

CALIFORNIA COMMUNITY COLLEGE - 5/16/03 to 5/17/03
State Track and Field Championships
Chabot College, Hayward, Ca
Performance List

Event 1 Men 100 Meter Dash

	Name	Year	School	Seed Time
1	Carlos Moore	SO	MT. SAC	10.47
2	Guy McGowan	SO	SAN JOSE	10.49
3	Rod Mcneal	FR	COMPTON	10.56
4	James Johnson	SO	SEQUOIAS	10.64
5	Carchell Wright	SO	CERRITOS	10.66
6	Anthony Slaughter	FR	SEQUOIAS	10.68
7	Jason Lopes	SO	BAKERSFIELD	10.69
8	Jacques McCray	SO	SEQUOIAS	10.69
9	Antwaun Sherman	FR	CCSF	10.72

Event 2 Women 100 Meter Dash

	Name	Year	School	Seed Time
1	April Brown	SO	CERRITOS	11.73
2	Marcia Fenton	SO	EL CAMINO	12.02
3	Beyonka McDowell	SO	SACRAMENTO	12.03
4	Joquia Tezeno	SO	CONTRA COSTA	12.11
5	Shakhan Lewis	SO	CITRUS	12.16
6	Carie Knox	SO	SAN JOSE	12.24
7	Openell McDowell	SO	SACRAMENTO	12.24
8	Deirdre Reese	SO	WEST VALLEY	12.29
9	Michelle Stinnette	FR	LA VALLEY	12.38

Event 3 Men 200 Meter Dash

	Name	Year	School	Seed Time
1	Carlos Moore	SO	MT. SAC	20.87
2	Trevon Lee	SO	CERRITOS	21.35
3	James Johnson	SO	SEQUOIAS	21.40
4	Anthony Slaughter	FR	SEQUOIAS	21.43
5	Fernada Blakely	SO	PASADENA	21.50
6	Jason Lopes	SO	BAKERSFIELD	21.55
7	Joe Pappalardo	FR	AMERICAN RIVER	21.79
8	David Angulo	FR	RIVERSIDE	21.95
9	D'Andre McFarland	FR	CONTRA COSTA	22.23

Event 4 Women 200 Meter Dash

	Name	Year	School	Seed Time
1	April Brown	SO	CERRITOS	23.95
2	Christina Hardeman	FR	DE ANZA	24.47
3	Openell McDowell	SO	SACRAMENTO	24.74
4	Lorraine Weldon	FR	CERRITOS	24.79
5	Marcia Fenton	SO	EL CAMINO	24.95
6	Joquia Tezeno	SO	CONTRA COSTA	24.96
7	Carie Knox	SO	SAN JOSE	25.19
8	Natalie Beck	FR	DE ANZA	25.25
9	Michelle Stinnette	FR	LA VALLEY	25.26

Event 5 Men 400 Meter Dash

	Name	Year	School	Seed Time
1	Fernada Blakely	SO	PASADENA	46.89
2	Trevon Lee	SO	CERRITOS	47.42
3	Patrick Wetzel	SO	MOORPARK	47.48

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Event 5 ... (Men 400 Meter Dash)

	Name	Year	School	Seed Time
4	Daryl Terrell	FR	LONG BEACH	47.62
5	Brandon Gardner	FR	LA SOUTHWEST	47.67
6	Joshua McBride	FR	CCSF	47.86
7	Joe Pappalardo	FR	AMERICAN RIVER	48.13
8	Everett Savoy	FR	CCSF	48.20
9	Omar Lopez	SO	SAN MATEO	48.53

Event 6 Women 400 Meter Dash

	Name	Year	School	Seed Time
1	Christina Hardeman	FR	DE ANZA	55.15
2	Lorraine Weldon	FR	CERRITOS	56.17
3	Natalie Beck	FR	DE ANZA	56.82
4	Angel Brown	SO	DE ANZA	57.37
5	Brenda Austin	FR	LONG BEACH	57.45
6	Cora Diggins	SO	CERRITOS	57.83
7	Cheree Stanfield	FR	MODESTO	57.95
8	Josanne Bridgewater	FR	LONG BEACH	58.39
9	Stephanie Fabia	SO	GLENDALE	58.84

