

2009 California Community College Athletic Association Track and Field Championships at College of San Mateo, San Mateo (May 15-16).

Men's Team Scores:

1. Riverside 68; 2 (t) Cerritos and Moorpark 58; 4 (t) Mt. San Antonio 52 1/2; 4. Sacramento 52 1/2; 6. American River 37; 7(t) San Bernardino Valley and Hartnell 35; 9. Fullerton 31; 10. Southwestern 30; 11. San Francisco 29; 12. Modesto 27; 13. Fresno 26; 14. El Camino 24; 15. Merritt 23; 16 (t). Glendale and Butte 22; 18 (t) Antelope Valley and Sequoias 20; 20. SD Mesa 18; 21. Long Beach 15; 22. Saddleback 14; 23 (t) Bakersfield and De Anza 11; 25 (t) Cuyamaca and San Jose 10; 27. Cuesta 9; 28. Rio Hondo 8; 29 (t) Chaffey and Santa Ana 6; 31. (t) Shasta, Golden West, LA Southwest, Reedley, LA Valley 5; 36 (t) San Mateo and Diablo Valley 2; 38 (t) Orange Coast and Santa Rosa 1.

Women's Team Scores:

1. Cerritos 107 1/2; 2. Laney 101; 3. Riverside 64; 4. Orange Coast 51 1/2; 5. Mt. San Antonio 49; 6. West Los Angeles 43; 7. Sacramento 39; 8. Fresno 30 1/2; 9. Moorpark 28 1/2; 10 (t) Glendale and American River 27; 12 (t) El Camino and Shasta 22; 14. Butte 21; 15. Cuesta 20; 16. De Anza 19; 17. Monterey 16; 18 (t) San Mateo and Fullerton 15; 20. LA Trade Tech 13; 21 (t) LA Valley and Ventura 10; 23(t) SD Mesa and Sequoias 9; 25. East LA 8; 26. Southwestern 7; 27(t)20Santa Ana, Modesto, Santa Rosa 6; 30. San Bernardino Valley 5; 31. Saddleback 4; 32(t) San Joaquin Delta and Santa Monica 3; 34. Allan Hancock 2.

Women Javelin Throw Finals

1. Randi Hicks, Ventura, 45.63m, (149-08). 2. Kelly Young, San Mateo, 42.16m, (138-04). 3. Karen Guravska, Cerritos, 40.80m, (133-10). 4. Karee Nordby, Riverside, 39.12m, (128-04). 5. Rachel Butler, Cerritos, 38.61m, (126-08). 6. D'Auria Barker, Cerritos, 38.14m, (125-01). 7. Amanda Taylor, American River, 34.16m, (112-01). 8. Amanda Potts, Shasta, 33.38m, (109-06). 9. Paris Dixon-Buckley, Laney, 32.21m, (105-08). 10. Chelsea Cassulo, Allan Hancock, 32.11m, (105-04). 11. Pilar Becerra, Fresno, 25.29m, (83-00).

Men Javelin Throw

1. Cooper Thompson, Bakersfield, 67.68m, (222-00). 2. Ray Lian, Saddleback, 62.72m, (205-09). 3. Adam Ramoz, San Jose, 56.04m, (183-10). 4. Kevin Kelly, Reedley, 55.34m, (181-07). 5. Ryan Lauderdale, Long Beach, 54.94m, (180-03). 6. Rene Stephan, De Anza, 54.77m, (179-08). 7. Julian Salinas, Cuesta, 53.19m, (174-06). 8. Estaban Jaykins, San Jose, 52.37m, (171-10). 9. Derek Carothers, Sacramento, 49.32m, (161-10). 10. Mark Horist, Mt. San Antonio, 48.52m, (159-02). --, Talor Fulfer, American River, FOUL.

