



JANUARY 21, 2010, ADDENDUM
COA/CCCAA CONSTITUTION AND BYLAWS
AND SPORT CHAMPIONSHIP HANDBOOKS

**COA BOARD COST CONTAINMENT ITEMS ADOPTED DECEMBER 4, 2009
EFFECTIVE JANUARY 1, 2010, THROUGH JUNE 30, 2012, WITH
CONSTITUTION COMMITTEE IMPLEMENTATION ITEMS:**

CCCAA State Championship Format

Initial Motion: CCCAA state championships shall be determined with a maximum of four (4) teams competing, using each sport's current format with regional postconference competition to be extended by one round as needed for those existing championship field sizes that exceed four teams.

It was moved, seconded, and carried by the COA Board to approve the above language with the following clarifications:

- A. Sports affected include: basketball (reduced from 8 to 4), softball (reduced from 8 to 4), women's volleyball (reduced from 8 to 4), and water polo (reduced from 6 to 4.)*
- B. Effective date for basketball shall be July 1, 2010, through June 30, 2012.*

Bylaw 5.4 Divisional Structure

- 5.4.1 Conferences or associations that have ~~ten (10)~~ eight (8) or more colleges participating in a sport may be divided into divisions for that sport. Each division shall have at least five ~~(5)~~ four (4) colleges. Conferences with less than ten (10) colleges under this provision shall identify one (1) conference champion. *(Adopted December 4, 2009; effective January 1, 2010; Changed for cost containment through June 30, 2012; COA Interpretation January 21, 2010.)*

Cost containment action by COA Board: MSC to hold all CCCAA state playoff competitions, whenever possible, on community college campuses wherever possible. Golf, cross country, and tennis are possible exceptions:

Bylaw 6.8.6 Site

- 6.8.6 Site: Whenever possible, hold CCCAA postconference competition events on California Community College campuses. The site of the postconference competition event shall be selected with the following items in mind.... *(Adopted for cost containment December 4, 2009; effective January 1, 2010 through June 30, 2012; COA Interpretation January 21, 2010.)*

Bylaw 8.1.3~~4~~10.2

8.1.3.~~4~~10.2 MEAL ALLOWANCE—Reimbursement for meals for the party shall be per person as follows (not to exceed \$15.00 \$20.00 per person/per day):

Breakfast	\$3.50	\$4.00
Lunch	\$4.50	\$6.00
Dinner	\$7.00	\$10.00
Postgame	—————	\$4.00

~~The following one-way mileage scale has been developed to determine the number of meals allowed during postconference competition travel:~~

1-99 miles	—————	1 meal
100-149 miles	—————	2 meals
150-199 miles	—————	3 meals
200-249 miles	—————	4 meals
250-299 miles	—————	5 meals
300-349 miles	—————	6 meals (Maximum)

Extensive mileage requires prior permission from the Office of the COA Executive Director. It is understood multi-day tournaments require additional meals. This total shall not exceed \$15.00 \$20.00 per day per person in the party. The COA Board shall approve the guidelines for reimbursement. *(Adopted December 4, 2009; effective January 1, 2010: Changed for cost containment through June 30, 2012; COA Interpretation January 21, 2010.)*

Bylaw 8.1.3~~4~~10.3

8.1.3.~~4~~10.3 LODGING

- A. Traveling teams shall be reimbursed the actual cost of lodging or \$15.00 \$20.00 (including tax) per approved night, per person in the defined party; whichever is the least amount... *(Adopted December 4, 2009; effective January 1, 2010: Changed for cost containment through June 30, 2012.)*

Bylaw 8.1.3110.4

8.1.3.10.4 TRANSPORTATION

- A. Party size for reimbursement for travel will be based on guidelines stated in 8.1.3.810.
- B. If the party size is equal to or less than eight (8), then all transportation by colleges to postconference competition shall be reimbursed at \$0.25 ~~\$0.50~~ per round trip mile, or actual travel receipts, whichever is less. (*Adopted December 4, 2009; effective January 1, 2010: Changed for cost containment through June 30, 2012.*)
- C. If the party size is greater than eight (8), then in addition to the \$0.25 ~~\$0.50~~ per round trip mile outlined in section B, for each member greater than eight (8) in the accepted party size, an additional \$0.03 per round trip mile will be added to the reimbursement, or the reimbursement total will be based on actual travel receipts, whichever is less. (*Adopted December 4, 2009; effective January 1, 2010: Changed for cost containment through June 30, 2012.*)

EMERGENCY & EDITORIAL ITEMS ADOPTED & EFFECTIVE DATES LISTED BY ITEM:

ALL SPORTS

Bylaws 6.8.3.B and 8.1.3.2 and Championship Handbook sections 4.2 and 4.5.1

Bylaws:

6.8.3.B TIME LINES

- 1. Proposed budgets shall be presented to the Office of the COA Executive Director through the MC Sport Representative. The budgets for fall sports are due October 1; except football (June 1) and basketball (November 1); and spring sports, February 1. In addition, event contracts for fall sports are due October 1; except football (June 1) and basketball (November 1), and spring sports (February 1).

8.1.3.2. The bid package for postconference competition events, including the proposed budget, shall be forwarded by October 1 (for fall sports except basketball), November 1 (for basketball), or February 1 (for spring sports) two (2) years prior to the event to the MC sport representative and COA Executive Director for approval. Final event financial statements shall be sent to the Office of the COA Executive Director and ready for review by the MC. Final expenses shall not exceed the approved proposed budget. Expenses not covered by income shall be the responsibility of the host college. In addition, event contracts for fall sports are due October 1; except football, June 1 and basketball, November 1; and spring sports, February 1.

Fall Sport Championship Handbooks (except Football and Basketball):

4.2 EVENT CONTRACTS

The event contract must be signed by the host college president, athletic director, and designated event manager and received by the COA/CCCAA Office no later than ~~December~~ October 1.

4.5.1 BUDGET INFORMATION

Colleges hosting the postconference competition events shall provide a proposed budget to their CCCAA (sport) Representative and the COA/CCCAA Office by ~~February~~ October 1. Proposed budget forms are available at www.coasports.org/forms.asp.

Football Championship Handbook:

4.2 EVENT CONTRACTS

The event contract must be signed by the host college president, athletic director, and designated event manager and received by the COA/CCCAA Office no later than ~~July~~ June 1.