Event 7 Men 800 Meter Run

	Name	Year	School	Seed Time
1	Chris Wells-Anders	SO	GLENDALE	1:52.19
2	Sean Marzolf	SO	SAN JOAQUIN	1:52.76
3	Argishti Beglaryan	FR	GLENDALE	1:53.02
4	Brandon Shaw	SO	MT. SAC	1:53.31
5	Nick Cramer	FR	BAKERSFIELD	1:53.68
6	Jon Collins	FR	CERRITOS	1:54.04
7	Sean Harrell	SO	SANTA ROSA	1:54.06
8	Robert Lee	FR	SEQUOIAS	1:54.13
9	Chris Espinoza	SO	DIABLO VALLEY	1:54.46

Event 8 Women 800 Meter Run

	Name	Year	School	Seed Time
1	Stacey Livingston	FR	LONG BEACH	2:15.94
2	Christina Reyes	FR	CUESTA	2:16.80
3	Melissa Dixon	SO	CERRITOS	2:17.03
4	Roseann Peters	FR	ORANGE COAST	2:17.61
5	Trina Cox	SO	SANTA ROSA	2:17.95
6	Crystal McDonald	SO	LA SOUTHWEST	2:18.55
7	Alison Peterson	FR	BUTTE	2:23.77
8	Janet Yiu	SO	WEST VALLEY	2:23.87
9	Jenna George	FR	DIABLO VALLEY	2:23.92

Event 9 Women 100 Meter Hurdles

	Name	Year	School	Seed Time
1	Beyonka McDowell	SO	SACRAMENTO	13.83
2	Jessica Anderson	SO	MT. SAC	14.04
3	Openell McDowell	SO	SACRAMENTO	14.42
4	Franchelle Smith	SO	SANTA ANA	14.67
5	Monique Anderson	SO	LONG BEACH	14.72
6	Kristen Robinson	SO	ANTELOPE VALLEY	14.76
7	Tassia Cendejas	FR	MT. SAC	14.91

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Event 9 ... (Women 100 Meter Hurdles)

	Name	Year	School	Seed Time
8	Alison Guillory	FR	MERRITT	15.26
9	Lauryn Jordan	FR	SAN JOAQUIN	15.89

Event 10 Men 110 Meter Hurdles

	Name	Year	School	Seed Time
1	Jerome Miller	FR	BAKERSFIELD	14.14
2	Guy McGowan	SO	SAN JOSE	14.16
3	Andre Wright	SO	CONTRA COSTA	14.43
4	Keinan Briggs	SO	ORANGE COAST	14.50
5	Chris Foster	SO	MOORPARK	14.60
6	Jarrett Bush	FR	AMERICAN RIVER	14.75
7	Trevin Gaines	SO	MERCED	14.83
8	Adam Sprein	SO	CUESTA	14.84
9	James Chambless	SO	CITRUS	14.97

Event 11 Men 400 Meter Hurdles

	Name	Year	School	Seed Time
1	Jerome Miller	FR	BAKERSFIELD	53.32
2	Ben Knight	SO	CUYAMACA	53.80
3	Oliver Jackson	SO	MOORPARK	54.20
4	Elisha McCall	FR	MT. SAC	54.22
5	Mike Mudge	SO	SADDLEBACK	54.35
6	Guy McGowan	SO	SAN JOSE	54.93
7	Ryan Canotal	SO	CONTRA COSTA	55.48
8	Trae Gaulman	FR	SACRAMENTO	55.58
9	Aaron Oravillo	FR	DE ANZA	56.00

Event 12 Women 400 Meter Hurdles

	Name	Year	School	Seed Time
1	Monique Anderson	SO	LONG BEACH	1:01.86
2	Tassia Cendejas	FR	MT. SAC	1:02.49
3	Lorraine Swaby	FR	WEST VALLEY	1:02.55
4	Mieshia Thomason	SO	BAKERSFIELD	1:05.34
5	Tanera Jones	FR	SD MESA	1:05.62
6	Ashley Nunes	FR	SACRAMENTO	1:05.80
7	Hanni Geider	FR	ORANGE COAST	1:06.06
8	Leanne Slater	FR	SAN JOSE	1:06.91
9	Veronica Lewis	SO	CCSF	1:07.79