Men Hammer Throw

1. Dennis Aliotta, Moorpark, 55.23m, (181-02). 2. Russell Price, Modesto, 53.47m, (175-05). 3. Ryan Gleason, Santa Ana, 53.29m, (174-10). 4. Karl Gehrke, Moorpark, 50.99m, (167-03). 5. Chris Hamilton, American River, 50.94m, (167-01). 6. Eric Wright, Shasta, 50.56m, (165-10). 7. Donald Romero, Moorpark, 50.24m, (164-10). 8. Quinton Agosta, Santa Rosa, 49.09m, (161-01). 9. Luis Guzman, Santa Ana, 48.40m, (158-09). 10. Marcus Sannadan, Shasta, 46.51m, (152-07). 11. Christian Millar d, Fresno, 43.20m, (141-09). 12. Cameron McAteer, Moorpark, 40.84m, (134-00).

Women Discus Throw

1. Jasmine Steward, Fresno, 48.77m, (160-00). 2. Holly Lohse, Shasta, 45.26m, (148-06). 3. Na'i Leni, El Camino, 42.58m, (139-08). 4. Whitney Ashley, Cerritos, 42.39m, (139-01). 5. Cassie Freeman, Cuesta, 40.10m, (131-07). 6. Christine Weinreich, Cuesta, 40.05m, (131-05). 7. Samantha Gutierrez, Riverside, 39.90m, 20(130-11). 8. Kelly Young, San Mateo, 38.47m, (126-02). 9. Prisca Pasina, Butte, 38.00m, (124-08). 10. Kristen Esterheld, Santa Rosa, 37.91m, (124-04). 11. Jane Swenson, Moorpark, 37.60m, (123-04). 12. Korina Gonzalez, Fresno, 36.57m, (120-00).

Men Long Jump

1. Ryan Butts, Antelope Valley, 7.74m, w:0.1 (25-04.75). 2. Charles Smith, Riverside, 7.46m, w:0.2 (24-05.75). 3. John Harris, Mt. San Antonio, 7.42m, w:2.4 (24-04.25). 4. Giorgio Bryant, Riverside, 7.38m, w:2.0 (24-02.50). 5. Kevin Rodgers, Riverside, 7.13m, w:2.0 (23-04.75). 6. Pierce Cook, Fresno, 7.11m, w:-1.1 (23-04). 7. Eric Roberson, San Mateo, 7.06m, w:1.7 (23-02). 8. TJ Anderson, Fresno, 6.97m, w:+0.0 (22-10.50). 9. Trevor Rogers, CCSF, 6.80m, w:-1.2 (22-03.75). 10. James Mabrey, CCSF, 6.75m, w:-0.3 (22-01.75). 11. Chase Baker, American River, 6.51m, w:-1.0 (21-04.25). 12. Kevin Norwood, Bakersfield, 6.41m, w:-0.3 (21-00.50).

Women Long Jump

1. Lauryn Newson, Laney, 6.06m, w:-1.0 (19-10.75). 2. Goziam Okolie, Fresno, 5.55m, w:-0.7 (18-02.50). 3. Cyntrail Pierce, Cerritos, 5.53m, w:-1.9

(18-01.75). 4, Sarah Nichols, Butte, 5.47m, w:-1.0 (17-11.50). 5, Yasmina Taketa, SD Mesa, 5.43m, w:+0.0 (17-09.75). 6, Davina Collins, Sacramento, 5.33m, w:-2.3 (17-06). 7, Michelle Miller, Laney, 5.26m, w:0.8 (17-03.25). 8, Kenna Wolter, Allan Hancock, 5.25m, w:-2.0 (17-02.75). 9, Lindsay Cano, Riverside, 5.18m, w:2.4 (17-00). 10, Lauren Johnson, San Joaquin Delta, 5.07m, w:+0.0 (16-07.75). 11, Chanel Reaves, Bakersfield, 5.04m, w:-4.1 (16-06.50). 12, Disha Hall, Southwestern, 4.81m, w:+0.0 (15-09.50).

