



2010

**Track and Field State
Championships**



Antelope Valley College Marauder Stadium, Lancaster

State Championship Event List

2010 California Community College - 5/21/2010 to 5/22/2010
Track and Field Championships
Antelope Valley College
Meet Program

Event 1 Women Javelin Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Nichole Schall	FR	SHAS		11-00.25
2	Alyssa Sialaris	FR	DAC		14-03.25
3	Lexi Rivas	FR	LAVC		114-05
4	Bridget McCl	FR	BUTT		14-09.50
5	Jodie Ban	SO	FCC		115-03
6	Chelsea Cassul	SO	BAKE		117-04
7	Stephanie Sern	FR	MSAC		119-03
8	Maria Savca	SO	CC		119-04
9	Chelsea Staub	SO	CUYA		121-09
10	Renee Young	FR	MPC		26-07.25
11	Samantha Guti		RCC		127-07
12	Sarah Nichols	SO	BUTT		29-03.50

Event 2 Men Javelin Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Will Castillo	FR	BUTT		64-06.25
2	William Bryan	FR	CSM		65-02.25
3	Adam Ramoz	SO	SJCC		72-03.25
4	Ronald Dudley	FR	SBCC		176-07
5	Benjamin Woo	FR	ELC		177-08
6	Nathan Wright	FR	CSM		78-00.50
7	Lindon Voglez		RCC		185-03
8	Matthew Horst	FR	YUBA		86-02.25
9	Adam Bianche	FR	MSAC		189-00
10	Shedrick Grigg	SO	MSAC		195-03
11	Ray Lian		SC		204-11
12	Cody Allen	FR	SCC		213-04

Event 3 Men Hammer Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Tucker Weath	FR	MJC		61-01.25
2	Jeff Jaime	SO	FCC		162-09
3	Gabriel Acero	SO	MOOR		163-05
4	Casey Ballinge	FR	MJC		64-06.25
5	Bryce Barden	FR	BUTT		167-03
6	Austin Elmore		RCC		168-02
7	Kenneth Sugisl	SO	MOOR		169-00
8	Curtis Hodge	SO	MOOR		169-03
9	Derek Harrebo	SO	CUYA		175-01
10	Christian Mills	SO	FCC		75-09.75
11	Marcus Sannac	SO	SHAS		177-03
12	AB Shaheen		SC		180-02

Event 4 Women Discus Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Alyssa Sialaris	FR	DAC		20-05.25
2	Kat Luna	SO	ARC		25-03.75
3	Tanya Martinc		RCC		127-07
4	Alanna Nulph	SO	SHAS		29-11.75
5	Kristen Esterhc	SO	SRJC		30-01.75
6	Korina Gonzal	SO	FCC		30-10.75
7	Noel Wright	FR	MSAC		131-03
8	Alejandra Sifu		GWC		134-10
9	Jeannette DeW	FR	SRJC		138-04
10	Jane Swenson	SO	MOOR		141-06
11	Christine Wein	SO	CUES		147-03
12	Samantha Guti		RCC		150-03

Event 5 Men Long Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Anthony Palfre	FR	BUTT		22-00.25
2	Greg Stewart	FR	MERR		22-02.50
3	Oleg Ryabokoi	FR	SRJC		23-01.25
4	Donovan Toba		OCC		23-06.75
5	Edidiong Essie	SO	CSM		23-06.75
6	Kenneth McGe		FC		23-07.50
7	Ryan Butts	SO	AVC		23-09.00
8	Damien Ephrai		RCC		23-10.25
9	Bracin Walker	FR	ARC		23-10.25
10	Trevor Rogers	SO	CCSF		23-11.50
11	John Harris	SO	MSAC		24-01.75
12	Chris Benard		RCC		24-03.00

Event 6 Women Long Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Katie Andersot	FR	SIS		17-00.50
2	Toni Cooper	FR	WLA		17-03.25
3	Candace Chatr	SO	WLA		17-08.00
4	Ruth Ann Le B	FR	SJCC		17-09.50
5	Chanel Reaves	SO	BAKE		17-11.00
6	Stephanie Scot	FR	CHAF		17-11.25
7	Michelle Mille	SO	LANE		18-04.25
8	Shanika Davis	SO	LANE		18-08.00
9	Cyntrail Pierce	SO	CC		18-10.25
10	Starasia Childs	SO	WLA		18-10.75
11	Latasha Sprigg	FR	SCC		19-04.75
12	Laurny Newsom	SO	LANE		20-05.25