Event 13 Men 1500 Meter Run

	Name	Year	School	Seed Time
1	Josh Campbell	SO	HARTNELL	3:53.90
2	Gerardo Rabelo	SO	EAST LA	3:55.81
3	Michael Jackson	FR	LONG BEACH	3:56.66
4	Jason Graney	SO	GOLDEN WEST	3:58.68
5	Mario Macias	SO	SEQUOIAS	3:58.75
6	Sam Ocampo	FR	ORANGE COAST	3:58.99
7	Doug Westphal	SO	EL CAMINO	3:59.36
8	Andres Gomez	SO	SEQUOIAS	3:59.42
9	Alfonso Leon	SO	SANTA ANA	3:59.70
10	Zach Stuller	FR	YUBA	4:00.13
11	Samuel Burkholder	FR	CCSF	4:06.01

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Event 13 ... (Men 1500 Meter Run)

	Name	Year	School	Seed Time
12	Tomas Viramontes	SO	WEST VALLEY	4:07.27

Event 14 Women 1500 Meter Run

	Name	Year	School	Seed Time
1	Trina Cox	SO	SANTA ROSA	4:43.88
2	Christina Reyes	FR	CUESTA	4:44.56
3	Christina Lara	FR	MT. SAC	4:47.33
4	Roseann Peters	FR	ORANGE COAST	4:49.44
5	Crystal Roethlisberger	SO	SEQUOIAS	4:49.70
6	Janet Yiu	SO	WEST VALLEY	4:49.88
7	Jeanelle Goonetilleke	SO	FULLERTON	4:53.46
8	Ava Jones	FR	ORANGE COAST	4:54.26
9	Irma Gonzalez	FR	MODESTO	4:54.78
10	Brooklan Grimes	FR	BAKERSFIELD	4:55.10
11	Jenny Sanchez	FR	MODESTO	5:15.50

Event 15 Men 3000 Meter Steeplechase

	Name	Year	School	Seed Time
1	Phil Porter	FR	SADDLEBACK	9:36.27
2	Tut Mut	SO	CUYAMACA	9:42.65
3	Germaine Ortiz	SO	MOORPARK	9:44.85
4	Gilbert Salas	SO	ORANGE COAST	9:46.73
5	Juan Ceja	SO	EL CAMINO	9:46.86
6	Henry Nunez	SO	GLENDALE	9:47.25
7	Josh Blount	SO	MODESTO	9:53.54
8	Hector Hernandez	FR	CCSF	9:54.04
9	Michael Buttery	FR	WEST VALLEY	9:58.14
10	Steven Schenk	SO	AMERICAN RIVER	9:58.74
11	Ivan Navarro	FR	SAN JOSE	10:01.84
12	Michael Loftus	FR	WEST VALLEY	10:05.44

Event 16 Women 3000 Meter Steeplechase

	Name	Year	School	Seed Time
1	Jessica Lugo	SO	EL CAMINO	11:34.66
2	Naira Bagumyan	SO	GLENDALE	11:41.05
3	Natalie St. Andre	SO	ORANGE COAST	11:45.94
4	Ciara Harvey	FR	SHASTA	11:59.74
5	Ligaya Lange	FR	SADDLEBACK	12:01.83
6	Alejandra Contreras	SO	MT. SAC	12:08.21
7	Suzette Dinoso	SO	ORANGE COAST	12:13.50
8	Megan Sainsbury	FR	WEST VALLEY	12:35.94
9	Gina Tow	FR	DIABLO VALLEY	12:45.14
10	Kara Greene	FR	MODESTO	12:52.04
11	Jessica Alaniz	FR	SEQUOIAS	14:06.04
12	Debra Flowers	FR	AMERICAN RIVER	14:29.34

Event 17 Men 5000 Meter Run

	Name	Year	School	Seed Time
1	Gerardo Rabelo	SO	EAST LA	14:53.89
2	Art Diaz	SO	ORANGE COAST	15:03.39
3	David Cerecerez	FR	MT. SAC	15:17.28
4	Germaine Ortiz	SO	MOORPARK	15:19.11

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Event 17 ... (Men 5000 Meter Run)