Women Pole Vault Start 2.25

1, Karen Guravska, Cerritos, 3.71m, (12-02). 2, Brenda Hanrahan, Riverside, 3.45m, (11-03.75). 3, Audrey Crouse, Orange Coast, 3.45m, (11-03.75). 4, Sian Morgan, Cuesta, 3.30m, (10-10). 5, Michelle DeGraff, Mt. San Antonio, 3.15m, (10-04). 6, Kaitlyn Castenada, Fresno, 3.00m, (9-10). 6, Jade Leblanc, Orange Coast, 3.00m, (9-10). 8, Jinnee Miller, American River, 2.85m, (9-04.25). 9, Melissa Sandoval, Hartnell, 2.70m, (8-10.25). 10, Linda Saunders, Chabot, 2.55m, (8-04.25). 11, Amanda Potts, Shasta, 2.55m, (8-04.25). --, Goziam Okolie, Fresno, NH.

Women High Jump Start 1.45

1, Susan Jackson, Sacramento, 1.75m, (5-08.75). 2, Tiana Wills, Riverside, 1.70m, (5-07). 3, Lauryn Newson, Laney, 1.65m, (5-05). 4, Marlies Van Haaren, Sacramento, 1.65m, (5-05). 5, Karen Guravska, Cerritos, 1.60m, (5-03). 5, Rachel Olinyk, Moorpark, 1.60m, (5-03). 7, Liana Fuentes, Orange Coast, 1.55m, (5-01). 8, Aundrea Stovall, Cerritos, 1.55m, (5-01). 9, Brianna Burks, Fresno, 1.55m, (5-01). 10, Jinnee Miller, American River, 1.50m, (4-11). 10, Aysha Moultrie, West Los Angeles, 1.50m, (4-11). 12, Lauren Jackson, Laney, 1.50m, (4-11).

Women Hammer Throw

1, Holly Lohse, Shasta, 50.20m, (164-08). 2, Whitney Ashley, River, 10:08.16. 9, Erik Gregory, American River, 10:14.14. 10, Jeremy Rubio, Diablo Valley, 10:17.57. 11, Luke Frazier, CCSF, 10:30.33. 12, John Rea, Modesto, 10:41.14.

Women 4x100 Meter Relay

1, Sacramento (Mia Moreno FR, Ki-Ana Lay SO, Samantha Tansil FR, Alisa Jenkins FR), 46.35
2, American River (Ashley Frazier FR, Kristen Scott FR, Angelica Earls FR, Brittney Chambers FR), 47.39.
3, Riverside (Diamond Pate FR, Latoya Corley FR, Brittany Manuel SO, Zina Bascom FR), 47.57.
4, Moorpark (Calyx Schentrup FR, Brittini Showers SO, Katie Dana FR, Cara Jones), 47.62.
5, Glendale (Ashley Baucham SO, Janette Morfin SO, Melani Artoun-Livaskan SO, Samantha Bogatz FR), 47.70.
6, Cerritos (Cyntrail Pierce FR, Blair Allen FR, Jessica Barfield SO, Brittany Stewart SO), 47.76.
7, Monterey (Lakesha Adams SO, Felesha Adams SO, Dakota Sanchez FR, Annette Ruvalcaba FR), 48.65.
8, Modesto (Aloria Roberson SO, Shamari Nelson FR, Sharlia Gullely FR, Elena Maxey FR), 49.29.
West LA: DNF.

Men 4x100 Meter Relay

1, Cerritos (William English FR, Brandon Dickson FR, Kelsey Caesar SO, Kristen Joseph), 40.24.
2, Riverside (Don Danns SO, Tommy Curry FR, Giorgio Bryant FR, Daniel Auberry SO), 40.30.
3, Ccsf (Trevor Rogers FR, Maurice Whitlock SO, Justin Mayo SO, Shyrod Taylor SO), 40.43.
4, Southwestern (Elliot Taylor FR, Joshua Howard FR, Alex Thompson SO, Curtis Mitchell SO), 41.10.
5, Sacramento (Gerren Taylor FR, Rashaad Nunnally SO, Michael Broussard FR, J'Carroll Womack FR), 41.33.
6, Hartnell (Isaias Valdez FR, Kenny Guereque=2 SO, Wendell Sells SO, Prentice Dervin FR), 41.66.
7, Butte (Corey Arnold SO, Darius Ray FR, Chase Dixon FR, Kris Waters FR), 41.92.
8, Chaffey (Mikio Bryan FR, Roger Mance FR, Michael Curry, Jamere Franklin SO), 42.02.
--, Orange Coast, DQ.