Event 7 Women Pole Vault

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Ruth Ann Le B	FR	SJCC		9-05.25
2	Karen Marks	FR	MJC		9-05.25
3	Claudia Morris	FR	FCC		9-05.25
4	Lidia Rivas		OCC		10-01.00
5	Sara Pizzo	SO	CUES		10-01.00
6	Elizabeth Sims	SO	CC		10-01.00
7	Rebekah Morri	FR	FCC		10-05.25
8	Nicole Worden	SO	CUES		10-07.00
9	Angelina Pilac	FR	MAR		10-11.00
10	Kara Kalmar	FR	ELC		11-01.00
11	Audrey Crouse		OCC		11-01.00
12	Jenna Yowell	FR	ARC		11-05.00

Event 8 Women High Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Sarah Nichols	SO	BUTT		4-11.00
2	Robin Hannah	FR	MSAC		5-01.00
3	Kelly Thom	FR	DAC		5-01.00
4	Wendy Izquier	FR	FCC		5-01.00
5	Andrea Severs	FR	ARC		5-01.00
6	Shara Longbot	FR	MOOR		5-03.00
7	Ashley Mason	FR	CANS		5-03.00
8	Aundrea Stova	SO	CC		5-03.00
9	Laurny Newsom	SO	LANE		5-03.00
10	Meagan Johns		SC		5-05.00
11	Jill Schmidt	FR	EAST		5-05.00
12	Susan Jackson	SO	SCC		5-08.00

Event 9 Women Hammer Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Chelsea Cassul	SO	BAKE		142-10
2	Danielle Wilso	SO	SCC		43-02.50
3	Kristen Esterhc	SO	SRJC		46-04.50
4	Kat Luna	SO	ARC		147-00
5	Arianna Lugo	SO	CC		147-10
6	Angel Togafau		GWC		147-11
7	Elsa Gutierrez	SO	MJC		152-00
8	Christine Wein	SO	CUES		153-11
9	Jamila McIntoe	SO	DAC		54-04.25
10	Cynthia Sanch	SO	VC		155-10
11	Ellie Fanaika	SO	SCC		57-02.50
12	Jane Swenson	SO	MOOR		161-04

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Event 10 Men Discus Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Dillon Bales		SC		143-09
2	Vincent Huitt	SO	CC		145-05
3	Sony Theodate	FR	CC		148-10
4	Jason Harrell	FR	ELC		149-02
5	Austin Elmore		RCC		151-03
6	Christian Mille	SO	FCC		51-09.50
7	Nathan Wright	FR	CSM		52-10.25
8	Phil Davis	FR	BUTT		53-02.75
9	Derek White	FR	DAC		58-02.75
10	Cunningham E	SO	SIS		58-09.75
11	Kenneth Sugisl	SO	MOOR		167-03
12	Nate Moses	SO	FCC		177-00

Event 11 Men High Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Matt Egelhoff	FR	SRJC		6-04.75
2	Daniel Young	SO	ARC		6-06.75
3	Derrick Toney	SO	HART		6-06.75
4	Cordell Allmor	FR	MSAC		6-07.00
5	Khalil Henry	FR	CUYA		6-07.00
6	Greg Talley	FR	DAC		6-08.75
7	Michael Souza	SO	SCC		6-08.75
8	Ray Nikzat	FR	SCC		6-08.75
9	Justin Bethca	FR	MSAC		6-09.00
10	David Hanlin		SC		6-09.00
11	Jason Logan	FR	AVC		6-09.00
12	James Innis	FR	VC		6-11.00

Event 12 Men Pole Vault

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Jackson Price	FR	MJC		14-02.50
2	Simranjeet Sin	SO	CHA		14-02.50
3	Charles Schind	FR	SRJC		14-08.25
4	Marko Vataful	SO	DAC		14-08.25
5	Tyler Wallace		RCC		15-01.00
6	Brandon Hierh	FR	ARC		15-02.25
7	Matt Tillinghae	FR	SRJC		15-02.25
8	Cameron Savaq		SC		15-07.00
9	Dusty Brown	FR	MSAC		16-01.00
10	Kyle Ballew	FR	LAVC		16-01.00
11	Nick Jennings		SC		16-07.00
12	Craig Van Lee	FR	CUES		16-07.00

Event 13 Women Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Kristen Esterhe	SO	SRJC		37-10.00
2	Alyssa Sialaris	FR	DAC		38-09.50
3	Alex Ballard	FR	SJDC		38-09.75
4	Jamie Jin	FR	BUTT		38-11.00
5	Cynthia Sanch	SO	VC		40-00.50
6	Chelsea Cassul	SO	BAKE		40-01.50
7	Kat Luna	SO	ARC		40-09.00
8	Alanna Nulph	SO	SHAS		41-06.00
9	Linda Rueff	FR	MSAC		41-08.00
10	Janay Tillett	FR	CC		42-09.25
11	Jane Swenson	SO	MOOR		43-11.00
12	Luseane Maka		FC		45-02.75