	Name	Year	School	Seed Time
5	Erik Garcia	SO	SANTA ANA	15:20.77
6	Humberto Vargas	SO	EAST LA	15:26.75
7	Mario Macias	SO	SEQUOIAS	15:33.12
8	Hector Figueroa	FR	SEQUOIAS	15:44.85
9	Andrew Parsel	SO	HARTNELL	15:49.73
10	Jose Marino	FR	SEQUOIAS	15:52.57
11	Matt Blanchard	FR	SANTA ROSA	15:58.77

Event 18 Women 5000 Meter Run

	Name	Year	School	Seed Time
1	Michelle Icban	SO	ORANGE COAST	17:25.74
2	Pilar Delgado	SO	GLENDALE	17:35.67
3	Ava Jones	FR	ORANGE COAST	17:50.25
4	Christina Lara	FR	MT. SAC	18:25.90
5	Sandra Montoya	FR	ORANGE COAST	18:28.46
6	Irma Gonzalez	FR	MODESTO	18:40.19
7	Crystal Roethlisberger	SO	SEQUOIAS	18:53.42
8	Ciara Harvey	FR	SHASTA	19:27.50
9	Monica Garcia	SO	SACRAMENTO	19:38.58
10	Lydia McGinn	FR	MENDOCINO	20:07.08

Event 19 Men 10000 Meter Run

	Name	Year	School	Seed Time
1	Art Diaz	SO	ORANGE COAST	31:49.22
2	Germaine Ortiz	SO	MOORPARK	31:58.40
3	Josh Babiak	SO	CCSF	32:01.34
4	Dan Miller	SO	ANTELOPE VALLEY	32:08.28
5	Erik Garcia	SO	SANTA ANA	32:26.35
6	Kevin Curley	FR	ORANGE COAST	32:35.63
7	Hector Figueroa	FR	SEQUOIAS	32:37.14
8	Humberto Vargas	SO	EAST LA	32:47.62
9	Jeffrey Gehringer	FR	CCSF	33:18.34
10	Chikara Omine	SO	CCSF	33:28.94
11	Travis Butcher	FR	DIABLO VALLEY	33:33.84

Event 20 Women 10000 Meter Run

	Name	Year	School	Seed Time
1	Michelle Icban	SO	ORANGE COAST	36:30.00
2	Christina Lara	FR	MT. SAC	37:27.46
3	Pilar Delgado	SO	GLENDALE	38:14.26
4	Cassandra Goodson	SO	DIABLO VALLEY	38:25.34
5	Luz Valdez	FR	FULLERTON	39:04.82
6	Sandra Montoya	FR	ORANGE COAST	39:26.01
7	Cindy Lopez	SO	EAST LA	39:45.46
8	Elena Lopez	FR	WEST VALLEY	40:13.44
9	Elaine Alvarez	FR	SEQUOIAS	41:07.64
10	Rebekah Harmer	SO	WEST VALLEY	41:19.44
11	Christine Jegan	FR	DIABLO VALLEY	41:49.54
12	Mary Garcia	SO	SEQUOIAS	42:48.44

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Event 21 Men 4x100 Meter Relay

	Team	Relay	Seed Time
1	CERRITOS	A	40.55
2	CCSF	A	40.63
3	MT. SAC	A	40.98
4	LONG BEACH	A	41.14
5	SEQUOIAS	A	41.21
6	MOORPARK	A	42.00
7	FRESNO	A	42.04
8	SD MESA	A	42.23

Event 22 Women 4x100 Meter Relay

	Team	Relay	Seed Time
1	CERRITOS	A	46.31
2	LONG BEACH	A	47.14
3	SACRAMENTO	A	47.21
4	DE ANZA	A	47.31
5	WEST LA	A	47.67
6	EL CAMINO	A	48.62
7	WEST VALLEY	A	48.67
8	MT. SAC	A	49.09
9	CONTRA COSTA	A	49.83

Event 23 Men 4x400 Meter Relay

	Team	Relay	Seed Time
1	CCSF	A	3:13.09
2	LONG BEACH	A	3:14.52
3	MT. SAC	A	3:15.14
4	MOORPARK	A	3:15.44
5	CERRITOS	A	3:16.58
6	EL CAMINO	A	3:16.89
7	SEQUOIAS	A	3:17.05
8	SAN MATEO	A	3:17.33
9	AMERICAN RIVER	A	3:18.78