Women 1500 Meter Run

1, Christine Cortez, Mt. San Antonio, 4:34.06. 2, Kimone Hewitt, Orange Coast, 4:41.26. 3, Diana Zapata, Santa Ana, 4:41.73. 4, Arianna Celis, Riverside, 4:42.04. 5, Sable Browning, Modesto, 4:48.29. 6, Jenifer McEntire, Fresno, 4:48.48. 7, Margaret McDuffee, Orange Coast, 4:51.53. 8, Allison Gonzalez, Sequoias, 4:58.06. 9, Katie Dunn, Glendale, 5:12.82. 10, Jessica Paranthaman, De Anza, 5:17.52. 11, Claire Jenkins, American River, 5:28.02. --, Alicia Lueth, Santa Rosa, DNF.

Men 1500 Meter Run

1, Carlos Perez, San Bernardino, 3:56.83. 2, David Sanchez, Sequoias, 3:58.50. 3, Bobby Stangl, Saddleback, 3:59.25. 4, Andrew Ochoa, Sequoias, 3:59.39. 5, Ronell El-Amin, San Bernardino, 4:00.10. 6, Dustin McAlpine, Sequoias, 4:00.28. 7, Jacob Enemark, Diablo Valley, 4:01.65. 8, Cesar Mireles, Bakersfield, 4:02.19. 9, Jeffrey Pelarde, Riverside, 4:06.24. 10, Brandon Becerra, San Mateo, 4:07.36. 11, Manuel Esparza, Hartnell, 4:07.55. 12, Alberto Camacho, Riverside, 4:12.46.

Women 100 Meter Hurdles

(w: 0.4) 1, Erin Straughter, Cerritos, 14.37. 2, Lauren Jackson, Laney, 14.48. 3, Aria Betts, Laney, 14.76. 4, Nairobi Regis, West Los Angeles, 14.89. 5, Brandi Gerardo, East LA, 15.24. 6, Ashley Jsames, Fullerton, 15.24. 7, Ashley Frazier, American River, 15.47. 8, Katrina Torres, Cuesta, 23.59.

Men 110 Meter Hurdles (w: 2.0) 1, Ray (Tamas) Stewart, Merritt, 13.83. 2, Michael Hancock, Long Beach, 13.87. 3, John Harris, Mt. San Antonio, 14.60. 4, Alfred Hines, LA Southwest, 14.83. 5, Daniel Chen, De Anza, 14.87. 6, Emilio Estrada, Mt. San Antonio, 14.92. 7, Chase Dixon, Butte, 14.94. 8, Bryant Washington, Fresno, 15.71. --, Jacob Yowell, El Camino, DNF.

Women 400 Meter Dash

1, Champelle Brown, Laney, 53.88. 2, Deirdra Pettigree, De Anza, 55.80. 3, Marshey Brown, De Anza, 56.39. 4, Brittany Manuel, Riverside, 56.65. 5, Dominique Crosby, Laney, 56.66. 6, Dawn Wyatt, Santa Monica, 56.99. 7, Latoya Corley, Riverside, 57.29. 8, Maritza Williams, Fullerton, 58.53. 9, Kristen Scott, American River, 61.64.

