

**CCCAA STATE TRACK AND FIELD CHAMPIONSHIPS  
at Cerritos College, May 16-17**

**TOP PERFORMANCES BY SOUTH COAST CONFERENCE MEMBERS**

**MEN**

**Team Standings:** 1. Riverside 112, 2. Sacramento 67, 3. Fresno City, 52, **4. Long Beach, 47**, 5. Moorpark, 45, 6. San Diego Mesa, 42, 7. American River, 40, **8. East Los Angeles, 39**, **9. Mt. San Antonio, 31**, **10. Cerritos, 29**, Also: **15. LA Southwest, 21**, **17. El Camino, 16**, **18. Pasadena, 14**

**Individual Events (SCC finishers only)**

Decathlon: **1. Nate Koch, Mt. San Antonio, 6,938 Points**

High Jump—**1. Chris Hicks, Pasadena, 6-11**, 2. Vannie Prudhomme, Long Beach, 6-9

Pole Vault—2. Matt Todd, Mt. San Antonio, 16-0

Long Jump—**1. Kristen Joseph, Cerritos, 24-9.75**

Triple Jump—3. Gyasi Rivers, East Los Angeles, 50-2.75

Javelin—**1. Bryan Braman, Long Beach, 201-0**

Shot Put—2. Jacob Weintraub, El Camino, 56-0

3,000 Steeplechase—2. Daniel Clifford-Sorenson, Cerritos, 9:38.88

4x100 Relay—3. LA Southwest, 40.96

1,500 Meters—3. Steven Calise, El Camino, 3:57.22

110 Hurdles—**1. Vannie Prudhomme, Long Beach, 13.82**

400 Meters—2. Tran Howell, LA Southwest, 47.14

400 Hurdles—**1. Kenneth Medwood, East Los Angeles, 51.63**

5,000 Meters—3. Alberto Espinosa, Long Beach, 15:26.95

10,000 Meters—3. Javier Ceja, Mt. San Antonio, 32:38.05

**WOMEN**

**Team Standings:** **1. Cerritos, 101**, 2. West Los Angeles, 92.5, 3. Laney, 77, 4. Riverside, 52, 5. Orange Coast, 48, **6. Mt. San Antonio, 45**, 7. San Francisco, 44, 8. Glendale, 41, 9. Sacramento, 31.5, 10. Shasta, 24.5; Also: **11. El Camino, 21**, **23. Long Beach, 9**

Discus—**1. Whitney Ashley, Cerritos, 147-2**

Long Jump—2. Jessica Barfield, Cerritos, 18-4.25

Shot Put—**1. Na'i Leni, El Camino, 46-1.25**, 2. Whitney Ashley, Cerritos, 42-3.5

Triple Jump—**1. Jessica Barfield, Cerritos, 40-1.5**

3000 Steeplechase—2. Megan Adams, El Camino, 11:28.94

1,500 Meters—**1. Christine Cortez, Mt. San Antonio, 4:45.51**

800 Meters—2. Christine Cortez, Mt. San Antonio, 2:15.79

10,000 Meters—3. Shannon Simpson, Cerritos, 40:18.77

**Note: Cerritos captures state team title; Ashley, Barfield were named Co-Field Athletes of the State Meet**