

2004 Citi COA CALIFORNIA COMMUNITY COLLEGE CHAMPIONSHIPS - 5/14/04 and 5/15/04

Track & Field - At Bakersfield College - Women's Results

Women 100 Meters

Name	Year	School	Seed	Finals	Wind	Points
1 Terica Ned		SO Riverside	11.61	11.90	NWI	10
2 Desiree Moorner		FR Long Beach CC	11.85	11.91	NWI	8
3 Rayleen Devine		FR Mt. Sac	11.94	12.33	NWI	6
4 LaSadies McClain		FR Sacramento City	12.15	12.35	NWI	5
5 Niki Avery		SO Modesto	12.19	12.51	NWI	4
6 Shammeer Dawson		FR El Camino	12.20	12.60	NWI	3
7 Jimia White		FR Sacramento City	12.45	12.64	NWI	2
8 Holly Johnson		FR San Jose City Co	12.64	12.82	NWI	1

Women 200 Meters

Name	Year	School	Seed	Finals	Wind	Points
1 Terica Ned		SO Riverside	24.10	24.12	NWI	10
2 Desiree Moorner		FR Long Beach CC	24.76	24.54	NWI	8
3 LaSadies McClain		FR Sacramento City	24.66	24.56	NWI	6
4 Josanne Bridgewater		FR Long Beach CC	24.99	25.11	NWI	5
5 Raquel Jordan		FR West LA	24.91	25.30	NWI	4
6 Niki Avery		SO Modesto	25.18	25.91	NWI	3
7 Cheree Stanfield		SO Modesto	25.65	26.17	NWI	2
8 Pam Robertson		FR Sacramento City	25.76	26.25	NWI	1

Women 400 Meters

Name	Year	School	Seed	Finals	Points
1 Brenda Austin		SO Long Beach CC	56.31	56.21	10
2 Josanne Bridgewater		FR Long Beach CC	57.33	56.45	8
3 Raquel Jordan		FR West LA	56.27	56.46	6
4 Tyrene Webb		FR Cerritos	56.75	56.49	5
5 Cheree Stanfield		SO Modesto	58.03	57.34	4
6 Neicy Sandelin		SO Butte	59.89	59.22	3
7 Teresa Weaks		FR San Francisco	58.88	59.23	2
8 Pam Robertson		FR Sacramento City	59.42	59.46	1

Women 800 Meters

Name	Year	School	Seed	Finals	Points
1 Stacey Livingston		SO Long Beach CC	2:13.59	2:14.00	10
2 Christina Reyes		SO Cuesta	2:14.70	2:15.45	8
3 Jessica Gomez		FR Canyons	2:16.08	2:17.97	6
4 Brooklan Grimes		SO Bakersfield	2:15.54	2:18.46	5
5 Zaira Estrada		FR Sacramento City	2:17.74	2:19.53	4
6 Christine Trowbridge		SO Merritt	2:19.50	2:20.15	3
7 Erin McCoy		FR Modesto	2:19.42	2:21.12	2
8 Alison Peterson		SO Butte	2:21.22	2:25.74	1

Women 1500 Meters

Name	Year	School	Seed	Finals	Points
1 Brooklan Grimes		SO Bakersfield	4:33.78	4:39.39	10
2 Ava Jones		SO Orange Coast	4:36.57	4:40.55	8
3 Christina Reyes		SO Cuesta	4:42.42	4:43.23	6
4 Caren Sather-Sperry		FR Moorpark	4:43.13	4:47.57	5
5 Irma Gonzalez		SO Modesto	4:56.41	5:00.28	4
6 Michelle Garcia		SO Sequoias	5:06.32	5:08.07	3
7 Lisa Marchini		FR Diablo Valley	5:05.17	5:15.53	2
8 Linsey Van Zant		FR Modesto	5:03.18	5:25.00	1

Women 5000 Meters

Name	Year	School	Seed	Finals	Points
1 Christina Lara		FR Mt. Sac	17:47.81	17:45.74	10
2 Ava Jones		SO Orange Coast	17:21.92	17:48.61	8
3 Sandra Montoya		SO Orange Coast	17:59.02	18:09.55	6
4 Ludi Valdez		FR Orange Coast	18:10.42	18:55.42	5
5 Irma Gonzalez		SO Modesto	18:50.02	19:04.39	4
6 Whitney Jacobmeyer		FR Diablo Valley	18:59.82	19:20.63	3
7 Whitney Gallup		FR Monterey	19:07.88	19:23.93	2
8 Ciara Harvey		SO Shasta	19:28.34	20:00.28	1