Event 24 Women 4x400 Meter Relay

	Team	Relay	Seed Time
1	LONG BEACH	A	3:47.51
2	CERRITOS	A	3:47.60
3	DE ANZA	A	3:51.57
4	WEST LA	A	3:59.50
5	EL CAMINO	A	4:00.13
6	MT. SAC	A	4:02.13
7	WEST VALLEY	A	4:02.69
8	SACRAMENTO	A	4:03.70
9	CONTRA COSTA	A	4:05.26

Event 25 Men High Jump

	Name	Year	School	Seed Mark
1	Terrence Ruffen	FR	CONTRA COSTA	7-00.00
2	William Halford	SO	SEQUOIAS	6-09.00
3	Dornoir Flax	FR	MT. SAC	6-08.00
4	Kevin Beeman	SO	MODESTO	6-07.00

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Event 25 ... (Men High Jump)

	Name	Year	School	Seed Mark
5	Will Barton	SO	CUESTA	6-06.00
6	Hunter Orahood	SO	SADDLEBACK	6-06.00
7	Kris Eklund	FR	SADDLEBACK	6-06.00
8	Keno White	FR	SD MESA	6-06.00
9	Brandon Coleman	FR	SACRAMENTO	6-05.00
10	Damian Dinham	SO	LONG BEACH	6-04.00
11	Gentry Goode	FR	SEQUOIAS	6-03.00
12	Robert McCoy	FR	DE ANZA	6-03.00

Event 26 Women High Jump

	Name	Year	School	Seed Mark
1	Patricia Gavaldon	FR	SD MESA	5-06.00
2	Sascha Stucky	FR	MOORPARK	5-02.00
3	Kim Harper	SO	MODESTO	5-02.00
4	Sophia Ruiz	SO	EL CAMINO	5-02.00
5	Nicole Hunter	SO	COMPTON	5-02.00
6	Jaime Cuthbert-Allen	FR	MT. SAC	5-02.00
7	Tippi Nicholson	FR	DIABLO VALLEY	5-00.00
8	Maryann Brinkman	SO	SEQUOIAS	5-00.00
9	Lauryn Jordan	FR	SAN JOAQUIN	5-00.00
10	Monica Eklund	SO	CCSF	5-00.00
11	Vallery Delaunay	FR	MT. SAC	5-00.00
12	Vanessa Phillip	FR	CHABOT	5-00.00

Event 27 Men Pole Vault

	Name	Year	School	Seed Mark
1	BJ Vandrovec	SO	GOLDEN WEST	16-00.00
2	William Snyder	SO	HARTNELL	15-07.00
3	Brandon Guffey	SO	MT. SAC	15-06.00
4	Jacob Rivera	FR	ANTELOPE VALLEY	15-00.00
5	Logan Odden	SO	GOLDEN WEST	15-00.00
6	Ryan Asadoor	SO	FRESNO	14-07.00
7	Ryan Tonneson	FR	CUESTA	14-06.00
8	Hal Esget	FR	SHASTA	14-01.00
9	Casey Condon	FR	HARTNELL	14-01.00
10	Phil Litwin	FR	SAN MATEO	14-01.00
11	David Bare	FR	ORANGE COAST	14-00.00
12	Scott Steiner	FR	SANTA ROSA	13-07.00
13	Ricky Gutteridge	FR	DIABLO VALLEY	13-07.00

Event 28 Women Pole Vault

	Name	Year	School	Seed Mark
1	Erin Asay	SO	CUYAMACA	11-06.00
2	Sarah Hamler	FR	MT. SAC	11-06.00
3	Nisana Andersen	SO	SANTA ROSA	11-06.00
4	Jennifer Finaldi	SO	ORANGE COAST	11-06.00
5	Tamara Neely	FR	CUESTA	11-06.00
6	Leilani Greene	SO	CUESTA	11-00.00
7	Rachelle Sabo	SO	ANTELOPE VALLEY	11-00.00
8	Jennifer Robinett	FR	MODESTO	10-04.00
9	Saheer Kassis	FR	SANTA ROSA	10-04.00

