
West Valley	14 th
Monterey Peninsula	16 th
San Jose	19 th

San Mateo 20th

California State Finals

Laney	1ST	STATE CHAMPIONS
DeAnza	25 th	
San Jose	36 th	
West Valley	38 th	
San Francisco	40 th (t)	
Monterey Peninsula	40 th (t)	

Women's Badminton

<i>College</i>	<i>won</i>	<i>lost</i>
San Francisco	8	0
DeAnza	6	2
Fresno	4	4
Skyline	2	6
Mission	0	8

State Championship

San Francisco beat Pasadena 11-10. STATE CHAMPIONS

MEN'S BASKETBALL

North Division

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>Lost</i>
Ohlone	11	1	22	4
San Francisco	9	3	24	4
Foothill	9	3	20	7
Chabot	7	5	18	8
Las Positas	4	8	12	15
Canada	2	10	10	14
Skyline	0	12	5	21

NORTHERN CALIFORNIA PLAYOFFS

Ohlone (1) beat Shasta (16) 75-60
San Francisco (2) beat Redwoods (18) 66-59
Foothill (6) beat Diable Valley (11) 68-66
Chabot (7) beat Santa Rosa (10) 58-50
Ohlone (1) beat Yuba (8)

San Francisco (2) beat Chabot (7)
Foothill (6) beat Cosumnes River (3)

STATE TOURNAMENT

Ohlone (#1N) lost to Saddleback (#4S)
San Francisco beat Irvine Valley (#3s)
Foothill (#4N) lost to San Bernardino (#1S)
San Francisco (#2N) beat San Bernardino (#1S)
San Francisco (#2N) lost to Saddleback (34S)

South Division

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>Lost</i>
San Jose City	12	0	24	4
Cabrillo College	8	4	14	12
West Valley	8	4	14	15
Hartnell	6	6	15	12
Monterey Peninsula	5	7	15	13
DeAnza	2	10	4	21
Gavilan	1	11	6	20

NORTHERN CALIFORNIA PLAYOFFS

San Jose (4) beat Los Medanos (13) 78-72
Cabrillo (14) lost to Cosumnes River (3) 95-83
West Valley (17) lost to Shasta (16) 64-50
San Jose (4) beat Fresno (12)

STATE TOURNAMENT

San Jose (#3S) lost to Citrus (#3S)

WOMEN'S BASKETBALL

North Division

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>Lost</i>
San Francisco	10	0	25	3
Foothill	7	3	13	14
Chabot	5	5	15	11
San Mateo	5	5	15	11
Skyline	3	7	6	19
Las Positas	0	10	2	22

NORTHERN CALIFORNIA PLAYOFFS

San Francisco (1) beat American River (16) 87-55

Chabot (10) beat Shasta (7) 45-40
 Foothill (14) lost to Santa Rosa (3) 75-58
 San Francisco (1) beat Ohlone (8)
 Chabot (10) beat Sierra (18)

STATE TOURNAMENT

San Francisco (#1N) beat Pasadena (#4S)
 Chabot (#4N) lost to Fullerton (#1S)
 San Francisco (#1N) lost to Ventura (#2S)

South Division

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>Lost</i>
Ohlone	12	0	18	8
San Jose City	10	2	18	10
Monterey Peninsula	8	4	17	10
DeAnza	5	7	9	16
Hartnell	4	8	10	17
Mission	2	10	7	20
Cabrillo	1	11	7	18

NORTHERN CALIFORNIA PLAYOFFS

Ohlone (8) beat Contra Costa (9) 71-67
 San Jose (13) lost to Laney (4) 52-49
 Ohlone (8) lost to San Francisco (1)

VOLLEYBALL

3 OUT OF 5 MATCHES ONLY

North Division

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>Lost</i>
Foothill	10	0	23	3
DeAnza	8	2	14	11
Skyline	5	5	10	15
San Francisco	5	5	11	11
Ohlone	2	8	5	14
San Jose	0	10	1	23

