



**CITI CALIFORNIA COMMUNITY COLLEGES
COMMISSION ON ATHLETICS
TRACK & FIELD CHAMPIONSHIPS
MEMORIAL STADIUM, BAKERSFIELD
MAY 14-15, 2004**

**TIME SCHEDULE
DAY 1- MAY 14**

MEET DIRECTORS: BOB COVEY AND PAM KELLEY

DAY #1 COMBINED-EVENTS

12:00 PM – DECATHLON (MEN)

12:00 – 100 MTR. DASH

12:40 – LONG JUMP

2:00 – SHOT PUT

3:15 – HIGH JUMP

5:30 – 400 METERS

12:30 PM – HEPTATHLON (WOMEN)

12:30 – 100 METER HURDLES

1:15 – HIGH JUMP

3:30 – SHOT PUT

5:15 – 200 METERS

DAY #1 – FIELD EVENTS

6:00 PM – JAVELIN (MEN)

7:30 PM – JAVELIN (WOMEN)

DAY #1 – TRACK EVENTS

8:00 PM – 10,000 METERS (WOMEN)

8:50 PM – 10,000 METERS (MEN)

10:00 COACHES SOCIAL – DOUBLE-TREE HOTEL

**2004 CITI CALIFORNIA COMMUNITY COLLEGES
COMMISSION ON ATHLETICS
MEMORIAL STADIUM, BAKERSFIELD
DAY 2, MAY 15, 2004**

COMBINED EVENTS – DAY 2

9:00 AM – DECATHLON (MEN)

9:00 – 110 HH
9:40 – DISCUS
10:45 – POLE VAULT
12:45 – JAVELIN
2:00 – 1500 METERS

9:30 AM – HEPTATHLON (WOMEN)

9:30 – LONG JUMP
10:45 – JAVELIN
12:00 – 800 METERS

DAY 2 FIELD EVENTS

2:00 – HAMMER THROW (MEN) – BC HAMMER THROW PARK
2:00 – DISCUS (WOMEN)
2:00 – LONG JUMP (M)
2:00 – LONG JUMP (W)
3:30 – HIGH JUMP (M)
3:30 – POLE VAULT (W)
3:45 – HAMMER THROW (W)
3:45 – DISCUS (M)
5:30 – HIGH JUMP (W)
5:30 – POLE VAULT (M)
5:30 – SHOT PUT (W)
5:30 – TRIPLE JUMP (M) – WEST PIT
7:00 – TRIPLE JUMP (W) – EAST PIT
7:00 – SHOT PUT (M)

3:45 – 2004 COMMUNITY COLLEGE HALL OF FAME INDUCTION CEREMONIES

DAY 2 TRACK EVENTS

4:15 – 3,000 STEEPLECHASE (WOMEN)
4:35 – 3,000 STEEPLECHASE (MEN)
4:55 – 4 X 100 RELAY (W)
5:00 – 4 X 100 RELAY (M)
5:10 – 1500 METERS (W)
5:20 – 1500 METERS (M)
5:30 – 100 HURDLES (W)
5:40 – 110 HURDLES (M)
5:50 – 400 (W)
5:55 – 400 (M)
6:05 – 100 (W)
6:10 – 100 (M)
6:20 – 800 (W)
6:25 – 800 (M)
6:35 – 400 HURDLES (W)
6:45 – 400 HURDLES (M)
6:55 – 200 (W)
7:00 – 200 (M)
7:10 – 5,000 (W)
7:30 – 5,000 (M)
7:55 – 4 X 400 RELAY (W)
8:05 – 4X 400 RELAY (M)