4.5.1 BUDGET INFORMATION

Colleges hosting the postconference competition events shall provide a proposed budget to their CCCAA (sport) Representative and the COA/CCCAA Office by ~~July~~ June 1. Proposed budget forms are available at www.coasports.org/forms.asp.

Basketball Championship Handbook:

4.2 EVENT CONTRACTS

The event contract must be signed by the host college president, athletic director, and designated event manager and received by the COA/CCCAA Office no later than ~~December~~ November 1.

4.5.1 BUDGET INFORMATION

Colleges hosting the postconference competition events shall provide a proposed budget to their CCCAA (sport) Representative and the COA/CCCAA Office by ~~December~~ November 1. Proposed budget forms are available at www.coasports.org/forms.asp.

Spring Sport Championship Handbooks:

4.2 EVENT CONTRACTS

The event contract must be signed by the host college president, athletic director, and designated event manager and received by the COA/CCCAA Office no later than ~~December~~ February 1.

4.5.1 BUDGET INFORMATION

Colleges hosting the postconference competition events shall provide a proposed budget to their CCCAA (sport) Representative and the COA/CCCAA Office by ~~December~~ February 1. Proposed budget forms are available at www.coasports.org/forms.asp.

Approved-12-F09: ADOPTED & EFFECTIVE 10/6/09

Bylaws 6.8.7.C & 6.14.5.D

6.8.7 AWARDS: Bylaw 7 defines the awards to be provided...

- C. ~~For regional events, the purchase of awards is an option of the event planners. When regional awards are given, they shall follow the same guidelines as for the championship event. The COA awards vendor has regional level awards available, which may be purchased through the Office of the COA Executive Director. The same procedures previously listed will be used in the case of regional competition. Regional awards quotas are directed by Bylaw 7.~~ The number of awards given shall not be greater than those authorized for state championship events.

Note: Same paragraph and change is repeated in Bylaw 6.14.5.D.

COA-2-F09: Adopted & Effective 10/30/09

BASEBALL

Bylaw 3.11 Baseball

Game/meet/match may begin: ~~Jan 27*~~ Feb 3*

Conference competition ends: ~~4 5~~ Saturdays prior to Memorial Day

Postconference Competition Ends: ~~Memorial Day~~ Sunday, weekend prior to Memorial Day weekend

Approved-1-F09: ADOPTED & EFFECTIVE 8/28/09 to 6/30/12

Baseball Championship Handbook 1.1.2.-1.1.6

1.1.2 SEEDING MEETINGS:

- May ~~9-2~~, 2010 (Adopted 8/29/09)

1.1.3 CCCAA BASEBALL REGIONAL GAMES—SEEDS 15-18:

- May ~~11 4~~, 2010 (Adopted 8/29/09)

Site of Higher Seed

Event Manager: Host College Athletic Director

1.1.4 CCCAA BASEBALL REGIONAL GAMES—SEEDS 1-14:

- May ~~14-16~~ 7-8, 2010 (Adopted 8/29/09)

Site of Higher Seed

Event Manager: Host College Athletic Director

1.1.5 CCCAA BASEBALL SUPER REGIONAL GAMES:

- May ~~21-23~~ 14-16, 2010 (Adopted 8/29/09)

Site of Higher Seed

Event Manager: Host College Athletic Director

1.1.6 CCCAA BASEBALL STATE CHAMPIONSHIP:

- May ~~29-31~~ 21-23, 2010 (Adopted 8/29/09)
Fresno City College
Event Manager: Jerry White, Oxnard College

COA Board: ADOPTED & EFFECTIVE 8/28/09

Baseball Championship Handbook 1.3.2.C and 1.3.3.E

1.3.2.C. & 1.3.3.E Game times may be altered with consultation of coaches, event managers, CCCBCA President, CCCAA Baseball Representative and CCCAA Office for the potential of saving money for traveling teams.

Approved-2-F09: ADOPTED & EFFECTIVE 8/28/09 to 6/30/12

Baseball Championship Handbook 2.1.C

2.1 CONFERENCE COMPETITION AND REPRESENTATION

- C. Games rained out during the ~~first week of May~~ last week of the regular season can be made up. The seeding meeting will not be delayed. For seeding purposes, conference/division college placement will be identified by number (i.e., Golden Valley #1 and Golden Valley #2) until conference/division placement is defined.

Editorial: Adopted & Effective 1/21/10

Baseball Championship Handbook 2.2.2.3

2.2.2.3 . . .

- ~~Rating Percentage Index(RPI) with multiplier of .40. The multiplier represents games played against California community college teams. Teams that play 40 games or more will use .40. Teams that play 39 or less will use the actual number of games played; i.e., 37 games would be .37 with formula of 35% winning percentage, 40% opponents winning percentage, 25% opponent's opponents winning percentage.~~
- ~~Non-Conference Rating Percentage Index (RPI) with bonus points for non-conference games. . .~~

Approved-3-F09: ADOPTED 10/6/09 & EFFECTIVE 1/1/10

Baseball Championship Handbook 4.15.1.A and 4.15.3.B and 4.15.3.E

4.15.1 In the regional tournament, host teams shall have their choice of dugouts. In the super regional tournament, and state finals, home teams shall ~~occupy the 3rd base dugout.~~ have their choice of dugouts.

4.15.3.B. The home team shall have ~~3rd base dugout~~ its choice of dugouts.

4.15.3. E. For game #7, reverse from game #6 but dugouts remain the same.

Approved-13-F09: ADOPTED & EFFECTIVE 10/6/09

BASKETBALL

Basketball Championship Handbook Men's-2.3.2.1

- Wins vs. quality teams (a quality team is a team that has won ~~20~~ 18 games)
- Losses vs. teams with less than ~~10~~ 9 wins

Approved-4-F09: ADOPTED & EFFECTIVE 10/6/09 to 6/30/12

GOLF (M/W)

Bylaw 4.2.6.E and Men's Golf Championship Handbook 4.15.E

E. The use of distance measuring devices by student athletes and/or coaches is permissible during the stipulated round or during a suspension of play of that round.

F. Conditions of contests (See COA/CCCAA Bylaw 4.)

MC-1-F09: ADOPTED 10/29/09 & EFFECTIVE: 7/1/10

Bylaw 4.2.7.L and Women's Golf Championship Handbook 4.15.L

L. The use of distance measuring devices by student athletes and/or coaches is permissible during the stipulated round or during a suspension of play of that round.