Event 14 Men Triple Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Nickalaus Jack	FR	MJC		45-11.25
2	Jon Haskins	SO	FCC		46-00.50
3	Calvin Haynes	FR	COS		46-04.25
4	Tyler Thompsc	FR	BAKE		47-01.50
5	Donovan Walli	FR	MJC		47-04.25
6	Donovan Toba		OCC		48-00.50
7	Ka Wai Ng	SO	DAC		48-00.75
8	Derion Taylor	FR	CSM		48-07.50
9	Kenneth McGe		FC		49-05.75
10	Curtis Wilson		RCC		49-09.25
11	Patrick Hunter	FR	WLA		49-10.50
12	Chris Benard		RCC		50-11.00

Event 15 Women Triple Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Watta Turmol	FR	SJDC		35-01.00
2	Shavette Willie	SO	ELC		35-01.50
3	Michelle Mille	SO	LANE		35-08.50
4	Angelica Cahe	FR	BUTT		36-02.25
5	Britanie Smith	FR	AHC		36-06.00
6	Jen Sartorio	SO	SRJC		36-11.75
7	Jasmine Carter	FR	MSAC		37-04.50
8	Mareka T. Cla	FR	CHAF		37-06.50
9	Goziam Okolie	SO	FCC		37-08.00
10	Dominique Kn	SO	LANE		37-08.50
11	Zakiya Camerc	FR	CC		37-09.00
12	Starasia Childs	SO	WLA		40-00.50

Event 16 Men Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Martin Jucatan	SO	SJDC		45-03.00
2	Roderick Dash	FR	MJC		46-07.25
3	Miles Davy		GWC		47-10.25
4	Andrew Durha	SO	MOOR		47-11.50
5	Derek Sinclair	SO	SJDC		48-00.50
6	Christian Mille	SO	FCC		48-04.50
7	Phil Davis	FR	BUTT		49-06.50
8	Joel Baez	FR	MSAC		50-03.75
9	Chris Yates		GWC		52-00.50
10	Kenneth Sugisl	SO	MOOR		52-00.50
11	Nate Moses	SO	FCC		52-02.50
12	Josh McClure	FR	MOOR		53-04.50

Event 17 Women 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Rebekah Philli	FR	DAC		12:23.50
2	Angelina Gonz	SO	GCC		11:26.82
3	Courtney Ande	FR	ARC		11:45.71
4	Larissa Davis		RCC		10:56.01
5	Beth Tademy	FR	FCC		12:06.91
6	Tanya Valenzu	FR	SWC		11:17.02
7	Mallory Celayz	SO	MSAC		11:00.53
8	Andrea Guerra		OCC		11:11.35
9	Kirsti Whitmyr	SO	DAC		11:50.78
10	Kelley Breen		SC		11:21.98
11	Michelle Reyes	FR	ARC		12:24.11
12	Joanna Beem	FR	SIS		12:15.39

Event 18 Men 3000 Meter Steeplechase

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Charlie Petrie	FR	MOOR		9:23.63
2	Scott McIntyre	FR	ARC		9:47.21
3	Dahir Mohame	FR	SWC		9:13.53
4	Jonathan O'co	FR	COR		9:15.92
5	Travis Nemchi	FR	SBVC		9:25.16
6	Isai Orea	SO	FCC		9:19.28
7	Mark Frazier	SO	CCSF		9:39.89
8	Jonathan Alpiz	SO	GCC		9:19.46
9	Luke Frazier	SO	CCSF		9:38.64
10	Ernesto Rodrig	SO	PCC		9:31.00
11	Chris Walden	SO	ARC		9:23.03
12	Ulises Aquino	FR	AVC		9:24.42

2010 California Community College - 5/21/2010 to 5/22/2010
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Event 19 Women 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	CCSF		49.18
2	WVC		48.96
3	GCC		47.97
		1) Alin Jabourian Daniela Pollard FR	Carissa Porter FR Samantha Bogatz SO
4	MSAC		47.03
		1) Jessica Lewis FR Danika Dickerson	Uchechi Anunkor FR Secoral Yanez
5	SCC		46.25
6	WLA		47.01
7	RCC		47.11
		1) Luckie Carassco Zina Bascom	Jazmine Weatherspoon Kierra Auguster
8	BAKE		48.12
		1) Felisa Torres FR Ashley Colbert SO	Dyneeca Adams FR Ashley Webber SO
9	BUTT		49.02

Event 20 Men 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	AVC		41.65
		1) Devon Whitson SO Jason Logan FR	Jacob Craig Tavion Burke FR
2	RCC		41.28
		1) Marquis Pilchur Kennedy Jackson	Duke Greer Garrett Baxter
3	MJC		41.18
4	MERR		41.03
5	SCC		40.47
6	WLA		40.99
7	ARC		41.05
		1) Boris Davis SO Tommie Williams FR	Durawn Howard SO Jermon Williams FR
8	CCSF		41.21
9	OCC		41.63
		1) Donovan Toban Trevor Carroll	Eli Landry Zapian Antwon Byrd