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Event 28 ... (Women Pole Vault)

	Name	Year	School	Seed Mark
10	Melissa Taing	SO	DE ANZA	9-10.00
11	Kathryn Beasley	SO	SEQUOIAS	9-10.00
12	Jillian Browy	FR	HARTNELL	9-10.00

Event 29 Men Long Jump

	Name	Year	School	Seed Mark
1	Ron Hill	FR	MT. SAC	24-04.00
2	Keno White	FR	SD MESA	24-02.50
3	Oliver Jackson	SO	MOORPARK	24-01.50
4	Donald Sledge	SO	LA SOUTHWEST	23-10.75
5	Terry Jones	SO	SEQUOIAS	23-09.75
6	LaShaun Green	FR	CHABOT	22-11.00
7	Aja Porter	SO	SANTA ROSA	22-10.75
8	Stuart Richmond	SO	SADDLEBACK	22-08.75
9	Nate Linskoog	SO	MODESTO	22-08.50
10	Jeremy Garcia	SO	REEDLEY	22-08.50
11	Andrew Goins	SO	SD MESA	22-08.50
12	Robert Banks	FR	AMERICAN RIVER	22-03.50

Event 30 Women Long Jump

	Name	Year	School	Seed Mark
1	Beyonka McDowell	SO	SACRAMENTO	20-02.00
2	Kim Harper	SO	MODESTO	17-10.75
3	Jaime Cuthbert-Allen	FR	MT. SAC	17-10.25
4	Bonnie McKenzie	FR	SACRAMENTO	17-10.25
5	Vage Beasley	SO	LONG BEACH	17-07.75
6	Temeko Brooks	FR	SACRAMENTO	17-07.50
7	Shante' Washington	SO	EL CAMINO	17-06.50
8	Caitlin Barrow	FR	EL CAMINO	17-03.75
9	Macklin Harris	SO	SHASTA	17-00.25
10	Mary Young	SO	REEDLEY	17-00.00
11	Miranda Lewis	SO	BAKERSFIELD	16-08.25
12	Dorothy Garcia	SO	MT. SAC	16-08.00

Event 32 Men Triple Jump

	Name	Year	School	Seed Mark
1	Keno White	FR	SD MESA	50-09.75
2	Stuart Richmond	SO	SADDLEBACK	48-10.25
3	Keinan Briggs	SO	ORANGE COAST	48-10.25
4	Jovan Grady	FR	LONG BEACH	47-00.00
5	Derek Jones	FR	AMERICAN RIVER	46-09.00
6	Brian Sipkovitch	FR	GOLDEN WEST	46-03.00
7	Dedrick Brunson	FR	SEQUOIAS	45-11.75
8	Ortie Rainford	FR	CERRITOS	45-00.25
9	Robert Banks	FR	AMERICAN RIVER	44-11.00
10	Terry Jones	SO	SEQUOIAS	44-10.75
11	Jeremy Garcia	SO	REEDLEY	44-07.25
12	Edward Olivarez	FR	MERCED	44-02.00

Event 33 Women Triple Jump

	Name	Year	School	Seed Mark
1	Dija Rabb-Tatro	SO	MOORPARK	38-03.00

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Event 33 ... (Women Triple Jump)

	Name	Year	School	Seed Mark
2	Vallery Delaunay	FR	MT. SAC	37-01.00
3	Brooke Dawson	FR	DIABLO VALLEY	36-05.50
4	Nikki Kotey	FR	SADDLEBACK	36-01.25
5	Marissiko Wheaton	FR	SANTA MONICA	35-11.50
6	Miranda Lewis	SO	BAKERSFIELD	35-10.75
7	Alicia Brown	SO	MT. SAC	35-08.00
8	Amy Beeman	FR	MODESTO	34-09.50
9	Macklin Harris	SO	SHASTA	34-08.50
10	Inez Monday	FR	FRESNO	33-01.75
11	Brenda Varella	SO	HARTNELL	32-10.50
12	Kim Harper	SO	MODESTO	32-09.50

