

**2009 CALIFORNIA  
COMMUNITY COLLEGE TENNIS  
CHAMPIONSHIPS**



**May 7, 8 & 9**

**Match Site:  
NATOMAS RACQUET CLUB  
2450 Natomas Park Drive  
Sacramento, CA 95833**

**Hosted by:**  
LOS RIOS

**AMERICAN RIVER COLLEGE  
BEAVERS**



**COMMUNITY COLLEGE DISTRICT  
1919 Spanos Court, Sacramento CA 95825  
HOST SCHOOL – AMERICAN RIVER COLLEGE**

Dear California Community College Coaches and Players:

American River College is proud to host the 2009 tournament at Natomas Racquet Club. We look forward to seeing many outstanding players and challenging matches during this event. The tournament is approaching quickly, so we would like to make your preparations for this tournament.

Included in this packet, you will find information regarding the schedule of events; hotel information; meeting times; maps to the tournament site, practice courts and hotel; a list of area restaurants; parking instructions; T-shirt sales, awards, and stringing availability; and on-site trainer information.

**The Dual Team Championships will take place at 1:00 pm on Thursday, May 7, 2009 at Natomas Racquet Club in Sacramento. The Banquet will be held at the Hilton Arden West at 7:00 pm on May 9, 2009 with the State Coaches Meeting and Draw Meeting immediately following.**

We suggest that you take advantage of staying at the Hilton Sacramento Arden West in Sacramento. It is approximately 3.5 miles from the tournament site and will be the site of our State Championship Banquet. There is a limited number of rooms blocked for this tournament so make reservations as early as possible.

We will have a hospitality tent for coaches and officials sponsored by “Mr. Pickles”.

Best of luck to all of you and we look forward to an exciting tournament.

Kirsten White  
Tournament Coordinator  
[whitek@arc.losrios.edu](mailto:whitek@arc.losrios.edu)  
(916) 484-8273 (office)  
(916) 216-0114 (cell)

Bo Jabery-Madison  
Tournament Coordinator  
[jaberyb@arc.losrios.edu](mailto:jaberyb@arc.losrios.edu)  
(916) 484-8177 (office)

**CALIFORNIA COMMUNITY COLLEGE  
TENNIS CHAMPIONSHIPS  
MAY 7, 8, & 9, 2009**

**HOST SCHOOL:** American River College

**HOST SITE:** **Natomas Racquet Club**  
**2450 Natomas Park Drive**  
**Sacramento, CA 95833**

**TOURNAMENT COORDINATORS:** Kirsten White & Bo Jabery-Madison  
(916) 216-0114  
[whitek@arc.losrios.edu](mailto:whitek@arc.losrios.edu)

**ON-SITE DIRECTORS:** Men's Draw: Bo Jabery-Madison  
Women's Draw: Kirsten White

**PRACTICE COURTS:**

**Northgate Park**  
1219 Brewerton Dr, Sacramento, 95833  
2 Lighted Courts / Public Open / 3 miles from club

**Orchard Park**  
Unity Pointe Ave, Sacramento, CA 95833  
2 Lighted Courts / Public Open / 2 miles from club

**Robertson Park**  
373 Silver Eagle Rd, Sacramento, CA 95838  
2 Lighted Courts / Public Open / 4 miles from club

**North Natomas Community Park**  
1839 N. Bend Dr., Sacramento, 95835  
2 Lighted Courts / Public Open / 9 miles from club

**PARKING INSTRUCTIONS:** Parking is free at the Natomas Raquet Club, it is a first come first serve basis – get there early!  
Parking at the Hilton Arden West is free.