Men 400 Meter Dash

1, Kianti Gix, American River, 46.59. 2, Kelsey Caesar, Cerritos, 46.89. 3, Eddie Russ, Antelope Valley, 47.25. 4, Remington Blair, Modesto, 47.53. 5, Shyrod Taylor, CCSF, 47.76. 6, Shane Daniel, American River, 47.85. 7, Ernest Rickett, Riverside, 48.17. 8, Corey Arnold, Butte, 48.26. 9, Eric Russell, Cuyamaca, 48.90.

Women 100 Meter Dash

(w: 0.6) 1, Lauryn Newson, Laney, 11.78. 2, Angelica Earls, American River, 11.84. 3, Samantha Bogatz, Glendale, 12.07. 4, Sepanta Padrah, Laney, 12.08. 5, Secoral Yanez, Mt. San Antonio, 12.13. 6, Shanae Roach, Laney, 12.15. 7, Cyntrail Pierce, Cerritos, 12.19. 8, Allison Woody, Fullerton, 12.43. 9, Jessica Barfield, Cerritos, 12.46.

Men 100 Meter Dash

(w: 1.5) 1, Curtis Mitchell, Southwestern, 10.31. 2, Mike Pyrtle, Merritt, 10.37. 3, Daniel Auberry, Riverside, 10.43. 4, Conroy Black, Fullerton, 10.45. 5, Armahd Lewis, Sacramento, 10.59. 6, Trevor Rogers, CCSF, 10.67. 7, Tommy Curry, Riverside, 10.74. 8, Darius Ray, Butte, 10.74.

Women 800 Meter Run

1, Mekka White-Edwards, LA Valley, 2:12.23. 2, Christine Cortez, Mt. San Antonio, 2:12.77. 3, Jenna Lundgren, Santa Rosa, 2:14.51. 4, Sierra Gonzales, Sequoias, 2:15.25. 5, Alysha Turner, West Los Angeles, 2:16.71. 6, Jalicia Cox, Laney, 2:17.65. 7, Courtney Gooch, Fresno, 2:18.07. 8, Monicah Jepkemboi, Southwestern, 2:19.53. 9, Kimone Hewitt, Orange Coast, 2:26.11.

Men 800 Meter Run

1, Torion Bailey, Cerritos, 1:53.49. 2, AJ Mitchell, El Camino, 1:53.75. 3, Stephan May, Riverside, 1:54.36. 4, Jason Amador, San Bernardino, 1:54.39. 5, Juan Martin, Sequoias, 1:55.51. 6, Joe Opoku, Fresno, 1:56.30. 7, Donovan Lackey, Shasta, 1:56.92. 8, Devin Adebayo, Riverside, 1:57.55. --, Jacob Enemark, Diablo Valley, DNF. </div>

Women 400 Meter Hurdles

1, Ashley Jsames, Fullerton, 60.84. 2, Lakesha Adams, Monterey, 60.95. 3, Apryll White, Cerritos, 63.16. 4, Jessica Reeder, Riverside, 63.28. 5, Erin Straughter, Cerritos, 63.51. 6, Mia Moreno, Sacramento, 64.24. 7, Dakota Sanchez, Monterey, 64.49. 8, Ashley Frazier, American River, 65.35. 9, Adriana Paz, Palomar, 67.80.

Men 400 Meter Hurdles

1, Marcus Pope, Mt. San Antonio, 51.27. 2, Michael Broussard, Sacramento, 52.76. 3, Jacob Yowell, El Camino, 52.99. 4, Seagram Kern-Wilson, Sacramento, 53.02. 5, Cameron Stepney, Riverside, 53.38. 6, Bobby Workman, Long Beach, 53.70. 7, Chase Dixon, Butte, 57.81. 8, Kianti Gix, American River, 61.92. --, Samuel Jeter, Riverside, DNF.