Women 10000 Meters

Name	Year	School	Seed	Finals	Points
1 Ava Jones		SO Orange Coast	38:13.91	36:27.50	10
2 Christina Lara		FR Mt. Sac	38:53.58	37:18.12	8
3 Zuzana Iler		FR Bakersfield	39:00.06	38:15.58	6
4 Itzel Vargas		FR Glendale	39:06.43	39:52.30	5
5 Helena Walden		FR De Anza	41:14.23	40:48.59	4
6 Mora Mahoney		FR Diablo Valley	40:42.83	42:24.80	3
7 Christine Jergan		SO Diablo Valley		42:40.31	2
8 Janet Martin		FR De Anza		43:03.84	1

Women 100 Meter Hurdles

Name	Year	School	Seed	Finals	Wind	Points
1 Fauna Davis		FR Sacramento City	14.41	14.16	NWI	10
2 Danelle Stokes		SO Merritt	14.13	14.18	NWI	8
3 Latiffia Taylor		FR Hancock	14.49	14.46	NWI	6
4 Toshica Gaines		SO Cerritos	15.03	14.51	NWI	5
5 Lauryn Jordan		SO San Joaquin Delt	14.77	14.90	NWI	4
6 Alexis Mack		SO Diablo Valley	14.72	15.01	NWI	3
7 Tassia Cendejas		FR Mt. Sac	15.73	15.72	NWI	2
8 Laura Rutherghlen		FR Cuesta	16.12	16.33	NWI	1

Women 400 Meter Hurdles

Name	Year	School	Seed	Finals	Points
1 Tassia Cendejas		FR Mt. Sac	1:05.08	1:03.13	10
2 Taletha Calhoun		FR Sequoias	1:03.46	1:03.28	8
3 Melissa Tracey		FR Modesto	1:03.46	1:03.82	6
4 Ashley Nunes		SO Sacramento City	1:05.04	1:04.29	5
5 Hanni Geider		SO Orange Coast	1:06.29	1:06.21	4
6 Specelle Williams		FR El Camino	1:06.93	1:06.37	3
7 Keri Gross		SO Cuesta	1:06.83	1:08.67	2
-- Alexis Mack		SO Diablo Valley	1:05.94	DNF	

Women 3000 Meter Steeplechase

Name	Year	School	Seed	Finals	Points
1 Ludi Valdez		FR Orange Coast	11:23.96	11:27.27	10
2 Whitney Jacobmeyer		FR Diablo Valley	11:34.10	11:32.06	8
3 Sandra Prado		FR Glendale	11:35.95	11:45.78	6
4 Maria Cardenas		FR Mt. Sac	11:49.54	11:58.06	5
5 Ligaya Lange		SO Saddleback	11:54.85	12:03.09	4
6 Kari Nelson		FR American River	11:34.10	12:03.74	3
7 Meri Hawkins		FR Hartnell	12:12.90	12:05.77	2
8 Ciara Harvey		SO Shasta	11:59.20	12:16.38	1

Women 4x100 Meter Relay

School	Seed	Finals	Points
1 Long Beach CC	46.80	45.98	10
1) Brenda Austin SO			
2) Desiree Moorers FR			
3) Josanne Bridgewater FR			
4) Amber Davis SO			
2 Mt. Sac	46.50	46.59	8
1) Cortney Emmons FR			
2) Magnolia Howell FR			
3) Crystal Lucky SO			
4) Rayleen Devine FR			
3 Cerritos	47.46	47.04	6
4 Sacramento City College	47.19	47.14	5
5 Modesto	48.19	47.92	4
6 Canyons	47.96	47.96	3
1) Shellie Scott SO			
2) Tihynna DeBose SO			
3) Catheryn Asaije FR			
4) Danielle Stinnette FR			
7 Merritt	49.47	49.09	2
8 Diablo Valley	50.48	52.82	1

Women 4x400 Meter Relay

School	Seed	Finals	Points
1 Long Beach CC	3:45.17	3:45.55	10
1) Josanne Bridgewater FR			
2) Brenda Austin SO			
3) Stacey Livingston SO			
4) Desiree Moorers FR			
2 Cerritos	3:49.55	3:45.97	8
3 El Camino	3:55.96	3:54.22	6
4 Modesto	4:00.70	3:56.74	5
5 Orange Coast	3:56.80	3:57.83	4