**ENTRY FEES:** **SINGLES: \$50**  
**DOUBLES: \$50 per team**

**Make Checks Payable To:** **American River College**  
Please do not mail checks. Bring checks to the tournament desk.

**PLAYERS WILL NOT BE ALLOWED TO PARTICIPATE WITHOUT ENTRY FEE!**

- TOURNAMENT HOTEL:** **HILTON SACRAMENTO ARDEN WEST**  
2200 Harvard St, Sacramento, CA 95815  
(916) 922-4700
- BANQUET:** Hilton Arden West– Banquet Room – (\$30)  
Appropriate attire requested.  
**RSVP REQUIRED BY WEDNESDAY,  
MAY 7 AT 12:00 PM**  
*RSVP to Kirsten White: (916) 216-0114*
- TRAINERS:** There will be certified American River College  
trainers on-site beginning at 11:00 am (Thursday)  
and 8:00 am (Friday & Saturday) until the last  
match is completed. **You will need to bring your  
team medical kit complete with supplies.**
- T-SHIRTS:** T-shirts will be available at the tournament for  
purchase – (\$12) Sizes: Small – XXL  
**Cali Condley (contact person)**
- STRINGERS:** We will have a stringer on-site. Prices for  
restringing may vary.
- TOURNAMENT BALLS:** **Pro - Penn**
- AWARDS:** Medals will be awarded to Finalists and Semi-  
Finalists in Singles and Doubles
- FOOD VENDOR & HOSPITALITY:** Mr. Pickles Sandwiches for purchase (cash only)  
Hospitality Tent for coaches and officials **ONLY!**

## **HOTEL INFORMATION**

Our tournament Hotel (and, of course, suggested hotel) is the *Hilton Sacramento Arden West*,  
2200 Harvard St, Sacramento, CA 95815 - (916) 922-4700

The hotel is approximately 3.5 miles from Natomas Racquet Club, down the street from the  
Arden Fair Mall (lots of restaurants) and 5 miles from downtown Sacramento.

A special rate of **\$89.00 per night** has been made available to us for May 7, 8 and 9. State that  
you will be participating in the Community College State Tennis Championships hosted by  
American River College.

A limited number of rooms is available at this rate, so you will need to reserve rooms as soon as  
your players qualify for the tournament. See attached information sheet for hotel features and  
contact information.



Welcome to Sacramento. The Hilton Sacramento Arden West is conveniently located between Arden Way and the Business 80, placing you minutes away from the best that Sacramento has to offer. Sacramento's Point West area is close to shopping, restaurants and local attractions.

#### **Arden Fair Mall**

Up the street from us is the Arden Fair Mall. An excellent location for all your shopping needs. The Arden Fair Mall features major departments stores such as Macy's, JCPenney, Sears and the largest Nordstrom in Sacramento . You will also find over 165 specialty stores, restaurants, a movie theater and carousel for the kids.



#### **Haggin Oaks Golf Complex**

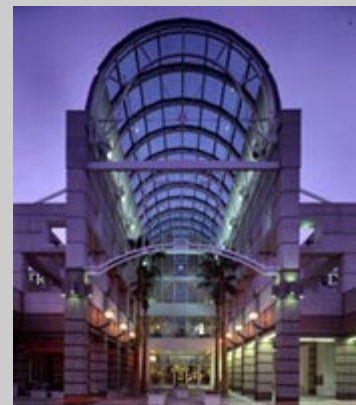
Whether you are a beginner or a professional, Haggin Oaks Golf Complex is the perfect place for you to practice your craft. Haggin Oaks offers two courses, Arcade Creek, which is perfect for players of all skill levels, and if you are looking for something a little more challenging, MacKenzie Golf Course. While you're there be sure to check out the "Super Shop", one of Golf Digest's top 100 golf shops of 2005.

#### **Arco Arena**

Want to see your favorite band? Or catch a King's game? Then check out Arco Arena's Event Calendar. Arco Arena hosts a wide variety of sporting and entertainment events; there is something for everyone.

#### **Cal Expo**

Cal Expo is located just seconds away from the hotel making the Hilton Sacramento Arden West the perfect location to stay when attending any of their events. Enjoy a variety of events from Auto shows to the California State Fair.





Travel should take you places®

### **What to expect:**

The marble lobby of this 12-story, smoke-free hotel features several seating areas, a fireplace, and colorful modern-art displays. Located in the Point West business district, one mile from Six Flags Waterworld and within five miles of the Sacramento Convention Center, the hotel attracts a mix of business and leisure travelers.

### **Amenity highlights:**

On-site dining options include California cuisine in a casual restaurant and light fare in a lobby lounge. For recreation, guests choose from an outdoor lap pool and a fitness center with spa tub and sauna. High-speed wireless Internet access (surcharge) is available in the lobby and other public areas.