Women 200 Meter Dash

(w: 2.3) 1, Lauryn Newson, Laney, 23.64. 2, Champelle Brown, Laney, 23.93. 3, Samantha Bogatz, Glendale, 24.34. 4, Secoral Yanez, Mt. San Antonio, 24.51. 5, Shanae Roach, Laney, 24.60. 6, Dominique Sterling, West Los Angeles, 24.69. 7, Angelica Earls, American River, 24.94. 8, Sepanta Padrah, Laney, 25.07. 9, Sade Daire, Santa Monica, 25.14.

Men 200 Meter Dash

(w: 1.5) 1, Curtis Mitchell, Southwestern, 20.58. 2, Daniel Auberry, Riverside, 20.86. 3, Conroy Black, Fullerton, 21.06. 4, Armahd Lewis, Sacramento, 21.26. 5, Kelsey Caesar, Cerritos, 21.26. 6, Shyrod Taylor, CCSF, 21.51. 7, Darius Ray, Butte, 21.61. 8, Shane Daniel, American River, 21.62. 9, Deandre Smith, Pasadena, 21.67.

Women 5000 Meter Run

1, Cassie Mitchell, Orange Coast, 17:54.81. 2, Lenore Moreno, Mt. San Antonio, 18:14.07. 3, Madelyn Stoltze, Moorpark, 18:52.82. 4, Maritza Hernandez, LA Trade Tech, 19:03.68. 5, Kristen Simek, Orange Coast, 19:11.13. 6, Allison Gonzales, Sequoias, 19:32.44. 7, Monica Carrillo, Southwestern, 19:59.35. 8, Kirsti Whitmyre, De Anza, 20:20.72. 9, Jessica Paranthaman, De Anza, 20:55.81. 10, Dominga Arzate, Hartnell, 21:16.02. 11, Kim Chew, De Anza, 21:23.13. 12, Mary Courtright, San Joaquin Delt, 21:44.75.

Men 5000 Meter Run

1, Daniel Tapia, Hartnell, 15:10.96. 2, Muluken Beressa, SD Mesa, 15:20.87. 3, Nathan Sellers, Glendale, 15:21.79. 4, Ruben Martinez, Rio Hondo, 15:28.69. 5, Matthew Sartori, San Bernardino, 15:40.65. 6, Manuel Esparza, Hartnell, 16:11.54. 7, Steven Calise, El Camino, 16:28.78. 8, Clifford Crum, De Anza, 16:33.22. --, Fernando Diaz, CCSF, DNF. --, Carlos Perez, San Bernardino, DNF. --, Antonio Tovar, American River, DQ.

Women 4x400 Meter Relay

1, Laney (Dominique Crosby FR, Jalia Cox SO, Christene Jones FR, Champelle Brown SO), 3:48.20.
2, = Riverside (Jessica Reeder FR, Tiana Wills SO, Latoya Corley FR, Brittany Manuel SO), 3:48.41.
3, West Los Angeles (Turquoise Williams SO, Lauren McGee FR, Aysha Moultrie SO, Alysha Turner SO), 3:49.70.
4, San Bernardino (Melissa Rene SO, Michelle Burley SO, Jessica Carter SO, DaQuvia Winslett FR), 3:53.93.
5, Monterey (Dakota Sanchez FR, Felesha Adams SO, Lakesha Adams SO, Annette Ruvalcaba FR), 3:55.29.
6, El Camino (Elizabeth Pereyra, Stephanie Bruton, Shavonya Decuir, KayC Wharton), 3:55.39.
7, American River (Brittney Chambers FR, Gustee Wolo FR, Angelica Earls FR, Kristen Scott FR), 3:56.32.
8, Cerritos (Tamika Randolph, Cyntrail Pierce FR, Jessica Barfield SO, Blair Allen FR), 3:57.27.
9, Sacramento (Mia Moreno FR, Ki-Ana Lay SO, Kristie Boyce FR, Davina Collins SO), 3:58.88.