1) Ann Garton SO	2) Elda Hernandez FR			
3) Hanni Geider SO	4) Gegi Van De Walker FR			
6 Sacramento City College		3:57.00	3:58.98	3
7 San Francisco		4:07.81	4:05.43	2
8 Merritt		4:11.41	4:09.92	1

Women High Jump

Name	Year	School	Seed	Finals	Points
1 Lauryn Jordan	SO	San Joaquin Delt	5-04.00	5-07.00	1.70m 10
2 LaKischa Fontenot	FR	Sacramento City	5-02.00	5-04.00	1.62m 8
3 Grace McCellan	FR	Bakersfield	5-02.00	5-02.00	1.57m 6
4 Mallory Gilbert	FR	Fresno City Coll	5-06.00	J5-02.00	1.57m 5
5 Sarah Ingram	FR	Santa Barbar	5-04.00	J5-02.00	1.57m 4
6 Amy Beeman	SO	Modesto	5-02.00	5-00.00	1.52m 3
7 Joanna Williams	FR	Orange Coast	5-00.00	J5-00.00	1.52m 1.5
7 Vallery Delaunay	FR	Mt. Sac	5-00.00	J5-00.00	1.52m 1.5

Women Pole Vault

Name	Year	School	Seed	Finals	Points
1 Tamara Neely	SO	Cuesta	11-05.50	12-00.00	3.65m 10
2 Jill Schlenker	FR	San Joaquin Delt	11-01.00	11-06.00	3.50m 8
3 Christine Silva	FR	Cuesta	11-05.50	J11-06.00	3.50m 6
4 Erin Heatherwick	SO	Cuesta	11-00.00	10-06.00	3.20m 5
5 Jackie Avent	SO	Fresno City Coll	10-07.00	J10-06.00	3.20m 4
6 Melissa Huntley	SO	Riverside	10-06.00	10-00.00	3.04m 3
7 Christine Condrashoff	FR	Diablo Valley	9-07.00	J10-00.00	3.04m 2
8 Destiny Reugg	FR	Butte	9-01.00	9-06.00	2.89m 1

Women Long Jump

Name	Year	School	Seed	Finals	Wind	Points
1 Lauryn Jordan	SO	San Joaquin Delt	19-07.00	19-08.00	NWI	5.99m 10
2 Angela Brazley	FR	Mt. Sac	18-08.00	18-06.00	NWI	5.63m 8
3 Nyisha Tates	FR	Sequoias	18-10.00	18-05.50	NWI	5.62m 6
4 Jimia White	FR	Sacramento City	18-01.50	18-04.00	NWI	5.58m 5
5 Nikki Kotey	SO	Saddleback	17-09.00	18-02.00	NWI	5.53m 4
6 Latiffia Taylor	FR	Hancock	16-11.50	18-00.00	NWI	5.48m 3
7 Willicia Miller	SO	Cerritos	17-02.50	17-07.50	NWI	5.37m 2
8 Alexis Mack	SO	Diablo Valley	17-07.50	17-01.50	NWI	5.21m 1

Women Triple Jump

Name	Year	School	Seed	Finals	Wind	Points
1 Lauryn Jordan	SO	San Joaquin Delt	40-08.25	39-10.50	NWI	12.15m 10
2 Angela Brazley	FR	Mt. Sac	37-06.00	38-05.50	NWI	11.72m 8
3 Vallery Delaunay	FR	Mt. Sac	37-08.50	37-09.00	NWI	11.50m 6
4 Nyisha Tates	FR	Sequoias	38-03.50	37-08.00	NWI	11.48m 5
5 Star Thurman	FR	El Camino	36-05.00	36-06.00	NWI	11.12m 4
6 Sheridan McPherson	FR	San Jose City Co	37-02.75	36-01.00	NWI	10.99m 2.5
6 Marissiko Wheaton	SO	Santa Monica	36-01.50	36-01.00	NWI	10.99m 2.5
8 Catilla Smith	FR	Fresno City Coll	36-06.00	33-03.50	NWI	10.14m 1