Event 21 Women 1500 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Yvette Ferreira	FR	ARC	5:02.58
2	Alicia Lueth	SO	SRJC	4:53.68
3	Allison Gonzal	SO	COS	4:45.64
4	Rosa Del Toro	SO	GCC	4:44.56
5	Kimone Hewitt		OCC	4:44.38
6	Devon Kelsey	FR	CUES	4:46.50
7	Brianna Diaz	FR	COS	4:46.07
8	Mayra Garcia	FR	HART	5:02.65
9	Tracee van der	FR	PCC	4:41.46
10	Nina Moore	FR	GCC	4:47.82
11	Agnes Silvestri	SO	CCSF	5:02.77
12	Sara Toberty		OCC	4:44.08

Event 22 Men 1500 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Pedro DeAlba	FR	TECH	3:58.54
2	Jose Lezama	FR	ELC	3:58.16
3	Richard Zaraza	FR	PCC	3:58.73
4	DJ Neumann		SC	3:58.47
5	Anthony Palen	SO	DVC	3:59.80
6	Andrew Ochoa	SO	COS	3:56.97
7	Joseph Rivera	SO	COS	3:56.45
8	Wyatt Landrun	FR	DVC	4:00.43
9	Anthony Mallc	SO	MJC	3:59.63
10	Gabriel Hilbert	FR	CC	3:58.39
11	Mitchell Millig	SO	CSM	4:00.15
12	David Cardona	FR	ELC	3:56.51

Event 23 Women 100 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Shanika Davis	SO	LANE	15.33
2	Brialonna Turr	SO	SWC	15.17
3	Ashley Jsmes		FC	15.05
4	T'Keyah Birkle	FR	ARC	14.58
5	Shakina Phillip	SO	LASW	14.55
6	Alisa Jenkins	SO	SCC	14.56
7	Ashley Frazier	SO	ARC	14.93
8	Brianny Willia	FR	FCC	15.08
9	Starasia Childs	SO	WLA	15.26

Event 24 Men 110 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Caius Radu	SO	MJC	15.80
2	Dominick East	SO	ARC	14.96
3	Cordell Corder		RCC	14.70
4	Ray (Tamas) S	SO	MERR	14.57
5	Marcus Pope	SO	MSAC	14.18
6	John Harris	SO	MSAC	14.27
7	Elijah Muham	FR	SWC	14.66
8	Donte Gilmer	FR	LAVC	14.75
9	Julius Levy	FR	SCC	15.30

Event 25 Women 400 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Aziza Hazcl	SO	LANE	57.66
2	Tanisha Hawki	FR	CC	57.30
3	Dawn Wyatt	SO	SMC	56.23
4	Dominique Crt	SO	LANE	55.81
5	Ashley HARRISO	FR	ARC	55.23
6	Sade Williams	SO	CC	55.50
7	Shale Garland	FR	ELC	55.93
8	Erica Arenas	FR	DAC	57.25
9	Cyntrail Pierce	SO	CC	57.34

Event 26 Men 400 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Keith Turner	FR	CUYA	48.63
2	Rashad Ross	FR	BUTT	47.99
3	Joel Kemper	FR	MPC	47.78
4	Marquis Pilchu		RCC	47.26
5	Brandon Daws	SO	SCC	46.96
6	Durawn Howar	SO	ARC	47.14
7	Marquis Cald	SO	SJCC	47.31
8	Laron Taylor	FR	CC	47.96
9	Manoah Wessc	SO	COMP	48.05

Event 27 Women 100 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Jessica Lewis	FR	MSAC	12.21
2	Angelica Earls	SO	ARC	12.13
3	Portia Bell	SO	AVC	11.99
4	Samantha Bog	SO	GCC	11.85
5	Shanac Roach	SO	LANE	11.77
6	Laurny Newso	SO	LANE	11.83
7	Uchechi Anunl	FR	MSAC	11.90
8	Quianna Wilso	SO	LANE	12.08
9	Samantha Tan	SO	SCC	12.14

Event 28 Men 100 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Lamont Beard	FR	SCC	10.82
2	Will Henry	SO	SCC	10.73
3	Duke Greer		RCC	10.60
4	Elliot Taylor	SO	SWC	10.50
5	Ameer Webb	FR	CC	10.37
6	Tavion Burke	FR	AVC	10.46
7	Isaiiah Sims	SO	PCC	10.60
8	Donovan Walli	FR	MJC	10.69
9	Tylan Lang	FR	SIS	10.81