Event 34 Men Shot Put

	Name	Year	School	Seed Mark
1	Harold Young	FR	EL CAMINO	56-04.00
2	David Guerin	SO	EL CAMINO	55-02.00
3	William Moman	SO	MOORPARK	53-01.50
4	Miroslau Dec	SO	MT. SAC	52-07.50
5	Brian Laupua	FR	CCSF	51-00.50
6	Mario Hill	FR	PASADENA	50-08.25
7	Jose Gallo	FR	AMERICAN RIVER	49-02.00
8	Brendan Page	SO	SANTA ROSA	48-11.25
9	James Ferguson	SO	MT. SAC	48-05.50
10	Antwawn Carter	SO	SACRAMENTO	46-03.00
11	Charlie Griffin	SO	CHABOT	46-00.25
12	Tyler Guillory	FR	SANTA ROSA	45-11.75

Event 35 Women Shot Put

	Name	Year	School	Seed Mark
1	Paris Kidd	SO	SACRAMENTO	43-02.00
2	Tamara Bryant	FR	MOORPARK	41-08.00
3	Aspen Marshall	FR	SACRAMENTO	41-00.75
4	Katie Isola	FR	SAN MATEO	40-06.50
5	A.J. Roby	SO	SEQUOIAS	40-03.50
6	Nika Miller	SO	HANCOCK	39-02.00
7	Brianna Makihele	FR	SD MESA	38-10.00
8	Shannon Popp	FR	MOORPARK	38-08.25
9	Christine Dawson	FR	CUYAMACA	37-11.50
10	Tamara Gooden	FR	MT. SAC	37-11.00
11	Stephanie Gustus	SO	HARTNELL	37-05.75
12	Joan Brennan	SO	SAN MATEO	36-03.50

Event 36 Men Discus Throw

	Name	Year	School	Seed Mark
1	Harold Young	FR	EL CAMINO	172-10
2	Brody Beecher	SO	BAKERSFIELD	156-02
3	Ryan Creadick	SO	MOORPARK	156-01
4	Chase Hanson	SO	CUYAMACA	155-06
5	Chris Schwacofer	FR	WEST VALLEY	155-01
6	Tommy Sugishita	FR	MOORPARK	154-06
7	Eric Grote	SO	MOORPARK	152-00

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Event 36 ... (Men Discus Throw)

	Name	Year	School	Seed Mark
8	Bryan Thunborg	SO	BUTTE	151-00
9	Chris Hill	FR	SAN MATEO	148-01
10	Ladislav Pataki	FR	WEST VALLEY	146-10
11	Ezra Kwong	FR	SAN MATEO	145-10
12	Paul Fuller	FR	DE ANZA	145-03

Event 37 Women Discus Throw

	Name	Year	School	Seed Mark
1	A.J. Roby	SO	SEQUOIAS	150-03
2	Nika Miller	SO	HANCOCK	145-08
3	Aspen Marshall	FR	SACRAMENTO	138-11
4	Leslie St Pierre	FR	CUYAMACA	137-10
5	Katie Isola	FR	SAN MATEO	131-00
6	Jamie Sieman	FR	MOORPARK	130-04
7	Brianna Makihele	FR	SD MESA	130-03
8	Stephanie Gustus	SO	HARTNELL	128-10
9	Shelly Rice	FR	BAKERSFIELD	128-09
10	Tamara Bryant	FR	MOORPARK	128-05
11	Caitlin Moore	FR	SHASTA	124-06
12	Kristina Kjar	FR	SACRAMENTO	122-00

Event 38 Men Hammer Throw

	Name	Year	School	Seed Mark
1	Adrian Wright	SO	MOORPARK	186-09
2	Ryan Creadick	SO	MOORPARK	181-05
3	JP Fruguglietti	SO	BAKERSFIELD	180-04
4	William Moman	SO	MOORPARK	176-08
5	Andrew Ninow	FR	AMERICAN RIVER	164-03
6	Brody Beecher	SO	BAKERSFIELD	164-03
7	Brendan Page	SO	SANTA ROSA	159-09
8	Ladislav Pataki	FR	WEST VALLEY	158-03
9	Adam Cooper	SO	MODESTO	152-10
10	Travis Mackenzie	FR	BUTTE	151-07
11	Adam Arzola	SO	MODESTO	151-03
12	Isaias Reyes	FR	SANTA ANA	146-07