Northern California Championships

DeAnza (#13) lost to Fresno (#4) 16-25, 18-25, 13-25
 Foothill (#2) beat Yuba (15) 25-17, 25-16, 25-10)
 Foothill (#2) lost to Sierra (#7) 25-18, 18-25, 17-25, 22-25

South Division

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>Lost</i>
Gavilan	9	1	17	6

Cabrillo	9	1	16	8
West Valley	6	4	13	12
Chabot	3	7	14	11
Hartnell	3	7	11	11
Monterey	0	10	3	1

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Northern California Championships

Gavilan (#8) lost to DVC (#9) 19-25, 26-24, 18-25, 25-23, 13-15

Cabrillo (#11) beat Butte (#6) 21-25, 26-24, 25-17, 27-25

Cabrillo (#6) lost to Delta (#3) 22-25, 21-25, 17-25

Women's Soccer North Division

<i>College</i>	<i>Conference</i>				<i>Overall</i>		
	<i>Won</i>	<i>Lost</i>	<i>Tie</i>	<i>Pts</i>	<i>Won</i>	<i>Lost</i>	<i>Ti</i>
Skyline	9	0	0	27	14	0	3
DeAnza	6	2	0	18	7	8	2
Las Positas	5	2	1	16	9	7	1
Ohlone	5	3	1	16	7	8	1
Canada	1	6	1	4	1	9	3
CCSF	1	7	1	4	3	9	4
Hartnell	0	7	0	0	0	12	1

Northern California Championships

Skyline (#3) beat Yuba (#14) 1-0-

DeAnza (#10) lost to Foothill (#7) 1-0

Skyline (3#) lost to American River (#6) 3-0

South Division

<i>College</i>	<i>Conference</i>				<i>Overall</i>		
	<i>Won</i>	<i>Lost</i>	<i>Tie</i>	<i>Pts</i>	<i>Won</i>	<i>Lost</i>	<i>Tie</i>
Foothill	8	0	0	24	12	3	2
Cabrillo	6	3	0	18	8	5	3
Chabot	5	3	1	16	7	9	2
Evergreen Valley	4	3	1	13	10	5	3
West Valley	4	4	0	12	5	11	1
Monterey	0	7	0	0	3	8	4
Mission	0	7	0	0	0	11	0

Northern California Championships

Foothill (#7) beat DeAnza (#10) 1-0
 Cabrillo (#13) lost to Santa Rosa (#4) 7-0
 Chabot (#16) lost to Solano (#1) 5-0
 Foothill (#7) lost to Fresno (#2) 1-0

Men's Soccer North Division

<i>College</i>	<i>Conference</i>				<i>Overall</i>		
	<i>Won</i>	<i>Lost</i>	<i>Tie</i>	<i>Pts</i>	<i>Won</i>	<i>Lost</i>	<i>Tie</i>
Canada	10	1	3	33	14	3	3
San Francisco	10	2	2	32	14	2	5
Evergreen	6	6	2	20	8	9	3
Las Positas	5	6	3	18	6	9	4
Chabot	3	11	0	9	5	14	2

Northern California Championships

Canada (#10) beat West Valley (#7) 1-0
 San Francisco (#6) beat American River (# 11) 3-1
 Canada (#10) lost to Fresno (#2) 2-1
 San Francisco (#6) Beat Foothill (3#) 3-2
 San Francisco (#6) lost to Fresno (#2) 1-0

Central Division

<i>College</i>	<i>Conference</i>				<i>Overall</i>		
	<i>Won</i>	<i>Lost</i>	<i>Tie</i>	<i>Pts</i>	<i>Won</i>	<i>Lost</i>	<i>Tie</i>
West Valley	11	1	2	35	13	2	5
Foothill	10	3	1	31	14	3	2
Hartnell	10	4	0	30	12	6	2
Gavilan	3	9	2	11	4	13	3
Mission	0	13	0	0	0	18	1

Northern California Championships

West Valley (#7) lost to Canada (#10) 1-0
 Foothill (#3) beat Feather River (#14) 3-0
 Foothill (#3) lost to San Francisco (#6) 3-2

