

**2009-2010 ALL-SOUTH COAST CONFERENCE-NORTH DIVISION
MEN'S BASKETBALL TEAM**

SCC NORTH DIVISION PLAYER OF THE YEAR

Antonio Biglow, Mt. San Antonio College, Fr. G
(21.2 ppg, 4 ast, 3.1 reb, 2.4 stl, 61 3s, 161 FT, .763 pct)

SCC NORTH DIVISION COACH OF THE YEAR

Allen Caveness, Mt. San Antonio College
(24-4 overall, 8-0 as SCC North champions)

ALL-SCC NORTH DIVISION FIRST TEAM

Laquenten Jones, Mt. San Antonio, So. G (11.2 ppg, Led SCC at 5.7 ast, 5.3 reb, 3.1 stl)

Clifford Sutherland, Los Angeles Trade Tech, So. G (16.6 ppg, 3.7 reb, 1.9 stl)

LaVon Myers, ECC Compton Center, So. G (led SCC at 23.4 ppg, 5 ast, 4.3 reb, 2.7 stl)

Brandon Chavers, East Los Angeles, Fr. F (12.3 ppg, 7.5 reb, 2 ast)

**Elliott Berry, Pasadena City, So. F (15.3 ppg, 7.1 reb, 1.7 blk)

Jordan Block, Pasadena City, So. G/F (21 ppg, 7 reb, 1.9 stl, 1.5 ast)

ALL-SCC NORTH DIVISION SECOND TEAM

Kaimyn Pruitt, Mt. San Antonio, Fr. F (9.1 ppg, 6.9 reb, 1.3 blk)

Rashad Bias, Mt. San Antonio, So. G (7.8 ppg, 4.2 reb, 1.4 stl)

Austin Bowen, Los Angeles Trade Tech, So. F (12.1 ppg, 5.8 reb, 2.3 ast, 1.6 blk)

Christopher Johnson, Los Angeles Trade Tech, So. G (6.8 ppg, 2.5 ast)

Jeremy Gerardo, East Los Angeles, So. G (10.6 ppg, 3.8 reb, 1.9 ast)

Shawn Hampton, Pasadena City, Fr. G (14.1 ppg, 3.1 reb, 3 ast)

HONORABLE MENTION

Demarkus Isomjones, Mt. San Antonio, Fr. F

Tyron Lyons, Los Angeles Trade Tech, Fr. C

Lester Keys, East Los Angeles, So. G

***Two-Time All-SCC North First Team*

Note--statistics listed are regular season overall game averages