MC-2-F09: ADOPTED 10/29/09 & EFFECTIVE: 7/1/10

SOCCER

Bylaw 8.1.3.~~44~~10.1

8.1.3.10 The following guidelines shall be used to disburse funds to participating colleges if they are available:

8.1.3.10.1 SIZE OF PARTY

Maximum size of the party for reimbursement procedures shall be as follows: ...

B. TEAM SPORTS:

Party size for reimbursement shall be no more than: ...

Soccer ~~20~~ 25 (*Adopted for cost containment October 30, 2009, & effective October 30, 2009, through June 30, 2012.*)...

COA BOARD: ADOPTED & EFFECTIVE 10/30/09 TO 6/30/12

SOFTBALL

Softball Championship Handbook 1.4.A

A. All Regional Round 1 and Regional Round 2 games shall be a best-of-three-(3)games series.

1. CCCAA Regional Round 1: ...

Home team shall be the higher seeded college for game one (1). In subsequent games, a coin flip will determine the home team.

2. CCCAA Regional Round 2: ...

Home team shall be the higher seeded college for game one (1). In subsequent games, a coin flip will determine the home team.

Approved-5-F09: Adopted 10/6/09 & Effective 1/1/10

Softball Championship Handbook 1.4

1.4 Championship Format (*Adopted January 21, 2010; effective January 21, 2010: Changed for cost containment through June 30, 2012.*)

There shall be 32 teams (16 north and 16 south) participating in regional events leading to ~~an eight-(8)~~ **four (4)**-team state championship format. There shall be ~~four-(4)~~ **two (2)** teams from the north and ~~four-(4)~~ **two (2)** teams from the south 10/13/06

A. All Regional Round 1 ~~and Regional Round 2~~ games shall be a best-of-three (3)-game series.

~~1.~~ CCCAA Regional Round 1: There shall be 32 teams participating, 16 teams at 8 sites in the north and 16 teams at 8 sites in the south to be played at the field of the highest seeds. (See Appendix A for the brackets for CCCAA Regional Round 1)

Home team shall be the higher seeded college for game one (1). In subsequent games, a coin flip will determine the home team.

B. All Regional Round 2 games shall be a Double-elimination tournament.

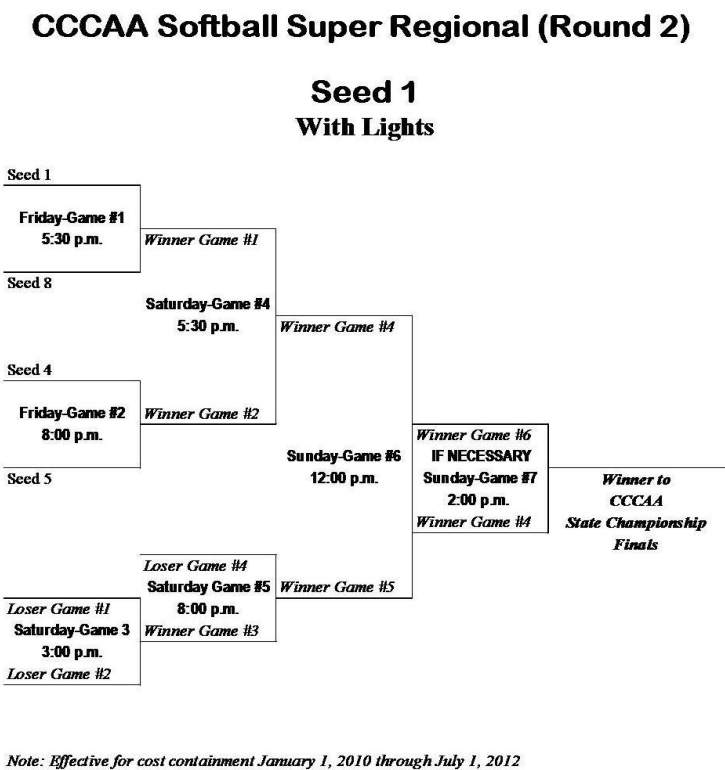
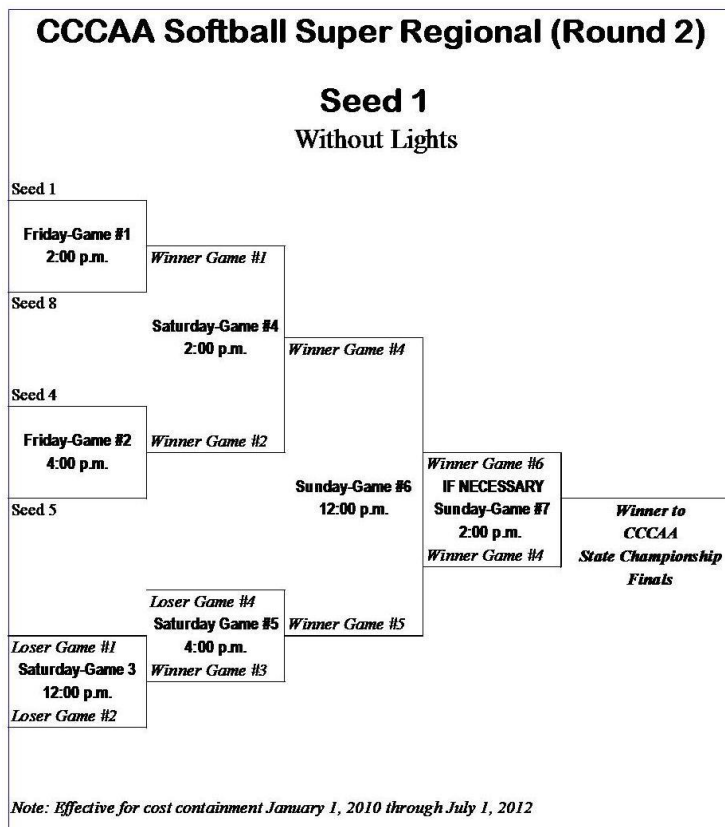
~~2.~~ CCCAA Regional Round 2: There shall be ~~16~~ **eight (8)** teams participating, ~~8~~ **four (4)** teams at ~~4~~ **two (2)** sites in the north and ~~8~~ **four (4)** teams at ~~4~~ **two (2)** sites in the south to be played at the field of the highest seeds. (See Appendix A for the brackets for CCCAA Regional Round 2)