### **Property Amenities**

Harvard Street Grill serves breakfast, lunch, and dinner daily, and Cameo Lounge offers cocktails and light meals. Recreational facilities include an outdoor lap pool and a fitness center with cardiovascular and strength-training equipment.

This Sacramento hotel offers 18,850 square feet of meeting and event space, including a ballroom that accommodates 750 guests, with event catering and audiovisual equipment available. A 24-hour business center provides printing, faxing, copying, and high-speed Internet access; fees apply. High-speed wireless Internet access (surcharge) is available in the lobby and other public areas. Self parking is complimentary.

This Hilton Hotel is entirely smoke-free.

Check in is 3:00 pm and check out is 12:00 pm



Natomas **Mr. Pickle's**  
 3230 Arena Blvd.  
 916.419.1138  **Sandwich Shop**

**We Deliver!**

**Hours: Monday - Friday 10am - 7pm | Saturday 10am - 4pm | Sunday 11am - 4pm**

**SANDWICHES**

Ham	\$5.99
Roast Beef	\$5.99
Salami	\$5.99
Turkey	\$5.99
Pastrami	\$5.99
Chicken Salad	\$5.99
Tuna Salad	\$5.99

**SALADS**

Green Salad	\$4.99
Chef's Salad	\$6.49
Chicken Salad	\$6.49
Tuna Salad	\$6.49
Marinated Chicken	\$6.49

All salads include diced tomatoes, diced cucumbers, raisins, shredded cheese, croutons, red onions, bacon bits  
 Dressings: Homemade Ranch & Thousand Island, Italian

**Choice of Breads:** Dutch, Sweet, Wheat & Sourdough Rolls, Sliced Wheat  
**Choice of Cheeses:** American, Swiss, Jack, Pepper Jack, & Cheddar  
**"Everything" Includes:** Mayo, Mustard, Garlic Sauce, Lettuce, Tomato, Pickles, Peppers & Onions

<b>Extras:</b>	Cheese	\$ .50	Avocado	\$ .99
	Cranberry	\$ .50	Bacon	\$ .99

1. **GOLDEN GATE:** chicken breast, teriyaki and jack cheese \$6.99
2. **HANG LOOSE:** hot pastrami, bacon, cream cheese and avocado \$6.99
3. **ITALIAN STALLION:** ham, salami, pastrami, jack cheese and dressing \$6.99
4. **TOM TURKEY:** turkey, bacon and swiss cheese \$6.99
5. **THE MANHATTAN:** hot pastrami and swiss cheese \$6.49
6. **HOUSE COMBO:** turkey, salami, ham and american cheese \$6.99
7. **THE HOT 'T':** hot turkey, melted pepper jack cheese, baja and cranberry sauce \$6.99
8. **THE CLUB:** turkey, ham, cheddar & bacon on triple decker toast \$7.49
9. **CHICKEN RANCH:** chicken breast with melted jack cheese and ranch \$6.99
10. **FAST EDDY:** hot roast beef with BBQ sauce and melted cheddar cheese \$6.99
11. **BLAT:** triple-decker of bacon, lettuce, avocado and tomato \$6.99
12. **REGGIE-REGGIE:** chicken breast, pepper jack cheese and baja sauce \$6.99
13. **THE MR. PICKLE:** chicken breast, bacon, avocado, and jack cheese \$6.99
14. **BIG EASY:** chicken salad with swiss cheese and avocado \$6.99
15. **TUNA TUNA:** tuna salad with swiss cheese, avocado and cucumber \$6.99
16. **L'MICHELE:** chicken breast, melted jack cheese and cranberry sauce \$6.99
17. **BBQ MELT:** chicken breast, BBQ sauce and melted cheddar \$6.99
18. **GOT BEEF:** roast beef, pastrami and melted jack cheese \$6.99
19. **VERY VEGI:** choice of cheese, cucumbers and avocado \$6.99
20. **THE HORNET:** meatball, jack cheese and marinara \$6.99
21. **THE SUMMER:** turkey, cream cheese and avocado \$6.99
22. **WITTER RANCH HAWK:** chicken breast, jack cheese and marinara \$6.99
23. **SAC TOWN SLAM:** hot turkey, bacon, salami, cream cheese and avocado \$6.99

