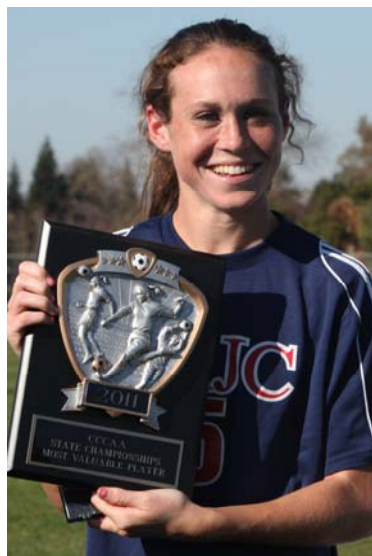




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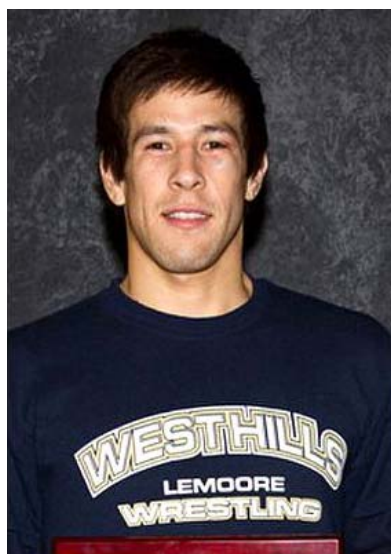
Athletes of the Month – December 2011



Cara Curtin **Santa Rosa Junior College** **Soccer**

Santa Rosa Junior College women's soccer standout, sophomore Cara Curtin, capped off one of the most amazing seasons in school history by leading the Bear Cubs to their first CCCAA women's soccer state championship crown. Curtin led off the month of December with an unmatched performance at the CCCAA State Championship Tournament held at Cosumnes River College. Her amazing run included a total of five goals scored in back-to-back victories to claim the state title. After scoring one goal in the semi-final round, Curtin turned in one of the most memorable performances in championship game history by scoring all four of Santa Rosa's goals, in a 4-3 overtime victory over the heavily favored Hawks of Santiago Canyon College. Curtin ended her sophomore campaign as the state's top-scorer in 2011 with 38 goals, while scoring the most total points

with 89. She also finished top five in assists with 13 on the year. Curtin has received numerous post-season accolades for her outstanding year that include being named the 2011 National Junior College Player of the Year, earning First Team All-America recognition, and being honored as the MVP of the Big 8 Conference.



Eric Orozco **West Hills College Lemoore** **Wrestling**

Sophomore Eric Orozco won just about every individual award he could possibly win to close out his wrestling career at West Hills College Lemoore. Orozco's quest for a state title in 2011 began with a Southeast Conference first place finish at 133 pounds, then a first place crown at the Southern Regional Tournament, and a dominant effort at the CCCAA State Championship Tournament in mid-December that culminated in an individual state title for Orozco in the 133 pound weight bracket, and the honor of being named Most Outstanding Wrestler of Year for 2011.

Orozco was named an All-American for his efforts on the mat, and an Academic All-American for his hard work in the classroom. He also earned the Golden Eagle Award which is an award given to not only signify him as the most outstanding wrestler, but also to recognize his

character as an upstanding young man. Orozco served as team captain as a freshman and sophomore, and is

credited by his coaches and teammates for the major role his leadership played in helping the West Hill's Golden Eagles capture a Southeast Conference Championship, a Regional Championship, and a fifth-place finish at state tournament. He finishes his junior college wrestling career with the most wins in West Hills College Lemoore school history. Orozco also tries to give back to the community by volunteering as a coach for the Lemoore Farmboyz Youth Program, and as a coach for Monache High School in Porterville, Calif.

Men's Honorable Mention

Spencer Butterfield – Yuba College – Men's Basketball

Butterfield leads Yuba College with 18.9 points, and 7.6 rebounds per game average. Yuba's team captain has helped spark a 15-3 run to open the season, which includes December championships in both the Monterey and Santa Rosa Tournaments where he was named MVP in each. Butterfield threw up 28 points and 11 rebounds in the championship game at Monterey, and then finished with 30 points and 10 rebounds in the finals of the Santa Rosa Tournament. He was an All-Tournament selection at two other tournaments this season, and has been equally as impressive in the classroom by carrying a 3.73 overall GPA.

Calen Coleman- Cuesta College – Men's Basketball

Coleman has found a home at Cuesta College this season by averaging 16.6 points per game and leading the team in steals with 1.2 steals per game, ranking second on the team in rebounding with 6.3 per game, and third in assists with a 1.6 per game average. Calen is a big reason why Cuesta finished its non-conference schedule with a 12-6 record and No. 12 ranking in the state polls.

Tony Gill - Cosumnes River – Men's Basketball

Gill has posted five double-doubles in the month of December, which includes a 30-point outburst against Porterville and a 17-rebound day against Napa Valley. On the season, he is averaging over 18 points and 11 rebounds a contest, and ranks among the leading three-point shooters in the state. The 6'9" sophomore has hit 35 percent of his shots from beyond the arc so far this season.

Anthony Holliday – Cerritos – Men's Basketball

Holliday averaged 13.7 points per game in December on a 48% shooting percentage from the field. During that stretch, Holliday posted back-to-back 20-point games that included a 23-point effort against Santa Ana College, and a 20-point performance against Sacramento City College.

Gavin Ludwig -Sacramento City College – Men's Wrestling

Ludwig finished off this season with a pair of runner-up finishes in the 165 pound weight bracket at both the Regional and State Tournaments in 2011. He helped Sacramento City win its first conference title since 2004, and an impressive second place team finish at the CCCAA State Tourney. The SCC team captain earned Academic All American recognition for the second time with a 3.40 overall GPA.

Women's Honorable Mention

Vanessa Aguilar - Los Angeles Valley College – Women's Basketball

Aguilar is a four-time All-Tournament Team selection, and has been putting up impressive numbers this season which includes a 16.4 points per game average, 5.4 rebounds per game, and 3.3 assists per contest.

Keyanna Johnson - East Los Angeles College – Women's Basketball

Johnson is averaging 18.4 points and 4.4 steals per game for the Lady Huskies, and has been a major reason why they are off to their best start in team history with a 14-3 overall mark, and a fifth place ranking in the latest polls. She's been named to the All-Tournament Team in every tournament East L.A. has played in this year, while earning MVP honors in two of those.

Keshonda Moore - Long Beach City College – Women's Basketball

Moore is key reason why the Vikings are off to one of their best starts in school history. In seven December contests, Moore has averaged 12.7 points per game, and leads LBCC on the season with a 13.4 points per game average. A 21 point effort against then No. 5 ranked Chaffey College, and 15 point performance against an eighth-ranked Saddleback squad helped lead the Vikings to two upset victories.

Andrina Rendon – Cerritos College – Women's Basketball

In 11 December games, Rendon helped lead the Falcons to a 9-2 record and a second straight championship at the College of the Sequoias Tournament where she earned MVP honors. She averaged 14.1 points, and 6.2 rebounds per game, while shooting at a 40 percent clip from beyond the arc for the entire month.

Kati Sheldon - Cuesta College – Women's Basketball

Cuesta's team captain Kati Sheldon has the Cougars in position to reach the post-season for the first time since 2008 by staying on pace to earn a second straight double-double per game average for the entire season by scoring 11.2 points, and 9.3 rebounds per game. She also holds career marks in season scoring and rebounding average.