Event 39 Women Hammer Throw

	Name	Year	School	Seed Mark
1	Joan Brennan	SO	SAN MATEO	157-06
2	Paris Kidd	SO	SACRAMENTO	153-01
3	Tamara Bryant	FR	MOORPARK	152-10
4	Kathy Porter	SO	BAKERSFIELD	151-01
5	Shannon Popp	FR	MOORPARK	147-05
6	Aspen Marshall	FR	SACRAMENTO	146-10
7	Stephanie Gustus	SO	HARTNELL	141-11
8	A.J. Roby	SO	SEQUOIAS	141-01
9	Megan Clutter	SO	BAKERSFIELD	137-00
10	Vanntha Chann	SO	BAKERSFIELD	134-04
11	Shelly Rice	FR	BAKERSFIELD	133-11
12	Emmy Gai	SO	FRESNO	129-03

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Event 40 Men Javelin Throw

	Name	Year	School	Seed Mark
1	Tim Rozborski	SO	EL CAMINO	203-11
2	Jason Zarate	SO	SISKIYOU	187-01
3	Jacob Sanderson	SO	HARTNELL	183-06
4	John Delaney	FR	SANTA BARBARA	177-07
5	Caleb Waters	FR	SACRAMENTO	177-03
6	Marcos Siaca	FR	HARTNELL	174-01
7	Mario Targoni	FR	SANTA BARBARA	168-00
8	Shaun Countryman	FR	MODESTO	167-01
9	Jesse Gardner	SO	SISKIYOU	167-01
10	Harold Williams	FR	CERRITOS	166-03
11	Ryan Bennett	SO	RIVERSIDE	165-10

Event 41 Women Javelin Throw

	Name	Year	School	Seed Mark
1	Michelle Beebee	SO	CHABOT	143-08
2	Megan Clutter	SO	BAKERSFIELD	131-00
3	Kristina Hyllested	SO	GOLDEN WEST	127-06
4	Sarah Faulkner	FR	SAN MATEO	123-07
5	Paris Kidd	SO	SACRAMENTO	122-00
6	Alexis Bonilla	SO	MONTEREY	120-10
7	Crystal McNeal	SO	EL CAMINO	116-07
8	Yun Hsu	FR	FRESNO	115-02
9	A.J. Roby	SO	SEQUOIAS	114-10
10	Miranda Lewis	SO	BAKERSFIELD	112-04
11	Elsa Landeros	FR	MT. SAC	107-03
12	Laura Kunsman	FR	SD MESA	107-01

Event 42 Men Decathlon

	Name	Year	School	Points
1	Ben Knight	SO	CUYAMACA	6262
2	Jeremie Boquet	FR	AMERICAN RIVER	5822
3	Dan Friese	SO	AMERICAN RIVER	5816
4	Emijah Calvin	FR	MT. SAC	5761
5	Jason Imhoof	SO	SADDLEBACK	5745
6	Jan Zeisel	SO	CERRITOS	5611
7	Joe Munson	FR	BUTTE	5586
8	Daniel Poyner	FR	CUYAMACA	5563
9	Shawn Magzhi	FR	SAN MATEO	5393
10	Dan Rimmer	FR	WEST VALLEY	5328
11	Kevin Bull	FR	DE ANZA	5281

Event 43 Women Heptathlon

	Name	Year	School	Points
1	Jaime Cuthbert-Allen	FR	MT. SAC	4046
2	Lauryn Jordan	FR	SAN JOAQUIN	3825
3	Sophia Ruiz	SO	EL CAMINO	3765
4	Tippi Nicholson	FR	DIABLO VALLEY	3681
5	Hanni Geider	FR	ORANGE COAST	3519
6	Maryann Brinkman	SO	SEQUOIAS	3504
7	Jasmine Geider	FR	ORANGE COAST	3342
8	Melinda Martins	SO	SACRAMENTO	3268

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Event 43 ... (Women Heptathlon)

	Name	Year	School	Points
9	Bridgette Rivera	SO	CERRITOS	3237
10	Lauren Cassity	SO	ORANGE COAST	3237
11	Amy Rosen	FR	SAN MATEO	3210
12	Elena Gonzales	FR	DIABLO VALLEY	3151