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**SCHEDULE OF EVENTS**

**Thursday, May 7:**

- 11:00 am - Courts will be open for practice at the Natomas Racquet Club for Dual Team Championship Participants.
- 12:45 pm - Meeting with all players, coaches and officials will begin promptly.
- 1:00 pm - Men's and Women's Dual Team Championships
- 7:00 pm – California Community College Tennis Championship Banquet at the Hilton Sacramento Arden West Hotel
- 9:00 pm – State Coaches meeting and draw meeting to immediately follow the banquet

**Friday, May 8:**

- 8:00 am – Courts will be open for practice at the Natomas Racquet Club for both Men's and Women's singles practice
- 9:00 am – Singles match-play begins
- 12:00 pm – Courts will be open for doubles practice
- 1:00 pm – Doubles match-play begins

**Saturday, May 9:**

- 8:00 am – Courts will be open for practice at the Natomas Racquet Club for both Men's and Women's singles practice
- 9:00 am – Singles semi-finals
- 11:00 am – Singles Final
- 12:00 pm – Courts will be open for doubles practice
- 1:00 pm – Doubles Semi-finals
- 3:30 pm – Doubles final

## **DRIVING DIRECTIONS**

### **From Northern California to Natomas Racquet Club:**

Merge onto the I-5 S Freeway towards SACRAMENTO  
Take the Garden HWY exit, EXIT 521  
Take the ramp towards UNIVERSITY OF PHOENIX  
Turn LEFT onto GARDEN HWY  
Turn LEFT onto NATOMAS PARK Dr  
End at 2460 Natomas Park Dr, Sacramento CA 95833

### **From Southern California to Natomas Racquet Club:**

Merge onto the I-5 N Freeway towards SACRAMENTO  
Take the Garden HWY exit, EXIT 521  
Take the ramp towards UNIVERSITY OF PHOENIX  
Turn LEFT onto GARDEN HWY  
Turn LEFT onto NATOMAS PARK Dr  
End at 2460 Natomas Park Dr, Sacramento CA 95833

### **From Northern California to Hilton Sacramento Arden West:**

Merge onto I-5 S toward SACRAMENTO  
Take the GARDEN HWY, EXIT 521  
Turn LEFT onto GARDEN HWY  
Turn slight RIGHT onto ARDEN-GARDEN CONN  
ARDEN-GARDEN CONN becomes ARDEN WAY  
Turn LEFT onto HARVARD ST  
End at 2200 Harvard St, Sacramento 95815

### **From Southern California to Hilton Sacramento Arden West:**

Merge onto I-5 N  
Merge onto US-50 E/CAPITAL CITY FWY/CA-99 toward SOUTH LAKE TAHOE  
Take the I-80-BR exit toward RENO  
Merge onto CAPITAL CITY FWY  
Take the ARDEN WAY exit toward CA-160  
Turn SLIGHT LEFT to take the ARDEN WAY WEST ramp  
Keep LEFT at the fork in the ramp  
Turn SLIGHT RIGHT onto ARDEN WAY  
Turn RIGHT onto HARVARD ST  
End at 2200 Harvard St, Sacramento 95815

### **From the Hilton Sacramento Arden West to Natomas Racquet Club:**

Start out going SOUTHWEST on HARVARD ST toward ARDEN WAY  
Turn RIGHT onto ARDEN WAY  
ARDEN WAY becomes ARDEN-GARDEN CONN  
Turn SLIGHT LEFT onto GARDEN HWY  
Turn RIGHT onto NATOMAS PARK DR  
End at 2450 Natomas Park Drive, Sacramento 95833

**Natomas Racquet Club**  
2450 Natomas Park Drive  
Sacramento, CA 95833  
(916) 974 - 9016



Natomas Racquet Club is an extraordinary tennis and fitness club located in the Natomas Corporate Center near downtown Sacramento

The 10-acre site contains 17 tennis courts, 15 of which are lighted for night play, 3-pool aquatics complex, outdoor recreational areas, children's play structure and a 32,000 square foot clubhouse.