Women Shot Put

Name	Year	School	Seed	Finals	Points
1 Sara Clinkenbeard	SO	Sacramento City	46-09.50	47-11.25	14.61m 10
2 Bobbie Patton	FR	Hancock	43-05.25	46-02.00	14.07m 8
3 Stephanie Robbins	FR	El Camino	42-11.50	43-07.25	13.29m 6
4 Aspen Marshall	SO	Sacramento City	41-05.25	43-05.00	13.23m 5
5 Katie Isola	SO	Col.of San Mateo	40-09.00	41-05.75	12.64m 4
6 Shannon Popp	SO	Moorpark	40-09.00	40-03.50	12.28m 3
7 Karina Martinez	FR	Fresno City Coll	41-06.00	40-02.75	12.26m 2
8 Kendra Lilly	FR	Cerritos	39-05.75	40-01.00	12.21m 1

Women Discus Throw

Name	Year	School	Seed	Finals	Points
1 Sara Clinkenbeard	SO	Sacramento City	161-03	150-03	45.79m 10
2 Aspen Marshall	SO	Sacramento City	141-08	141-01	43.00m 8
3 Tamara Bryant	SO	Moorpark	149-02	J141-01	43.00m 6
4 Katie Isola	SO	Col.of San Mateo	139-07	140-02	42.72m 5
5 Kendra Lilly	FR	Cerritos	136-05	137-09	41.98m 4
6 Jamie Sieman	SO	Moorpark	126-06	133-03	40.61m 3
7 Shelly Rice	SO	Bakersfield	133-10	132-00	40.23m 2

8 Sharde Flannigan	FR Hartnell	131-00	110-09	33.75m	1
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Women Hammer Throw

Name	Year	School	Seed	Finals	Points
1 Sara Clinkenbeard	SO	Sacramento City	180-00	179-05	54.68m 10
2 Shannon Popp	SO	Moorpark	154-08	165-01	50.31m 8
3 Tamara Bryant	SO	Moorpark	162-00	160-04	48.86m 6
4 Aspen Marshall	SO	Sacramento City	157-03	155-01	47.26m 5
5 Shelly Rice	SO	Bakersfield	137-00	141-03	43.05m 4
6 Caitlin Moore	SO	Shasta	133-08	134-11	41.12m 3
7 Katie Isola	SO	Col.of San Mateo	139-02	133-11	40.81m 2
8 Erin Luther	FR	Cuyamaca	129-03	117-08	35.86m 1

Women Javelin Throw

Name	Year	School	Seed	Finals	Points
1 Sarah Faulkner	SO	Col.of San Mateo	134-05	141-07	43.15m 10
2 Elizabeth Parsley	FR	Sacramento City	139-03	137-02	41.80m 8
3 Desirae Martinez	FR	Fullerton	116-04	129-10	39.57m 6
4 Kendra Lilly	FR	Cerritos	118-08	123-00	37.49m 5
5 Lauryn Jordan	SO	San Joaquin Delt	119-09	113-07	34.62m 4
6 Sarah Ingram	FR	Santa Barbar	133-03	112-03	34.21m 3
7 Wendy Rudrude	FR	Chaffey	115-00	105-04	32.10m 2
8 Nicole Matthias	FR	Sacramento City	116-09	104-00	31.69m 1

Women Heptathlon

Name	Year	School	Seed	Finals	Points
1 Lauryn Jordan	SO	San Joaquin Delt	4763	4895	10
2 Elle Cruikshank	FR	Santa Ana	3912	4144	8
3 Gegi Van De Walker	FR	Orange Coast	3748	4083	6
4 Amy Beeman	SO	Modesto	3881	3955	5
5 Sarah Ingram	FR	Santa Barbar	3642	3856	4
6 Classie Washington	FR	Mt. Sac	3735	3683	3
7 Samantha Belvini	FR	Col.of San Mateo	3648	3564	2
8 Catilla Smith	FR	Fresno City Coll	3475	3198	1

Final Women Team Scores - 21 Events Scored

1) Sacramento City College	112	2) Mt. Sac	75.50
3) Long Beach CC	69	4) Orange Coast	62.50
5) San Joaquin Delta	56	6) Modesto	47
7) Cuesta	38	8) Cerritos	36
9) Bakersfield	33	10) Moorpark	31
11) Diablo Valley	25	12) Riverside	23
12) College of San Mateo	23	14) El Camino	22
14) Sequoiasequoias	22	16) Hancock	17
17) Merritt	14	18) Fresno City College	13
19) Glendale	11	19) Santa Barbara	11
21) West LA	10	22) Canyons	9
23) Santa Ana	8	23) Saddleback	8
25) Fullerton	6	26) De Anza	5
26) Shasta	5	26) Butte	5
29) San Francisco	4	30) San Jose City College	3.50
31) Hartnell	3	31) American River	3
33) Santa Monica	2.50	34) Monterey	2
34) Chaffey	2	36) Cuyamaca	1