Event 29 Women 800 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Leticia Saldan	SO	HART	2:26.09
2	Brittney Cham	SO	ARC	2:20.11
3	Tracee van der	FR	PCC	2:13.47
4	Kimone Hewit		OCC	2:11.40
5	Corey Honeyca	FR	CANS	2:09.67
6	Danielle Low	FR	TECH	2:10.20
7	Dyneeca Adarr	FR	BAKE	2:13.11
8	Courtney Gooc	FR	FCC	2:16.78
9	Courtney Ande	FR	ARC	2:21.12

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Meet Program**

Event 30 Men 800 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Matt Battaglia	FR	HART	1:55.25
2	Bryce Van Bo	FR	CUES	1:54.68
3	Anthony Riley	FR	WLA	1:54.48
4	Anthony Malkc	SO	MJC	1:54.27
5	Josh Tran	FR	DAC	1:53.85
6	Torion Bailey	SO	CC	1:53.97
7	Chris Izquierdc	FR	MJC	1:54.38
8	Alfred Haslerig	FR	SWC	1:54.53
9	Daniel King	FR	CC	1:54.84

Event 31 Women 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Elizabeth Sims	SO	CC	64.94
2	Mia Moreno	SO	SCC	64.58
3	T'Keyah Birkle	FR	ARC	63.34
4	Ashley Jsames	FC		61.74
5	Ashley Frazier	SO	ARC	61.09
6	Shanika Davis	SO	LANE	61.58
7	KayC Wharton	SO	ELC	63.30
8	Shakina Phillip	SO	LASW	64.24
9	Jessica Reeder		RCC	64.79

Event 32 Men 400 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Tirrell Day	SO	MERR	54.47
2	Johnathan Kell	FR	WLA	54.11
3	Dominick East	SO	ARC	54.09
4	Niko Salazar	SO	SWC	53.49
5	Marcus Pope	SO	MSAC	51.34
6	Michael Brous	SO	SCC	53.26
7	Avery L. Terry	FR	CHAF	53.77
8	Joel Dumore	FR	SHAS	54.10
9	Edward Morro	FR	BAKE	54.34

Event 33 Women 200 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Samantha Tans	SO	SCC	24.95
2	Cyntrail Pierce	SO	CC	24.60
3	Shale Garland	FR	ELC	24.36
4	Samantha Bog	SO	GCC	24.09
5	Lauryn Newson	SO	LANE	23.74
6	Shanne Roach	SO	LANE	23.80
7	Portia Bell	SO	AVC	24.30
8	Tanisha Hawki	FR	CC	24.50
9	Sepanta Padra	SO	LANE	24.72

Event 34 Men 200 Meter Dash

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Rashad Ross	FR	BUTT	21.62
2	Marquis Pilcht		RCC	21.48
3	Brandon Daws	SO	SCC	21.43
4	Kenny Jackson		RCC	21.32
5	Ameer Webb	FR	CC	20.70
6	Tavion Burke	FR	AVC	21.07
7	Tylan Lang	FR	SIS	21.33
8	Donovan Walli	FR	MJC	21.45
9	Will Henry	SO	SCC	21.52

Event 35 Women 5000 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Sused Cabrera	FR	HART	19:57.13
2	Ana Mendez	SO	MJC	19:12.42
3	Karen Rosas	FR	GCC	18:00.29
4	Lenore Morenc	SO	MSAC	17:19.82
5	Rosa Del Toro	SO	GCC	17:54.68
6	Jaasmin Pina	FR	MSAC	17:56.46
7	Madelyn Stoltz	SO	MOOR	17:50.72
8	Brianna Diaz	FR	COS	18:40.23
9	Rebekah Philli	FR	DAC	19:32.95
10	Mary Finn		BUTT	19:51.51
11	Nina Moore	FR	GCC	17:51.26
12	Allison Gonzal	SO	COS	18:37.89

Event 36 Men 5000 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	David Sanchez	SO	COS	15:09.90
2	Travis Hallana	SO	CUES	15:15.87
3	Stephen Scraff	FR	SBCC	15:05.93
4	Benny Willers	SO	CCSF	15:11.73
5	Francisco Quij	SO	GCC	15:17.25
6	Rigoberto Vasi	SO	HART	15:36.19
7	David Cardone	FR	ELC	15:21.37
8	Ronnie Bruce	SO	MJC	15:15.19
9	Isidore Herrera	SO	MOOR	15:20.65
10	Chris Walden	SO	ARC	15:21.15
11	Fernando Diaz	SO	CCSF	15:26.74
12	Ramandeep Si	SO	WLA	15:23.21

Event 37 Women 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	CCSF		3:59.88
2	SCC		3:56.24
3	BAKE		3:54.45
	1) Chanel Reaves SO	Ashley Colbert SO	
	Dyneeca Adams FR	Ashley Webber SO	
4	ARC		3:49.49
5	LANE		3:49.20
6	CC		3:49.45
	1) Sade Williams SO	Cyntrail Pierce SO	
	Danielle Thomas	Tanisha Hawkins FR	
7	WLA		3:50.82
8	OCC		3:55.49
	1) Kathryn Karkut SO	Kimone Hewitt	
	Kira Helmer	Chelsea Hilliard	
9	MSAC		3:56.95
	1) Uchechi Anunkor FR	Daniele Lopez	
	Jessica Lewis FR	Secoral Yanez	