## RESTAURANT INFORMATION

<b>BJ's</b>	3531 N. Freeway Blvd.	(916) 570-1327
<b>Chevy's Fresh Mex</b>	1369 Garden Hwy, Sac, 95833	(916) 649-0390
<b>Del Taco</b>	3531 Truxel Rd, Sac, 95833	(916) 928-1971
<b>Friday's</b>	1229 Howe Ave, Sac, 95825	(916) 925-5766
<b>Hooters</b>	3541 Truxel Rd, Sac, 95833	(916) 929-9464
<b>In-N-Out Burger</b>	3501 Truxel Rd, Sac, 95833	(800) 786-1000
<b>Jamba Juice</b>	3571 Truxel Rd, Sac, 95833	(916) 928-2410
<b>Quiznos Subs</b>	3511 Truxel Rd, Sac, 95833	(916) 928-1900
<b>Subway</b>	3291 Truxel Rd, Sac, 95833	(916) 649-0411

### **ARDEN FAIR MALL - Restaurants**

**1689 Arden Way, Sacramento  
(916) 920-4809**

<b><i>Restaurant</i></b>	<b><i>Cuisine</i></b>	<b><i>Location</i></b>	<b><i>Type</i></b>
<b>Auntie Anne's</b> (916) 925-1630	Sweets & Treats	Upper Level	Specialty
<b>California Cafe</b> (916) 925-2233	American	Lower Level	Sit Down
<b>California Pizza Kitchen</b> (916) 568-0932	American	Lower Level	Sit Down
<b>Carl's Jr.</b> (915) 567-0340	American	Upper Level	Food Court
<b>Cheesecake Factory</b> (916) 567-0606	American	Parking Lot	Sit Down
<b>Cinnabon</b> (916) 927-1964	Sweets & Treats	Upper Level	Specialty
<b>Cold Stone Creamery</b> (916) 568-1415	Sweets & Treats	Upper Level	Specialty

<b><i>Restaurant</i></b>	<b><i>Cuisine</i></b>	<b><i>Location</i></b>	<b><i>Type</i></b>
<b>Fresh Choice</b> (916) 649-3839	American	Lower Level	Sit Down
<b>Godiva Chocolatier</b> (916) 649-1906	Sweets & Treats	Lower Level	Specialty
<b>Hibachi-San</b> (916) 920-5578	Asian	Upper Level	Food Court
<b>Hot Dog on a Stick</b>	American	Lower Level	Food Court
<b>Jamba Juice</b> (916) 924-5945	Sweets & Treats	Lower Level	Specialty
<b>Johnny Rockets</b> (916) 564-9567	American	Lower Level	Sit Down
<b>Mrs. Fields</b> (916) 927-5483	Sweets & Treats	Lower Level	Specialty
<b>Panda Express</b> (916) 920-0959	Asian	Upper Level	Food Court
<b>Pretzel Time</b> (916) 927-5483	Sweets & Treats	Lower Level	Food Court
<b>Rollerz</b> (916) 646-4850	Sandwiches	Upper Level	Food Court
<b>Sbarro</b> (916) 564-0341	Italian	Upper Level	Food Court
<b>See's Candies</b> (916) 925-7353	Sweets & Treats	Lower Level	Specialty
<b>Starbucks Coffee</b> (916) 568-7420	Coffee, Tea & Smoothies	Lower Level	Specialty
<b>Steak Escape</b> (916) 924-8552	American	Upper Level	Food Court
<b>Sweet Factory</b> (916) 929-5133	Sweets & Treats	Upper Level	Specialty
<b>Taro's by Mikuni</b> (916) 564-2114	Sushi	Lower Level	Sit Down

# **PRACTICE COURT INFORMATION**

## **Northgate Park**

1219 Brewerton Dr, Sacramento, CA 95833

2 Lighted Courts  
Public Open

3 miles from club

[Directions to Northgate Park](#)

## **Orchard Park**

Unity Pointe Ave, Sacramento, CA 95833

2 Lighted Courts  
Public Open

2 miles from club

[Directions to Orchard Park](#)

## **Robertson Park**

373 Silver Eagle Rd, Sacramento, CA 95838

2 Lighted Courts  
Public Open

4 miles from club

[Directions to Robertson Park](#)

## **North Natomas Community Park**

1839 N. Bend Dr., Sacramento, CA 95835

2 Lighted Courts  
Public Open

9 miles from club

[Directions to Natomas Community Park](#)