2004 COA CALIFORNIA COMMUNITY COLLEGE CHAMPIONSHIPS - 5/14/04 and 5/15/04

Track & Field - At Bakersfield College - Men's Results

Men 100 Meters

Name	Year	School	Seed	Finals	Wind	Points
1 Richard Del Rincon	SO	Cuyamaca	10.40	10.53	NWI	10
2 Bennie Robinson	SO	Long Beach CC	10.60	10.57	NWI	8
3 Fraley Van-Tonio	SO	Monterey	10.46	10.62	NWI	6
4 Jason Heard	SO	San Francisco	10.39	10.65	NWI	5
5 Ron Hill	FR	Mt. Sac	10.52	10.72	NWI	3.5
5 Cheston Anderson	FR	Long Beach CC	10.51	10.72	NWI	3.5
7 Mark Paige	FR	Sacramento City	10.55	10.84	NWI	2
-- Dante Washington	SO	Sequoias	10.45	DNF	NWI	

Men 200 Meters

Name	Year	School	Seed	Finals	Wind	Points
1 Fraley Van-Tonio	SO	Monterey	21.29	21.00	NWI	10
2 Richard Del Rincon	SO	Cuyamaca	20.92	21.09	NWI	8
3 Thomas Hunter	SO	Cerritos	21.37	21.29	NWI	6
4 Rod Mcneal	SO	Compton	21.38	21.44	NWI	5
5 Jason Heard	SO	San Francisco	21.47	21.61	NWI	4
6 Mark Paige	FR	Sacramento City	21.56	21.68	NWI	3
7 Craig Barber	FR	Butte	21.92	21.85	NWI	2
-- Ron Hill	FR	Mt. Sac	21.38	DNF	NWI	

Men 400 Meters

Name	Year	School	Seed	Finals	Points
1 Daryl Terrell	SO	San Francisco	47.76	46.98	10
2 Malik Muhammad	FR	Long Beach CC	47.60	47.35	8
3 Cedric Ellis	FR	Sacramento City	48.43	47.55	6
4 David Hill	FR	Long Beach CC	47.32	47.61	5
5 Omari Hinkson	FR	Cerritos	48.14	47.81	4
6 Daniel Mollo	SO	West Valley Coll	48.81	48.86	3
7 David Johnson	FR	Riverside	48.75	50.19	2
-- Latrell Kidd	FR	Sequoias	47.17	DNF	

Men 800 Meters

Name	Year	School	Seed	Finals	Points
1 Mario Cobian	FR	Pasadena	1:52.39	1:51.13	10
2 Jeffrey Taylor	FR	San Francisco	1:53.31	1:51.95	8
3 Robert Lee	SO	Sequoias	1:55.64	1:52.58	6
4 Jon Collins	SO	Cerritos	1:52.38	1:53.25	5
5 Uberto Medrano	SO	Citrus	1:53.18	1:53.62	4
6 Nick Cramer	SO	Bakersfield	1:51.74	1:54.02	3
7 Drew Nelson	SO	Sequoias	1:53.44	1:55.52	2
8 Chris Galindo	FR	San Joaquin Delt	1:55.58	1:56.35	1

Men 1500 Meters

Name	Year	School	Seed	Finals	Points
1 Gerardo Rabelo	SO	East LA	3:54.02	3:52.92	10
2 Humberto Rojas	FR	Orange Coast	3:55.63	3:53.88	8
3 Uberto Medrano	SO	Citrus	3:54.91	3:57.62	6
4 Michael Jackson	FR	Long Beach CC	3:56.62	3:57.83	5
5 Frankie Renteria	SO	American River	4:07.38	4:03.33	4
6 Zach Done	FR	American River	4:08.24	4:04.23	3
7 Jacinto Garcia	SO	Sequoias	4:08.93	4:09.12	2
8 Bryce Adams	FR	San Francisco	4:09.51	4:13.37	1

Men 5000 Meters

Name	Year	School	Seed	Finals	Points
1 Jimmy Grabow	SO	San Bernardi	15:12.13	14:57.21	10
2 Gerardo Rabelo	SO	East LA	15:09.72	14:57.32	8
3 Bobby Valadez	SO	East LA	15:15.57	15:07.73	6
4 Lenin Zapata	SO	West Valley Coll	15:23.29	15:09.76	5
5 Juan Meija	FR	Ventura	15:20.61	15:34.34	4
6 Dale Kitt	FR	Butte	15:42.81	15:49.79	3
7 Matt Blanchard	SO	Santa Rosa	15:46.29	15:58.78	2

