

Hyundai California Community College
Men's and Women's Track & Field Championships

American River College

May 18-19, 2001

Friday, May 18

Field Events:

5:00 pm Women's Long Jump
5:05 pm Men's Javelin
7:00 pm Men's Long Jump
7:05 pm Women's Javelin

Running Events:

8:00 pm Women's 10,000m
8:45 pm Men's 10,000m

DECATHLON

DAY 1 (5/18)

11:00 am 100M
Long Jump
Shot Put
High Jump
400M

DAY 2 (5/19)

8:45 am 110M Hurdles
Discus Throw
Pole Vault
Javelin Throw
1500M

HEPTAHLON

DAY 1 (5/18)

11:30 am 100M Hurdles
High Jump
Shot Put
200M

DAY 2 (5/19)

10:45 am Long Jump
Javelin Throw
800M

Saturday, May 19

Field Events:

2:30 pm Men's Hammer
2:30 pm Women's Discus
2:40 pm Women's Pole Vault
3:45 pm Men's Triple Jump
4:30 pm Women's Hammer
4:35 pm Men's Shot Put
4:45 pm Women's High Jump
5:30 pm Men's Pole Vault
6:15 pm Women's Triple Jump
6:30 pm Men's Discus
6:40 pm Men's High Jump
6:45 pm Women's Shot Put

Running Events:

3:45 pm Men's 3,000m SC
4:10 pm Women's 5000m
4:30 pm Women's 4x100m Relay
4:37 pm Men's 4x100m Relay
4:45 pm Women's 1,500m
4:55 pm Men's 1,500m
5:05 pm Women's 100m Hurdles
5:15 pm Men's 110m Hurdles
5:25 pm Hall of Fame Presentations
5:40 pm Women's 400m
5:47 pm Men's 400m
6:00 pm Women's 100m
6:07 pm Men's 100m
6:15 pm Women's 800m
6:22 pm Men's 800m
6:35 pm Women's 400m Hurdles
6:45 pm Men's 400m Hurdles
6:55 pm Women's 200m
7:02 pm Men's 200m
7:10 pm Women's 3,000m
7:30 pm Men's 5,000m
7:50 pm Women's 4x400m Relay
8:00 pm Men's 4x400m Relay