Event 38 Men 4x400 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	LBC		3:18.84
2	CC		3:15.35
	1) Daniel King FR	Kevin Avery	
	Laron Taylor FR	Torion Bailey SO	
3	CHAF		3:14.56
4	MSAC		3:13.48
	1) Jonathan Kilson	Cameron Gordien	
	Korey Brown	Marcus Pope SO	
5	RCC		3:12.46
	1) Garrett Baxter	Kenny Jackson	
	Duke Greer	Marquis Pilchur	
6	SCC		3:12.78
7	ARC		3:13.70
	1) Dominick Eastman S	Anthony Bruno SO	
	Boris Davis SO	Bruno Gotzmer SO	
8	CCSF		3:14.94
9	MERR		3:16.21

Event 39 Women 10000 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Madelyn Stoltz	SO	MOOR	37:21.74
2	Bethany Rasm	FR	SHAS	39:28.23
3	Vivian Ochoa		GCC	37:27.01
4	Stephanie Cast		HART	43:28.80
5	Karen Rosas	FR	GCC	36:43.97
6	Claire Jenkins	SO	ARC	40:45.14
7	Mallory Celay	SO	MSAC	36:29.17
8	Jaasmin Pina	FR	MSAC	37:12.18
9	Beth Tademy	FR	FCC	40:40.14
10	Lenore Morenc	SO	MSAC	35:38.97
11	Michelle Thor		SDMC	38:20.82
12	Katherine Gorr		RCC	38:21.50

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Event 40 Men 10000 Meter Run

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Raymond Dom	FR	SBVC		31:30.31
2	Isidore Herrera	SO	MOOR		31:38.60
3	Jeffery Pelarde		RCC		31:27.96
4	Clifford Crum	SO	DAC		32:28.01
5	David Sanchez	SO	COS		32:13.30
6	Michael Taylor		OCC		32:21.09
7	Tomas Evange	SO	ARC		32:25.42
8	Gustavo Cruz	SO	MSAC		32:18.79
9	Ramon Guzma	FR	COS		32:47.02
10	Juan Estrella	SO	EAST		32:12.13
11	Ronnie Bruce	SO	MJC		32:27.69
12	Rajpaul Pannu	FR	DVC		32:16.45

Event 41 Heptathlon: #1 Women 100 Meter Hurdles

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
2	Liana Fuentes	SO	OCC		NT
4	Sarah Hockens	FR	ARC		NT
6	Kathryn Karku	SO	OCC		NT
8	Kelli Stanley	SO	BUTT		NT
Section 2 of 3 Finals					
2	Gayeshia Robi	FR	WLA		NT
4	Robin Hannah	FR	MSAC		NT
6	Emmanuelle O	FR	MAR		NT
8	Alisa Jenkins	SO	SCC		NT
Section 3 of 3 Finals					
2	Nikki Cooper	FR	MSAC		NT
4	Aundrea Stova	SO	CC		NT
6	Pilar Hastings-	SO	DVC		NT
8	Sarah Nichols	SO	BUTT		NT

Event 41 Heptathlon: #2 Women High Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Gayeshia Robi	FR	WLA		NH
2	Liana Fuentes	SO	OCC		NH
3	Sarah Nichols	SO	BUTT		NH
4	Robin Hannah	FR	MSAC		NH
5	Alisa Jenkins	SO	SCC		NH
6	Nikki Cooper	FR	MSAC		NH
7	Emmanuelle O	FR	MAR		NH
8	Sarah Hockens	FR	ARC		NH
9	Kathryn Karku	SO	OCC		NH
10	Aundrea Stova	SO	CC		NH
11	Kelli Stanley	SO	BUTT		NH
12	Pilar Hastings-	SO	DVC		NH

Event 41 Heptathlon: #3 Women Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Gayeshia Robi	FR	WLA		ND
2	Sarah Hockens	FR	ARC		ND
3	Aundrea Stova	SO	CC		ND
4	Sarah Nichols	SO	BUTT		ND
5	Pilar Hastings-	SO	DVC		ND
6	Liana Fuentes	SO	OCC		ND
7	Emmanuelle O	FR	MAR		ND
8	Robin Hannah	FR	MSAC		ND
9	Kathryn Karku	SO	OCC		ND
10	Alisa Jenkins	SO	SCC		ND
11	Nikki Cooper	FR	MSAC		ND
12	Kelli Stanley	SO	BUTT		ND

