

**CALIFORNIA COMMUNITY COLLEGE  
2002 STATE CROSS COUNTRY CHAMPIONSHIPS  
HOSTED BY  
FRESNO CITY COLLEGE**

- Date:** November 23, 2002
- Site:** Woodward Park
- Starting Times:** Women=s 3.1 miles @ 10:00 A.M.  
Men=s 4.0 miles @ 11:00 A.M.
- Meet Headquarters:** Ramada Inn  
324 East Shaw Avenue  
Fresno, CA 93719 (559) 224-4040
- Scheduled Meetings:** Ramada Inn (Palm Room)  
(November 22, 2002)  
**Coaches Association: 8:00 P.M.**
- Qualifying:** Fourteen (14) teams from both the North and the South will qualify for the State Meet. Individual athletes will advance to the State Meet from each Regional Championship Meet.
- Tee Shirts:** Souvenir 2002 State Meet shirts will be available for \$12.00 each.
- No Spikes Rule:** Spikes will **not be allowed** on the course for safety reasons. Any athlete wearing spikes will be disqualified.
- Awards:** Team and individual presentations will be made near the finish line at the conclusion of the Men=s Race.
- Finish Chute:** Each qualifying team is required to provide (1) volunteer for the finish chute. Check in will be at the finish line at 9:30 A.M. **Experienced chute helpers are essential to ensure accurate race results.**
- Entry Fee:** **\$7.00 PER ATHLETE.** You must pay by check or cash at the Friday evening, November 22nd, Coaches Assoc. Meeting, or you will **NOT** receive a race packet. This is a COA Rule.  
  
Make checks payable to FCC Cross Country.
- Entry Deadline:** Athletes must be entered through *directathletics.com* by Tuesday, November 12, 2002, at 5:00 p.m.  
  
**A late fee of \$100 will be assessed after the entry deadline.**

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**Substitutions:** You may enter up to 7 athletes through ***directathletics.com***.  
Substitutions may be made at the Friday evening coaches meeting.

**Course Maps  
& Lodging:** Information is available at the ***norcalstat.com*** web site.

**Questions:** Contact Gary Bluth at (559) 244-2606.