Men 4x400 Meter Relay

1, American River (Anthony Bruno FR, Shane Daniel SO, Durawn Howard FR, Kianti Gix SO), 3:09.24.
2, Sacramento (Gerren Taylor FR, Armahd Lewis SO, Roman Gray SO, J'Carroll Womack FR), 3:10.16.
3, Riverside (Ernest Rickett SO, Tommy Curry FR, Samuel Jeter SO, Marquis Pilchur FR), 3:10.17.
4, Southwestern (Stephon Bolden FR, Angel Marquez, Joshua Howard FR, Curtis Mitchell SO), 3:15.91.
5, Antelope Valley (Falstaff Hawkins, Eddie Russ SO, Troy Arceneaux FR, Ryan Butts FR), 3:17.93.
6, De Anza (Mychal Ladd FR, Don Gaspar SO, Kwame Agyeman SO, Kevin Gonzales FR), 3:18.24.
7, Fresno (Ronald Hattin SO, Pierce Cook SO, Maurice Lewis FR, Joe Opoku FR), 3:18.28.
8, Butte (Darius Ray FR, Chase Dixon FR, Kris Waters FR, Corey Arnold SO), 3:24.85.
--, College of the Canyons, DQ.

Women 10000 Meter Run

1, Lenore Moreno, Mt. San Antonio, 37:58.95. 2, Maritza Hernandez, LA Trade Tech, 38:53.26. 3, Madelyn Stoltze, Moorpark, 39:09.20. 4, Samantha Espindola, SD Mesa, 39:27.35. 5, Karla Atencio, Southwestern, 39:47.22. 6, Maria Colin, El Camino, 40:30.34. 7, Kirsti Whitmyre, De Anza, 41:50.54. 8, Amanda Moreno, Modesto, 42:27.09. 9, Danielle Donohue, San Mateo, 43:44.46. 10, Chelsea Thommes, Diablo Valley, 45:00.04. 11, Natalie Benoy, Modesto, 45:13.70. 12, Sophia Villalobos, Modesto, 46:01.81.

Men 10000 Meter Run

1, Daniel Tapia, Hartnell, 31:23.04. 2, Matthew Sartori, San Bernardino, 31:32.51. 3, Nathan Sellers, Glendale, 31:39.87. 4, Andrew Salg, LA Valley, 31:43.70. 5, Kameron Ulmer, San Bernardino, 32:16.58. 6, Ruben Martinez, Rio Hondo, 32:22.39. 7, Isidore Herrera, Moorpark, 33:09.77. 8, Hector Aleman, Hartnell, 33:18.96. 9, Tomas Evangelista, American River, 33:23.66. 10, Mark Frazier, CCSF, 34:20.39. 11, Anthony Fagundes, American River, 34:38.24. 12, Sloan Cook, CCSF, 36:01.28.

Women Heptathlon

1, Sarah Nichols, Butte, 4504. 2, Turquoise Williams, West Los Angeles, 4357. 3, Alisa Jenkins, Sacramento, 4341. 4, Brianna Vanderwal, Orange Coast, 4338. 5, Brandi Gerardo, East LA, 4275. 6, Aysha Moultrie, West Los Angeles, 4260. 7, Liana Fuentes, Orange Coast, 4220. 8, Kelli Stanley, Butte, 3904. 9, Pilar Hastings-Smith, Diablo Valley, 3824. 10, Treya Winfield, Hartnell, 3421. 11, Simone Lionudakis, Modesto, 3012.

Men Decathlon

1, Nicholas Armstrong, Cerritos, 6867. 2, David Thomas, Cerritos, 6110. 3, Talor Fulfer, American River, 6090. 4, Sean Robinson, Riverside, 6053. 5, Mark Horist, Mt. San Antonio, 5938. 6, Aaron Victorian, < SPAN style="FONT-SIZE: 8pt">San Jose, 5875. 7, Michael Simms, Fullerton, 5787. 8, Julian Salinas, Cuesta, 5657. 9, Michael Beeman, Modesto, 5605. 10, Marko Vatavik, De Anza, 5569. 11, Jordan Lefler, Modesto, 5383. 12, Carl Aufdermaur, Modesto, 5068.