Event 41 Heptathlon: #4 Women 200 Meter Dash

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
3	Kathryn Karku	SO	OCC		NT
4	Sarah Nichols	SO	BUTT		NT
5	Aundrea Stova	SO	CC		NT
6	Gayeshia Robi	FR	WLA		NT
7	Nikki Cooper	FR	MSAC		NT
8	Robin Hannah	FR	MSAC		NT
Section 2 of 2 Finals					
1	Alisa Jenkins	SO	SCC		NT
2	Sarah Hockens	FR	ARC		NT
3	Kelli Stanley	SO	BUTT		NT
4	Liana Fuentes	SO	OCC		NT
5	Emmanuelle O	FR	MAR		NT
6	Pilar Hastings-	SO	DVC		NT

Event 41 Heptathlon: #5 Women Long Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Alisa Jenkins	SO	SCC		ND
2	Aundrea Stova	SO	CC		ND
3	Kathryn Karku	SO	OCC		ND
4	Kelli Stanley	SO	BUTT		ND
5	Liana Fuentes	SO	OCC		ND
6	Sarah Hockens	FR	ARC		ND
7	Pilar Hastings-	SO	DVC		ND
8	Sarah Nichols	SO	BUTT		ND
9	Gayeshia Robi	FR	WLA		ND
10	Emmanuelle O	FR	MAR		ND
11	Robin Hannah	FR	MSAC		ND
12	Nikki Cooper	FR	MSAC		ND

Event 41 Heptathlon: #6 Women Javelin Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Kathryn Karku	SO	OCC		ND
2	Liana Fuentes	SO	OCC		ND
3	Gayeshia Robi	FR	WLA		ND
4	Pilar Hastings-	SO	DVC		ND
5	Kelli Stanley	SO	BUTT		ND
6	Sarah Nichols	SO	BUTT		ND
7	Robin Hannah	FR	MSAC		ND
8	Alisa Jenkins	SO	SCC		ND
9	Emmanuelle O	FR	MAR		ND
10	Nikki Cooper	FR	MSAC		ND
11	Aundrea Stova	SO	CC		ND
12	Sarah Hockens	FR	ARC		ND

Event 41 Heptathlon: #7 Women 800 Meter Run

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Nikki Cooper	FR	MSAC		NT
2	Gayeshia Robi	FR	WLA		NT
3	Aundrea Stova	SO	CC		NT
4	Sarah Hockens	FR	ARC		NT
5	Robin Hannah	FR	MSAC		NT
6	Sarah Nichols	SO	BUTT		NT
7	Pilar Hastings-	SO	DVC		NT
8	Kelli Stanley	SO	BUTT		NT
9	Kathryn Karku	SO	OCC		NT
10	Liana Fuentes	SO	OCC		NT
11	Emmanuelle O	FR	MAR		NT
12	Alisa Jenkins	SO	SCC		NT

Event 42 Decathlon: #1 Men 100 Meter Dash

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
3	Colton Grandb		FC		NT
4	Mario Wright	SO	CANS		NT
5	Zack Kitterma	FR	RCC		NT
6	Kevin Rutledg	FR	DAC		NT
7	Michael Hollis	SO	CUES		NT
8	Mark Horist	SO	MSAC		NT
Section 2 of 2 Finals					
3	Matt Waters	FR	FCC		NT
4	Stephen Dickir	FR	SIS		NT
5	Derrick Toney	SO	HART		NT
6	Keegan Cooke	FR	OCC		NT
7	Aaron Victoria	SO	SJCC		NT
8	Eric Cary	SO	SHAS		NT

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Event 42 Decathlon: #2 Men Long Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Derrick Toney	SO	HART		ND
2	Matt Waters	FR	FCC		ND
3	Michael Hollis	SO	CUES		ND
4	Mario Wright	SO	CANS		ND
5	Stephen Dickir	FR	SIS		ND
6	Kevin Rutledge	FR	DAC		ND
7	Aaron Victoria	SO	SJCC		ND
8	Mark Horist	SO	MSAC		ND
9	Keegan Cooke	FR	OCC		ND
10	Zack Kitterman	FR	RCC		ND
11	Eric Cary	SO	SHAS		ND
12	Colton Grandb	FC			ND

Event 42 Decathlon: #3 Men Shot Put

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Michael Hollis	SO	CUES		ND
2	Aaron Victoria	SO	SJCC		ND
3	Derrick Toney	SO	HART		ND
4	Mark Horist	SO	MSAC		ND
5	Zack Kitterman	FR	RCC		ND
6	Keegan Cooke	FR	OCC		ND
7	Stephen Dickir	FR	SIS		ND
8	Matt Waters	FR	FCC		ND
9	Eric Cary	SO	SHAS		ND
10	Mario Wright	SO	CANS		ND
11	Kevin Rutledge	FR	DAC		ND
12	Colton Grandb	FC			ND