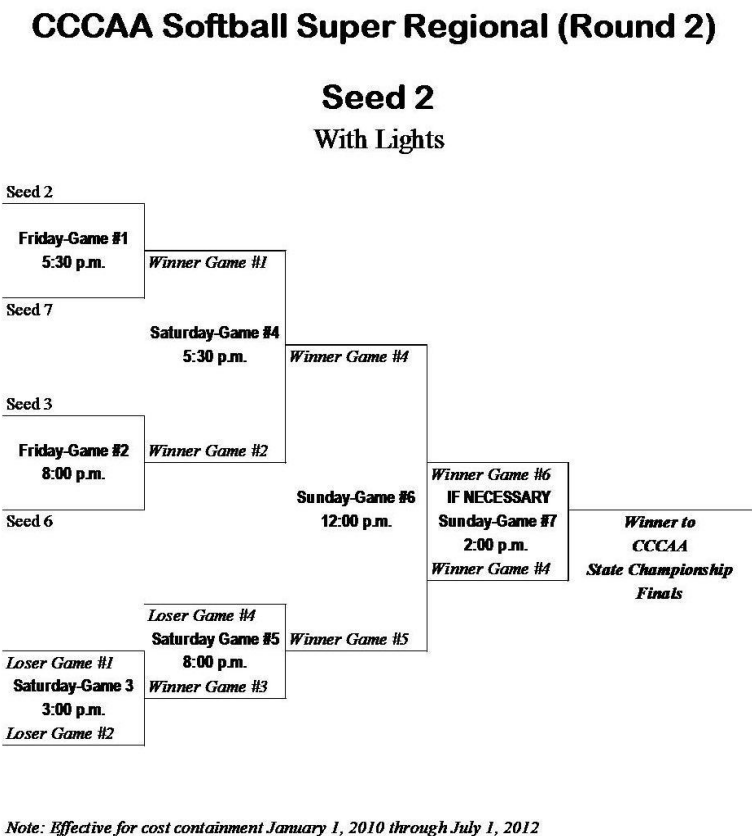
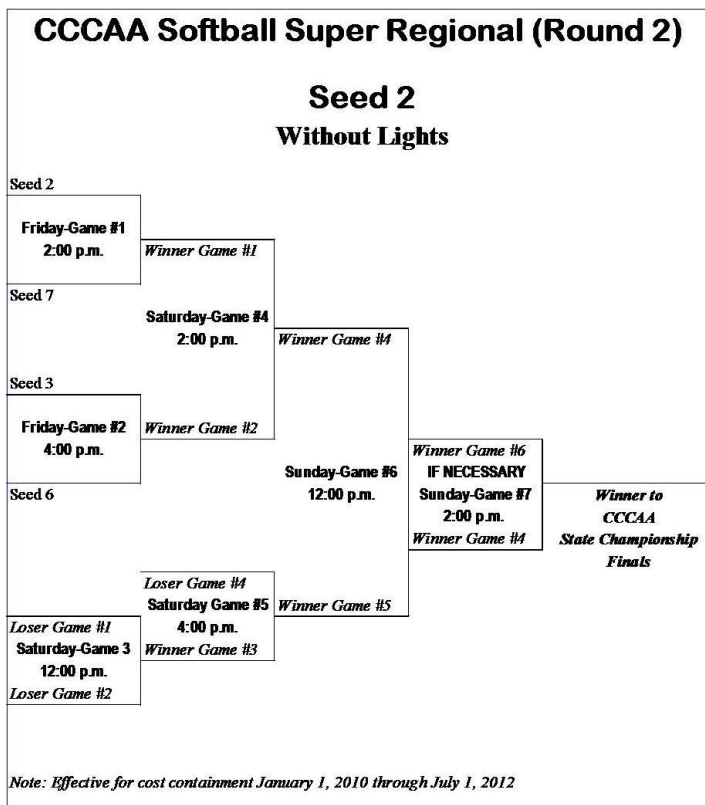
Home team shall be the higher seeded college for game one (1). In subsequent games, a coin flip will determine the home team.

~~B.~~ **C.** CCCAA Softball State Championship: Double-elimination tournament with ~~four-(4)~~ **two (2)** teams from the north and ~~four-(4)~~ **two (2)** from the south. (See Appendix A for the brackets for the CCCAA Softball State Championship.)

Home team shall be the higher seeded college for game One (1). In subsequent games, a coin flip will determine the home team.

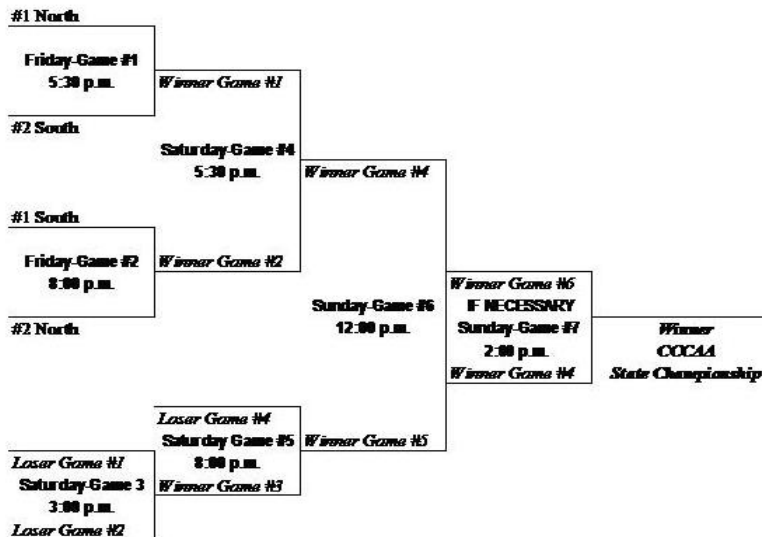
Note game times provided on following brackets:





CCCAA Softball State Championship

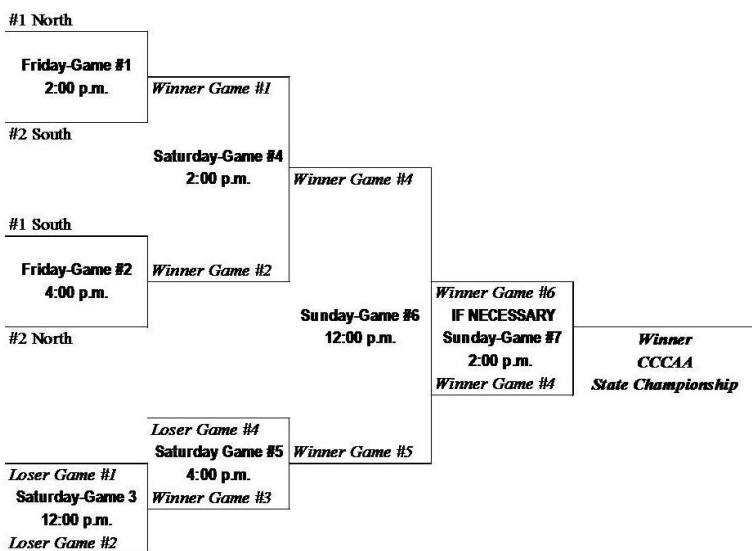
With Lights



Note: Effective for cost containment January 1, 2010 through July 1, 2012

CCCAA Softball State Championship

Without Lights



Note: Effective for cost containment January 1, 2010 through July 1, 2012

Softball Championship Handbook 2.3.B

- B. Each conference shall have an elected ~~voting~~ representative at their respective seeding meeting. Attendance at the seeding meeting shall be limited to the seeding representatives only; except, a seeding representative who is in her/his last year may be accompanied by the seeding representative elect, who will attend as an observer. The 3CFC A president and president elect shall chair their respective seeding meetings. It is the responsibility of each seeding representative to be familiar with the teams to be seeded from their area prior to the seeding meeting with emphasis on their conference.

Approved-6-F09: Adopted 10/6/09 & Effective 1/1/10

Softball Championship Handbook 2.3.C

- C. Each conference shall seed ~~their~~ its own teams in order. ~~Seeding Committee representatives must follow their conference recommendations.~~ As a first order of business, each conference representative shall present its ~~conference teams in rank order~~ two automatic qualifiers. ~~The rank order~~ They shall be noted visibly and kept by the meeting chair.

COA-4-F09: ADOPTED 10/30/09 & EFFECTIVE 1/1/10

Softball Championship Handbook 2.3.F.2.b.

- b. Second – Seed teams 1 through 4, 5 through 8, seeds 9-12, then 13-16. The rank order will be revealed after all 16 teams have been seeded.

COA-6-F09: ADOPTED 10/30/09 & EFFECTIVE 1/1/10

TRACK AND FIELD

Track and Field Championship Handbook 1.5.2.3.1

NOTE: Current ~~1.5.2.3.1~~ will become 1.5.2.3.2 CCCAA Track and Field Southern California Regionals

1.5.2.3.1 CCCAA Track and Field Northern California Regionals

Sites for the Northern California Regionals are selected two (2) years in advance at the 5CTCA's August meeting. An application to host a postconference competition must be received by the Monday prior to the August meeting.

- A. The CCCAA Track and Field Northern California Regional Championship Trials shall be held on the Friday or Saturday two (2) weeks prior to the CCCAA Track and Field State Championships.
- B. The CCCAA Track and Field Northern California Regional Championship Finals shall be held on the Friday or Saturday one (1) week prior to the CCCAA Track and Field State Championships.
- C. The CCCAA Track and Field Northern California Regional Multi-Event Championships shall be held on the Tuesday and Wednesday prior to the week of the scheduled conference championships.

COA-7-F09: ADOPTED 10/30/09 & EFFECTIVE 1/1/10

Track and Field Championship Handbook 2.3.2.1

2.3.2.1 CCCAA Track and Field Northern California Regional Championship Trials

Qualifying marks to the CCCAA Track and Field Northern California Regional Championship Trials are set annually at the December meeting by the Northern California Representatives. These qualifying marks are stated on the Northern California Community College Track & Field Qualifying Standards lists, which are posted on ~~the Northern California Community College Track & Field website~~ www.norcalstat.com website. An athlete may qualify into the CCCAA Track and Field Northern California Regional Championship Trials according to a three-tier system, which is listed below from the highest to the minimum potential qualifying mark.

1. Automatic Standard. If this relatively high standard is attained, the athlete in that specific event is not required to participate in that event at his or her conference championship meet.
2. Nor-Cal Standard. If this standard is met, the athlete must participate with an honest effort in that event at his or her conference championship meet.
3. Nor-Cal Provisional Mark. A maximum of twenty-four (24) may be entered into the CCCAA Track and Field Northern California Championship Trials. The provisional standard indicates the minimum mark to be considered when qualifying athletes into the CCCAA Track and Field Northern California Championship Trials. This provisional mark is activated only if twenty-four (24) athletes do not meet the Nor-Cal standard mark. An athlete who qualifies under this procedure must participate with an honest effort in his or her conference championship meet in the specific event under consideration.

Note: Not all athletes who have met the provisional standard will automatically be entered into the Nor-Cal Trials.

- A. Conference Champion Exception. A Conference Champion in a single or relay event automatically qualifies to compete in the CCCAA Track & Field Regional Championship Trials:
- B. Number of Entries per Event. When using a nine (9)-lane track, there shall not be more than a total of twenty-seven (27) entries in each event. When using an eight (8) lane track, there shall not be more than twenty-four (24) entries in each event.
- C. Qualifying Marks. A qualifying mark must meet the following conditions:
 1. The mark must be recorded in a regularly scheduled meet, while the athlete or relay team is representing his/her/its college.
 2. If the mark occurs in a non-directathletics.com meet, that mark must be reported to www.directathletics.com within ten (10) days of the competition.
 3. Only Fully Automated Times (FAT) will be accepted in all lane races.
- ~~A-D.~~ Entry Deadlines. ~~Sunday before the CCCAA Track and Field Northern California Regional Championship trials.~~ The following time table has been established for the Sunday immediately prior to the CCCAA Track & Field Regional Championship Trials:

- 10:00AM: Entries to the CCCAA Track & Field Regional Championship Trials close on the www.directathletics.com website.
- Not later than 10:30AM: The list of entries will be posted ~~for public view in which any missing late entries must be brought forward during this time period.~~ on the www.norcalstat.com website for public view.
- If an error is apparent, a coach must immediately contact one (1) of the following persons at the Northern California Track & Field Seeding Meeting: His/her Nor-Cal Conference Representative; the Nor-Cal Track & Field Chair; or the Meet Manager. See (E) for the late entry rule.
- ~~Ninety (90) minutes later: Review period closes.~~ The review period closes ninety (90) minutes after the entries have been posted.
- 2:00PM: ~~CCCAA Track and Field Northern California Regional Championship representatives seeding meeting to establish final entries for~~ The conference representatives at the Northern California Track and Field Seeding Meeting will establish the final entries for the CCCAA Track and Field Northern California Track and Field Regional Championship Trials.