8	Frankie Renteria	SO American River	15:54.26	16:06.06	1
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Men 1000 Meters

	Name	Year School	Seed	Finals	Points
1	Ryan Rogers	SO Antelope Val	31:41.31	31:28.02	10
2	J..D. Krawczyk	SO Santiago Can	32:10.52	31:53.27	8
3	Jose Pepe Ramirez	FR American River	32:12.97	31:54.80	6
4	Raymundo Castillo	SO Pasadena	32:21.07	32:10.34	5
5	Dale Kitt	FR Butte	32:06.01	32:39.66	4
6	Antonio Jimenez	FR San Bernardi	32:17.48	33:13.62	3
7	Jeffrey Gehringer	SO San Francisco	33:20.93	33:26.04	2
8	Peter Alexander	FR Butte	33:49.00	33:36.76	1

Men 110 Meter Hurdles

	Name	Year School	Seed	Finals	Wind	Points
1	Jerome Miller	SO Bakersfield	13.94	13.86	NWI	10
2	Armond Goodin	FR Long Beach CC	14.65	14.35	NWI	8
3	Marcus Raines	FR Pasadena	14.71	14.50	NWI	6
4	Jeremy Miller	FR Bakersfield	14.71	14.85	NWI	5
5	Ryan Caris	FR Modesto	14.60	15.05	NWI	4
6	Kenneth Marquis	FR American River	14.91	15.08	NWI	3
7	Gulliver Perry	FR Marin	14.78	15.12	NWI	2
8	Daniel Wright	FR Merced	14.80	15.16	NWI	1

Men 400 Meter Hurdles

	Name	Year School	Seed	Finals	Points
1	Stephan Brooks	FR San Francisco	53.45	51.37	10
2	Jerome Miller	SO Bakersfield	52.03	51.95	8
3	Chris Frazeur	FR Saddleback	52.92	52.64	6
4	Chad Thomas	FR Mt. Sac	53.59	53.29	5
5	Ronail Shelton	SO San Francisco	55.30	54.29	4
6	Robert Gomez	FR Bakersfield	53.38	54.32	3
7	Anthony Daniels	SO San Francisco	55.05	54.91	2
8	Gabe Hatchett	FR Sacramento City	53.48	55.35	1

Men 3000 Meter Steeplechase

	Name	Year School	Seed	Finals	Points
1	James Parker	FR Lassen	9:40.10	9:27.42	10
2	Patrick O'Neil	SO Glendale	9:36.13	9:33.73	8
3	Humberto Espino	SO Glendale	9:39.51	9:42.29	6
4	Miguel Cabanas	SO Citrus	9:42.29	9:48.00	5
5	Michael Buttery	SO West Valley Coll	9:50.30	9:55.53	4
6	Phil Porter	SO Saddleback	9:38.88	9:59.95	3
7	Michael Loftus	SO West Valley Coll	9:53.70	10:37.45	2
8	Josh Escobedo	FR Sequoias	9:53.90	10:50.10	1

Men 4x100 Meter Relay

	School	Seed	Finals	Points
1	Long Beach CC	40.13	39.63	10
	1) Anthony Miles FR			
	2) Cheston Anderson FR			
	3) John Bolton FR			
	4) Bennie Robinson SO			
2	San Francisco	40.80	40.19	8
3	Cerritos	40.71	40.28	6
4	Mt. Sac	40.89	40.49	5
	1) Nate Gilkes FR			
	2) Abel Harris FR			
	3) Erik Pfieffer FR			
	4) Ron Hill FR			
5	Butte	41.38	40.93	4
6	Sacramento City College	41.54	41.40	3
7	Saddleback	41.33	41.68	2
--	Sequoias	41.25	DNF	

Men 4x400 Meter Relay

	School	Seed	Finals	Points
1	Long Beach CC	3:12.54	3:09.47	10
2	San Francisco	3:11.95	3:09.91	8
3	Mt. Sac	3:17.72	3:13.44	6
	1) Abel Harris FR			
	2) Erik Pfieffer FR			
	3) Chad Thomas FR			
	4) Chad Latourelle FR			
4	Cerritos	3:12.58	3:13.69	5
5	Riverside	3:15.37	3:15.67	4