South Division

<i>College</i>	<i>Conference</i>				<i>Overall</i>		
	<i>Won</i>	<i>Lost</i>	<i>Tie</i>	<i>Pts</i>	<i>Won</i>	<i>Lost</i>	<i>Tie</i>
DeAnza	7	4	3	24	10	5	4
Cabrillo	7	6	1	22	8	10	3
Ohlone	7	7	0	21	11	9	0
Skyline	2	8	3	9	3	12	4

Monterey 1 11 2 5 3 16 2

Northern California Championships

DeAnza (#12) lost to Santa Rosa (#) 5 3-1

Women's Water Polo

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>Lost</i>
Foothill	7	0	23	3
Merced	6	1	23	5
Cabrillo	4	3	10	11
West Valley	4	2	6	13
DeAnza	3	4	7	10
Ohlone	2	4	3	17
CSM	1	6	2	13
Laney	0	8	2	15

Northern California Championships

Foothill College 2nd

California State Championships

Foothill 6th

Lost to Riverside 14-3, Lost to Golden West 7-4

Men's Water Polo

<i>College</i>	<i>Conference</i>		<i>Overall</i>	
	<i>Won</i>	<i>Lost</i>	<i>Won</i>	<i>Lost</i>
West Valley	1	0	4	6
Cabrillo	5	2	4	10
Ohlone				
Merced				
DeAnza	0	1	0	1
Solano			6	6

Northern California Championships

West Valley 1st

Cabrillo College 6th

California State Championships

West Valley 3rd

Beat Santa Rosa 20-8, Lost to Long Beach 12,11, Beat Riverside 13-12

Wrestling

<i>COLLEGE</i>	<i>Place</i>
Fresno City	1 st

Chabot	2 nd
West Valley	3 rd
Skyline	4 th

California State Championships

Fresno City	3 rd
Chabot	14 th
West Valley	19 th
Skyline	21 st

Women's Cross Country

<i>COLLEGE</i>	<i>POINTS</i>	<i>FINISHERS</i>
DeAnza	24	1,3,4,6,10,24
Hartnell	31	2,5,7,8,9,17
CCSF	85	12,16,18,19,20
San Jose	94	11,15,21,22,25

Northern California Championship Meet

<i>College</i>	<i>Place</i>	<i>Finishers</i>
Hartnell	1 st	4,9,18,21,22,
DeAnza	2 nd	7,11,12,19,30
CCSF	8 th	26,29,49,50,58
San Jose	10 th	28,33,44,48,66

California State Championship Meet

<i>College</i>	<i>Place</i>	<i>Finishers</i>
DeAnza	5 th	29,45,49,63,91
Hartnell	7 th	33,48,60,101,110
San Jose	25 th	102,106,152,153,161
CCSF	26 th	99,120,150,154,157

Men's Cross Country

<i>COLLEGE</i>	<i>POINTS</i>	<i>FINISHERS</i>
CCSF	33	3,4,7,9,10,31
Hartnell	46	1,5,6,8,26,38
DeAnza	77	2,13,19,20,23,30
West Valley	87	11,15,16,18,27,35
San Jose	142	12,22,29,39,40

Las Positas	159	14,32,34,36,43
San Mateo	160	17,21,37,41,44

Northern California Championship Meet

<i>College</i>	<i>Place</i>	<i>Finishers</i>
CCSF	1 st	6,8,16,18,29
Hartnell	8 th	1,19,28,54,91
DeAnza	9 th	21,27,48,57,64
West Valley	10 th	35,44,58,63,79
San Jose	14 th	40,53,76,104,109

California State Championship Meet

<i>College</i>	<i>Place</i>	<i>Finishers</i>
CCSF	4 th	18,28,32,33,69
Hartnell	9 th	1,21,75,97,124
DeAnza	23 rd	24,68,139,153,157
West Valley	28 th	108,110,115,166,173

Wrestling

1 st	Fresno City College
2 nd	Chabot College
3 rd	West Valley College
4 th	Skyline College

Northern California Finals

2 nd	Fresno City College
5 th	Chabot College
9 th	West Valley College
11 th	Skyline College

California State Finals

3 rd	Fresno City College
14 th	Chabot College
20 th	West Valley College
21 st	Skyline College