BE. Late Entry Rule. After the 10:00AM entry deadline, until the end of the ninety (90) minute review period, late entries may be considered, but only on a space available basis.

CF. Late Penalty Fee. Athletes and/or a relay team may be added to the Trials at a penalty of \$100.00 per athlete/per event, up to a maximum of \$500.00 per college.

G. Participation (formerly Honest Effort) Rule. The Nor-Cal Multi-Event Championships, CCCAA Track and Field Northern California Track and Field Regional Championship Trials, and the CCCAA Track and Field Northern California Track and Field Regional Championship Finals are considered to be three (3) separate meets.

H. Alternates to the Trials. After the completion of the Nor-Cal Seeding Meeting, alternates will not be allowed to fill any vacated slots, unless the Nor-Cal Representatives deem that special circumstances warrant a replacement.

2.3.2.1.1 Seeding of athletes into the CCCAA Track and Field Northern California Regional Championship Trials:

A. All Races:

1. Seeding for all races shall be performed utilizing the serpentine method based on seasonal best marks listed on the www.directathletics.com website.
2. Lane assignments shall be randomly drawn for each heat.

B. Throwing events and the horizontal jumps:

1. Seeding for the throwing events (shot put, discus throw, hammer throw, javelin) and the horizontal jumps (long jump, triple jump) shall be performed utilizing the serpentine method, based on seasonal best marks listed on the www.directathletics.com website.

2. The order of competition within flights shall be from the worst to the best mark (suggested for safety reasons). The event official will divide the athletes into flights after the competitors have checked in to balance the numbers between flights. Each athlete will be allowed three (3) attempts.

2.3.2.1.2 Advancing athletes into the CCCAA Track and Field Northern California Championship Finals:

A. An athlete or relay team may not advance to the CCCAA Track and Field Northern California Regional Championship Finals without competing in the Trials.

B. Qualifying by Event:

1. Sprints and Hurdles. Regarding the 100m, 200m, 400m, 100m/110m and the 400m hurdles, if there are three (3) heats scheduled, the winner in each heat shall automatically qualify to the CCCAA Northern California Regional Championship Finals. The remaining lanes will be filled on the basis of the next fastest times recorded by the other athletes. Either eight (8) or nine (9) athletes shall qualify for the CCCAA Track and Field Northern California Regional Championship Finals, based on the number of lanes at the site of the Finals competition. If only two (2) heats are contested, then the top two (2) finishers in each heat shall be automatic qualifiers.
2. 800 meters and Relays: If two (2) heats are run, the top two (2) from each heat shall automatically qualify. The remaining lanes will be filled on the basis of the next fastest times recorded by the other athletes. Either eight (8) or nine (9) athletes shall qualify for the CCCAA Track and Field Northern California Regional Championship Finals, based on the number of lanes at the site of the Finals competition.
3. 1500 meters. The top three (3) finishers in each heat (assuming two heats) shall automatically qualify to the CCCAA Track and Field Northern California Regional Championship Finals. Six (6) other qualifiers shall be determined on the basis of the next fastest times recorded by the other athletes. If fifteen (15) or fewer runners report to the clerk, the 1500m will be moved to a final-only event. The total number of qualifiers shall be twelve (12).
4. Steeplechase. Shall be contested on the day of the CCCAA Track and Field Northern California Regional Championship Finals.
5. 5,000 meters. Shall be contested as a final only on the day of the CCCAA Track and Field Northern California Regional Championship Finals.
6. 10,000 meters. Shall be contested as a final only on the day of the CCCAA Track and Field Northern California Regional Championship Trials.
7. Field Events. The combined top twelve (12) finishers from each flight shall qualify to the CCCAA Track and Field Northern California Regional Championship Finals. Ties for twelfth place shall not be broken.

C. An athlete or relay team that qualifies for the CCCAA Track and Field Northern California Regional Championship Finals is automatically entered, unless the coach of the athlete/relay team contacts the Nor-Cal Track and Field Chair and makes the appropriate scratch.

D. Scratches: A coach may scratch, from one or more events, an athlete who had either qualified during the CCCAA Track and Field Northern California Regional Championship Trials, or who had previously qualified in a final only event for the CCCAA Track and Field Northern California Regional Championship Finals. The deadline to submit a scratch(s) is fifteen (15) minutes after the completion of the CCCAA Track and Field Northern California Regional Championship Trials.

E. Alternates. If an athlete is scratched from an event immediately after the conclusion of the CCCAA Track & Field Northern California Regional Championship Trials, the Nor-Cal Track & Field Chair or his/her designee will notify the coach of the athlete with the next best mark on the alternate list. The alternate list will be based on the order of finish for each event at the CCCAA Track and Field Northern California Regional Championship Trials.

F. Deadline for Late Substitutions

1. After the initial scratch period has expired fifteen (15) minutes after the CCCAA Track & Field Northern California Regional Championship Trials, late substitutions will only be allowed if a competitor is scratched from all events that she/he is entered in the CCCAA Track and Field Northern California Championship.
2. The deadline for making a substitution shall be prior to the start of the competition on the day the specific event is scheduled.
3. The Northern California Track and Field Chairperson must be notified immediately of any scratch. The chairperson will then attempt to contact the coach of the next best qualified athlete.
4. The Meet Manager must then be immediately notified of the substitution.

2.3.2.1.3 Seeding of athletes into the CCCAA Track and Field Northern California Regional Championship Finals

A. Lane Races. Lane assignments on an eight (8)-lane track shall be seeded from the best to the worst time according to the following formula: #4, #5, #3, #6, #2, #7, #1, #8. The formula for a nine (9)-lane track is: #5, #6, #4, #7, #3, #8, #2, #9, #1.

B. 1500m. Shall be seeded from the worst mark (lane 1) out to the best mark.

C. 5000m and 10,000m. Shall be seeded from the best mark (lane 1) out to the worst mark. Hip numbers shall be assigned from the fastest to the slowest qualifier. The fastest qualifier shall be assigned the number one and the slowest qualifier shall be assigned the highest number. All runners shall have a hip number attached to the side of each hip and to the front and back of their uniform top.