1) David Angulo FR	2) Alvin Robinson FR		
3) Isaiah Mayne SO	4) David Johnson FR		
6 Sacramento City College	3:18.92	3:16.97	3
7 Hartnell	3:22.04	3:25.10	2

Men High Jump

Name	Year	School	Seed	Finals		Points
1 Matthew Carter	FR	Santa Ana	7-00.00	6-10.00	2.08m	10
2 Isaiah Mayne	SO	Riverside	6-06.00	6-08.00	2.03m	8
3 Amir Fisher	FR	El Camino	6-06.00	J6-08.00	2.03m	6
4 Ferman Smith	FR	San Jose City Co	6-07.00	6-06.00	1.98m	5
5 Michael Edwards	FR	Diablo Valley	6-05.00	J6-06.00	1.98m	4
6 Adebayo Aido	FR	Merritt	6-07.00	J6-06.00	1.98m	3
7 Rudy Diaz	FR	Fresno City Coll	6-07.00	6-04.00	1.93m	2
8 Jason Johns	FR	Cuesta	6-04.00	6-02.00	1.87m	1

Men Pole Vault

Name	Year	School	Seed	Finals		Points
1 Duane McCabe	SO	Golden West	15-06.00	16-00.00	4.87m	10
2 Ryan Tonneson	SO	Cuesta	15-06.00	J16-00.00	4.87m	8
3 Clay Starnes	FR	Saddleback	15-06.00	15-06.00	4.72m	6
4 Casey Condon	SO	Hartnell	14-07.00	14-00.00	4.26m	5
5 Steven Mehrer	FR	Modesto	14-01.00	J14-00.00	4.26m	3.5
5 Mike Sullivan	FR	Santa Rosa	13-09.00	J14-00.00	4.26m	3.5
7 Eddie Ochoa	SO	Merced	14-01.00	13-00.00	3.96m	2
-- Chase Shealy	FR	Cuesta	15-06.00	NH		

Men Long Jump

Name	Year	School	Seed	Finals	Wind	Points
1 Ron Hill	FR	Mt. Sac	23-05.50	24-02.25	NWI	7.37m 10
2 Robert Hall	FR	Hartnell	22-00.50	23-00.25	NWI	7.01m 8
3 Everton Taylor	FR	Long Beach CC	23-09.50	22-10.75	NWI	6.97m 6
4 Jason Golson	FR	American River	22-11.00	22-10.00	NWI	6.95m 5
5 Jamal Liggin	SO	San Francisco	23-02.75	22-09.50	NWI	6.94m 4
6 Michael Strong	FR	Pasadena	23-02.75	22-08.75	NWI	6.92m 3
7 Robert Young	FR	Santa Barbar	22-10.50	22-04.50	NWI	6.81m 2
-- Andre Blackmon	FR	Sequoias	23-02.75	DNF	NWI	

Men Triple Jump

Name	Year	School	Seed	Finals	Wind	Points
1 Raphael McFarlane	FR	Saddleback	47-05.00	48-03.75	NWI	14.72m 10
2 Demetrius Ragland	FR	Sequoias	45-03.50	48-00.00	NWI	14.63m 8
3 Lawrence Wright	FR	Yuba	45-08.50	47-10.00	NWI	14.57m 6
4 Donel Parsons	SO	San Bernardi	47-02.50	47-05.00	NWI	14.45m 5
5 Chris Brown	FR	Hartnell	45-09.00	47-04.75	NWI	14.44m 4
6 Johnell Cox	FR	Canyons	46-11.50	46-08.00	NWI	14.22m 3
7 Derek Jones	SO	American River	46-04.75	46-07.50	NWI	14.21m 2
-- Dan Renich		Chaffey	45-07.25	DNF	NWI	

Men Shot Put

Name	Year	School	Seed	Finals		Points
1 Harold Young	SO	El Camino	56-09.25	58-07.75	17.87m	10
2 Robert Slowik	FR	Moorpark	56-11.00	56-09.50	17.31m	8
3 Erza Kwong	SO	Col.of San Mateo	51-08.50	51-10.00	15.79m	6
4 Ryan Davis	FR	Canyons	49-10.50	51-04.75	15.66m	5
5 Charles Blue	FR	Sequoias	47-11.25	49-08.75	15.15m	4
6 Antony Dinovitz	FR	Moorpark	47-04.50	49-03.00	15.01m	3
7 Nick Morilla	FR	Santa Rosa	47-10.25	45-10.00	13.97m	2
8 Shane Mervau	FR	Sacramento City	47-07.50	44-11.00	13.69m	1