Event 42 Decathlon: #4 Men High Jump

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Aaron Victoria	SO	SJCC		NH
2	Keegan Cooke	FR	OCC		NH
3	Derrick Toney	SO	HART		NH
4	Colton Grandb	FC			NH
5	Mario Wright	SO	CANS		NH
6	Matt Waters	FR	FCC		NH
7	Zack Kitterman	FR	RCC		NH
8	Eric Cary	SO	SHAS		NH
9	Mark Horist	SO	MSAC		NH
10	Kevin Rutledge	FR	DAC		NH
11	Stephen Dickir	FR	SIS		NH
12	Michael Hollis	SO	CUES		NH

Event 42 Decathlon: #5 Men 400 Meter Dash

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
3	Kevin Rutledge	FR	DAC		NT
4	Zack Kitterman	FR	RCC		NT
5	Mario Wright	SO	CANS		NT
6	Mark Horist	SO	MSAC		NT
7	Stephen Dickir	FR	SIS		NT
8	Michael Hollis	SO	CUES		NT

Section 2 of 2 Finals

3	Derrick Toney	SO	HART		NT
4	Matt Waters	FR	FCC		NT
5	Colton Grandb	FC			NT
6	Keegan Cooke	FR	OCC		NT
7	Aaron Victoria	SO	SJCC		NT
8	Eric Cary	SO	SHAS		NT

Event 42 Decathlon: #6 Men 110 Meter Hurdles

Lane	Name	Yr	School	Seed	Time
Section 1 of 3 Finals					
2	Eric Cary	SO	SHAS		NT
4	Michael Hollis	SO	CUES		NT
6	Aaron Victoria	SO	SJCC		NT
8	Mario Wright	SO	CANS		NT

Section 2 of 3 Finals

2	Derrick Toney	SO	HART		NT
4	Zack Kitterman	FR	RCC		NT
6	Kevin Rutledge	FR	DAC		NT
8	Colton Grandb	FC			NT

Section 3 of 3 Finals

2	Matt Waters	FR	FCC		NT
4	Keegan Cooke	FR	OCC		NT
6	Mark Horist	SO	MSAC		NT
8	Stephen Dickir	FR	SIS		NT

Event 42 Decathlon: #7 Men Discus Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Matt Waters	FR	FCC		ND
2	Mario Wright	SO	CANS		ND
3	Zack Kitterman	FR	RCC		ND
4	Derrick Toney	SO	HART		ND
5	Kevin Rutledge	FR	DAC		ND
6	Mark Horist	SO	MSAC		ND
7	Keegan Cooke	FR	OCC		ND
8	Michael Hollis	SO	CUES		ND
9	Eric Cary	SO	SHAS		ND
10	Aaron Victoria	SO	SJCC		ND
11	Colton Grandb	FC			ND
12	Stephen Dickir	FR	SIS		ND

Event 42 Decathlon: #8 Men Pole Vault

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Zack Kitterman	FR	RCC		NH
2	Derrick Toney	SO	HART		NH
3	Kevin Rutledge	FR	DAC		NH
4	Aaron Victoria	SO	SJCC		NH
5	Mark Horist	SO	MSAC		NH
6	Keegan Cooke	FR	OCC		NH
7	Colton Grandb	FC			NH
8	Matt Waters	FR	FCC		NH
9	Mario Wright	SO	CANS		NH
10	Michael Hollis	SO	CUES		NH
11	Stephen Dickir	FR	SIS		NH
12	Eric Cary	SO	SHAS		NH

Event 42 Decathlon: #9 Men Javelin Throw

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Derrick Toney	SO	HART		ND
2	Keegan Cooke	FR	OCC		ND
3	Zack Kitterman	FR	RCC		ND
4	Michael Hollis	SO	CUES		ND
5	Stephen Dickir	FR	SIS		ND
6	Mario Wright	SO	CANS		ND
7	Eric Cary	SO	SHAS		ND
8	Colton Grandb	FC			ND
9	Aaron Victoria	SO	SJCC		ND
10	Kevin Rutledge	FR	DAC		ND
11	Matt Waters	FR	FCC		ND
12	Mark Horist	SO	MSAC		ND

Event 42 Decathlon: #10 Men 1500 Meter Run

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1	Mario Wright	SO	CANS		NT
2	Michael Hollis	SO	CUES		NT
3	Stephen Dickir	FR	SIS		NT
4	Matt Waters	FR	FCC		NT
5	Colton Grandb	FC			NT
6	Zack Kitterman	FR	RCC		NT
7	Derrick Toney	SO	HART		NT
8	Kevin Rutledge	FR	DAC		NT
9	Mark Horist	SO	MSAC		NT
10	Aaron Victoria	SO	SJCC		NT
11	Keegan Cooke	FR	OCC		NT
12	Eric Cary	SO	SHAS		NT