D. Steeplechase. If fifteen (15) or fewer runners report to the clerk, the 1500m will be moved to a final only event. If sixteen (16) or more, the Games Committee shall divide the field into a slow and a fast section, wherever a natural break occurs.

E. Field Events. For the initial round of three (3) attempts, the athletes shall be seeded from the worst to the best mark. After the first round, the top eight (8) or the top nine (9), based on the number of lanes on the track for the Finals, will then be reseeded. The order of competition will then be reset from the worst to the best mark, according to the best marks achieved during the initial round.

2.3.2.1.4 Declaration of Athletes into the CCCAA Track and Field State Championships

All athletes who qualify from the CCCAA Track and Field Northern California Regional Championship Finals to the CCCAA Track and Field State Championships are automatically declared unless scratched. In order to allow for alternates to be utilized, scratches should be made as soon as possible.

COA-8-F09: ADOPTED 10/30/09 & EFFECTIVE 1/1/10

Track & Field Championship Handbook 3.1.6.1

3.1.6.1 AWARDS PRESENTATIONS

- Previous bullets - no change
- Recognition: All-~~Tournament~~ American Team or MVP (if provided by the Coaches Associations).

The announcer will recognize the names of the individual All-~~tournament~~ American team members. Each member will individually approach the awards table to be visually recognized, receive an award, and walk to the center of the facility.

Approved-7-F09: Adopted 10/6/09 & Effective 1/1/10

Track & Field Championship Handbook 4.3 & 4.3.2

4.3 EVENT MANAGER

ANNOUNCER

A. Welcome

~~B. Introduction of Teams~~

- ~~1. Affiliation (Conference and how teams advanced to finals)~~
- ~~2. Win/loss record~~
- ~~3. Number of times in CCCAA championship events~~

~~C. Introduction of Team Personnel~~

- ~~1. Starters in numerical order~~
- ~~2. In alternating order when appropriate~~
- ~~3. Coaching staff~~
- ~~4. Support staff~~

~~D. Introduction of Officials~~

~~E. National Anthem~~

~~F C.~~ Immediately prior to start of every game, meet, or match: read CCCAA decorum statement

~~G D.~~ ~~Time Out~~ During the meet Announcements

1 through 5 No change

~~H E.~~ End of Competition Announcements

1. Summary of event's activities, next day's activities, team scores or awards ceremony

PUBLIC ADDRESS ANNOUNCEMENTS (AT EVENTS)

A through D – No Change

E. Do not anticipate ~~plays~~ results or official rulings aloud.

4.3.2 OFFICIALS

1 through 6 – No change

- ~~7. At least two (2) finish judges.~~

Approved-8-F09: Adopted 10/6/09 & Effective 1/1/10

Track & Field Championship Handbook 4.14.1

4.14.1 CCCAA TRACK AND FIELD ~~SOUTHERN CALIFORNIA~~ REGIONALS 10/16/08

In the CCCAA ~~Southern California Multi-Event~~ Combined Events Competition (Decathlon and Heptathlon), the competition shall follow NCAA Rules. The CCCAA ~~Southern California Regional Championship~~ Decathlon and Heptathlon shall be ~~scored~~ added into the scoring totals of the CCCAA Track & Field ~~Southern California~~ Regional championships.

Approved-9-F09: Adopted 10/6/09 & Effective 1/1/10

Track & Field Championship Handbook 4.15.B and C

4.1 EQUIPMENT

B. A video system shall be used to record events and assist the meet committee: any video tape or photo can be used by the Meet Referee and/or the Jury of Appeals when it aids in rendering decisions concerning protests.

C. All field event results shall be recorded utilizing the metric system. At the event site, the head official shall announce marks utilizing both metric and imperial (English) numbers. The meet announcer shall announce results in English using the imperial numbers.

Approved-10-F09: Adopted 10/6/09 & Effective 1/1/10

Track & Field Championship Handbook 4.15 and 4.15.1

4.15 RULES

All California ...

For the CCAAA Track and Field ~~Southern California~~ Regional Championships: All coaches, spectators, and non-competing athletes shall remain off the infield and track during the regional and state championships unless he/she has been asked to help as an official or in some meet management capacity/responsibility.

4.15.1 CCAAA Track and Field ~~Southern California~~ Regional Championships

- A. In the horizontal jumps, all jumps should be recorded with a wind gauge reading. This wind gauge must be certified for the present year or a second wind gauge should also be used.

~~Wind gauges at the CCAAA Track and Field Southern California Regional Championship Trials~~

In the CCAAA Track and Field ~~Southern California~~ Regional Championship Trials

Approved-11-F09: Adopted 10/6/09 & Effective 1/1/10

VOLLEYBALL (W)

Bylaw 4.2.14 Women's Volleyball

~~No exceptions~~

Pre-Match Protocol (Example for a 7:00 p.m. match)

<u>Time Allotted</u>	<u>Actual Time</u>	<u>Visible Clock</u>	<u>Protocol</u>
<u>:10</u>	<u>6-6:10</u>	<u>:60-:50</u>	<u>Home team court</u>
<u>:10</u>	<u>6:10-6:20</u>	<u>:50-:40</u>	<u>Visiting team court</u>
<u>:20</u>	<u>6:20-6:40</u>	<u>:40-:20</u>	<u>Shared court</u>
<u>:04</u>	<u>6:40-6:44</u>	<u>:20-:16</u>	<u>Visiting team court</u>
<u>:04</u>	<u>6:44-6:48</u>	<u>:16-:12</u>	<u>Home team court</u>
<u>:05</u>	<u>6:48-6:53</u>	<u>:12-:07</u>	<u>Visiting team court</u>
<u>:05</u>	<u>6:53-6:58</u>	<u>:07-:02</u>	<u>Home team court</u>
<u>:02</u>	<u>6:58-7:00</u>	<u>:02-:00</u>	<u>Team introductions and national anthem</u>
<u>:00</u>	<u>7:00</u>	<u>:00</u>	<u>Match begins</u>

MC-3-F09: ADOPTED & EFFECTIVE 10/29/09

Women's Volleyball Championship Handbook 2.3.1.G

- G. Seeding for automatic qualifiers and for determining "At-large" berths into the regional playoff brackets shall be based on the criteria listed below. These criteria appear in priority order and are to be ~~weighted~~ considered when seeding. ~~"Weighted" means that significant results in a lower category may alter the priority order.~~ When the highest criteria is met, the ranked position is determined within the grouping as defined in section 2.3.1.F Protocol. No further criteria thereafter needs to be considered.