Men Discus Throw

Name	Year	School	Seed	Finals		Points
1 Robert Slowik	FR	Moorpark	198-02	196-07	59.91m	10
2 Harold Young	SO	El Camino	181-02	190-03	57.98m	8
3 Jens Kuiacznski	FR	West Valley Coll	177-03	177-03	54.02m	6
4 Leo Chavez	SO	Bakersfield	173-02	172-09	52.65m	5
5 Erza Kwong	SO	Col.of San Mateo	166-10	162-02	49.42m	4
6 Andrew Rodriguez	FR	Chabot	143-09	150-04	45.82m	3
7 Anthony Lantz	FR	Siskiyou	155-00	136-05	41.57m	2
-- Ryan Davis	FR	Canyons	145-05	FOUL		

Men Hammer Throw

Name	Year	School	Seed	Finals	Points
1 Robert Slowik	FR	Moorpark	200-06	209-11	63.98m 10
2 Andrew Ninow	SO	American River	182-08	181-01	55.19m 8
3 Leo Chavez	SO	Bakersfield	164-11	170-03	51.89m 6
4 Travis Mackenzie	SO	Butte	165-01	168-01	51.23m 5
5 Jeff Brongiel	SO	San Jose City Co	163-10	166-09	50.82m 4
6 Carl Cassell	SO	Antelope Val	151-11	157-10	48.10m 3
7 Kenneth Atkins	FR	Bakersfield	146-07	149-04	45.51m 2
8 Michael Lamoure	SO	Modesto	153-08	147-03	44.88m 1

Men Javelin Throw

Name	Year	School	Seed	Finals	Points
1 Ryan Taylor	FR	Siskiyou	194-11	201-00	61.26m 10
2 Shaun Countryman	SO	Modesto	183-05	195-02	59.48m 8
3 Chirs Kirkwood	SO	Santa Rosa	192-06	190-11	58.19m 6
4 John Delaney	FR	Santa Barbar	186-11	J190-11	58.19m 5
5 Mathew Dwyer	FR	Siskiyou	180-11	184-03	56.15m 4
6 John Ruder	FR	Bakersfield	177-06	183-01	55.80m 3
7 Christopher Richardson	FR	Cerritos	177-03	172-10	52.67m 2
8 Ian Crichton	FR	Cerritos	173-03	168-02	51.25m 1

Men Decathlon

Name	Year	School	Seed	Finals	Points
1 Christopher Richardson	FR	Cerritos	6386	6632	10
2 Daniel Poyner	SO	Cuyamaca	6184	6369	8
3 James Nunno	FR	Cuesta	5568	6154	6
4 Kevin Bull	SO	De Anza	5591	5844	5
5 Jeremy Vukasinovic	FR	Col.of San Mateo	5610	5645	4
6 Dan Renich		Chaffey	5838	5633	3
7 Dan Rimmer	SO	West Valley Coll	5633	5434	2
8 Zach Hall	FR	Butte	5514	5377	1

Final Men Team Scores - 21 Events Scored

1) San Francisco	66	2) Long Beach CC	63.50
3) Bakersfield	45	4) Cerritos	39
5) American River	32	6) Moorpark	31
7) Mt. Sac	29.50	8) Saddleback	27
9) Cuyamaca	26	10) Pasadena	24
10) El Camino	24	10) East LA	24
13) Sequoia	23	14) West Valley College	22
15) Butte	20	16) Sacramento City College	19
16) Hartnell	19	18) San Bernardino Valley	18
19) Modesto	16.50	20) Monterey	16
20) Siskiyou	16	22) Citrus	15
22) Cuesta	15	24) Glendale	14
24) Riverside	14	24) College of San Mateo	14
27) Santa Rosa	13.50	28) Antelope Valley	13
29) Golden West	10	29) Santa Ana	10
29) Lassen	10	32) San Jose City College	9
33) Orange Coast	8	33) Santiago Canyon	8
33) Canyons	8	36) Santa Barbara	7
37) Yuba	6	38) Compton	5
38) De Anza	5	40) Ventura	4
40) Diablo Valley	4	42) Chaffey	3
42) Merritt	3	42) Merced	3
42) Chabot	3	46) Marin	2
46) Fresno City College	2	48) San Joaquin Delta	1

end results