Season results must be submitted on the Season Result Form to be considered for regional playoffs. (See Appendix B of this handbook.)

If season records and match results are not available for any given team at the time of the seeding meeting, said team(s) shall risk being seeded lower.

1. Head to head competition

~~Dual matches~~ best of 5

a. Best of 5

b. Best of 3

c. Single set

2. Common opponents

~~Dual matches~~ best of 5

a. Best of 5

b. Best of 3

c. Single set

3. ~~Head to head competition~~ Overall results - best of 5

a. ~~Tournament playoff~~ best of 3 For determining the appropriate seed of each regional playoff team, results against all regional playoff teams from within respective regions shall be used.

~~4.a.~~ Once a grouping has been determined, results against the highest seeded team shall be used to determine the seed.

b. Once a team has been identified as having defeated a higher seeded team, no further evaluation needs to be considered. The seeds are finalized.

~~b. Tournament Pool Play~~

~~c. Tournament playoff~~ 1 game

4. ~~Season record~~ Highest Tournament finish

5. Administer a coin toss to break the tie.

a. ~~When comparing two (2) teams, the team that has played the greatest number of best of 5 matches shall be seeded higher than a team who has played fewer best of 5 matches.~~

b. ~~Overall results~~

1. ~~For determining at large teams, results against all playoff teams who submit a Season Result Form for a playoff berth.~~

2. ~~For determining the appropriate seed of each regional playoff team, results against all regional playoff teams shall be used.~~

5. ~~Common Opponents~~

a. ~~Tournament playoff best of 3~~

b. ~~Tournament pool play~~

c. ~~Tournament playoff 1 game~~

6. ~~Tournament finish~~

7. ~~Season results must be submitted on the Season Result Forms (See Appendix B of this handbook.)~~

8. ~~If season records and match results are not available for any given team at the time of the seeding meeting, said team(s) shall risk being seeded lower.~~

COA-10-F09: ADOPTED & EFFECTIVE 10/30/09

WATER POLO

Water Polo Championship Handbook 2.3.2.B

B. Seeding and Challenge Formula for the CCCAA Southern California Regional Tournament.

1. ~~Fifty (50) percent for head to head competition. A score of up to plus or minus three (3) points will be counted for the winning team and for the losing team. This shall be for the number of times the teams have met.~~

~~Example:~~

~~Cuesta 11, Modesto 10 = Cuesta +1, Modesto -1~~

~~Cuesta 12, Modesto 9 = Cuesta +3, Modesto -3~~

~~Cuesta 8, Modesto 10 = Cuesta -2, Modesto +2~~

~~Cuesta +2, Modesto -2~~

2. ~~Fifty (50) percent for all games played with common opponents of up to plus or minus three (3) points which shall be used for determining goal difference between all common opponents. The total goal difference is to be divided by the number of games involved.~~

~~Example:~~

~~Cuesta 8 Golden West 6 (+2)
Cuesta 10 Ventura 8 (+2)
Cuesta 8 Orange Coast 11 (-3)
Cuesta 15 West Valley 3 (+3)
Modesto 6 Golden West 9 (-3 max.)
Modesto 9 Ventura 7 (+2)
Modesto 10 Orange Coast 11 (-1)
Modesto 7 West Valley 3 (+3)
Cuesta +4, Modesto +1~~

- ~~3. If common opponents have met more than one (1) time, then add point totals and divide by number of games played.~~

~~Example:~~

~~Cuesta 5 Long Beach 10 (-5)
Cuesta 6, Long Beach 5 (+1)
Cuesta 7 Long Beach 9 (-2)
Cuesta (-6) : 3 games = (-2)
Modesto 5 Long Beach 10 (-5)
Modesto 10 Long Beach 6 (+4)
Modesto (-1) : 2 games = (-1/2)~~

- ~~4. Total points from head to head and common opponents (coop).~~

~~Example:~~

~~Cuesta Modesto
+2 (head to head) -2 (head to head)
+4 (coop) +1 (coop)
-2 (coop) -1/2 (coop)
+4 Total -1 1/2 Total~~

- ~~5. Cuesta seeded ahead of Modesto.~~

- ~~61. Conference finish supersedes formula. No team can be seeded ahead of a team which finished ahead of them in the conference.~~

- ~~72. Only community college competition shall be used when applying the formula~~

~~13. How to Qualify~~

- ~~a. If a team is ahead of all three (3) teams by either head-to-head competition, or common opponents that team shall win that seed.~~
- ~~b. If two (2) of the teams are 2-1 and two (2) are 1-2. The teams with the 1-2 record are out and the remaining two go against each other by head-to-head, or common opponents. The winner will get the seed.~~

- c. If three (3) of the teams are 3-1 and one (1) team is 0-3, the 0-3 team is out, and the other teams must see who is ahead by head-to-head competition and/or common opponents. The remaining three (3) teams will challenge each other by head-to-head and/or by common opponents. The team with the lowest total is out, and the other two (2) teams go head-to-head to determine the winner of the seed.

Example

Team A		Team B		Team C	
vsTeam B	+1.0	vsTeam A	-1.00	vsTeam A	+0.50
vsTeam C	-0.5 c/opponent	vsTeam C	+0.66 c/opp.	vsTeam B	-0.66 c/opp.
Total	+0.5	Total	-0.33	Total	-0.16

Team B is out lowest score they our out. Team C wins the seed they are ahead of team A

How to get a Head to Head Score (Head to Head is worth 50%):

Team A		Team B	
Team B	+1.00	Team A	-1.00
Common Opponent	+2.33	Common Opponent	-0.66
3.33 divided by 2	+1.66	-1.66 divided by 2	-0.83

Team A wins the seed

How to get a Common Opponent score (Common Opponent is worth 50%):

Take only the teams you have in common with the team you're challenging. (If you have played a team more than once get an average.) This is based on a plus three (+3) minus three (-3) range for each game.

Team A		Team B	
Team C	+2	Team C-2	
Team H	+3, (+3, +3)	Team H+1, (+1, +3, -1)	
Team J	+2	Team J -1	
Total	+7	Total	-2

Divide by the number of games played: Team A is a +2.33, Team B is a -.66. Team A wins the seed.

24. Tie Breaker

- a. Most wins against higher seeded teams
- b. Coin flip (In case of a three (3)-way tie, odd team out, then head-to-head.)

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