

**FOOTHILL CONFERENCE | 2010-2011 ALL CONFERENCE TEAM****MVP** -- Paige Haynes, San Bernardino Valley**COACH OF THE YEAR** -- Susan Crebbin, San Bernardino Valley**FIRST TEAM**

Nisha Barrett	Barstow	C	6-1	Fr	Barstow HS/Barstow, CA.
Yvette Bennett	Antelope Valley	G	5-6	Fr	Antelope Valley '10/Lancaster
Darshae Burnside	San Bernardino Valley	F	6-2	Fr	Cajon / San Bernardino, CA
Amber Chavez	Victor Valley	G	5-6	So	Serrano High School
Danielle Cooper	Mt. San Jacinto	F	6-0	Fr	West Valley / Hemet, CA
Vanessa Gutierrez	Rio Hondo	G	5-2	So	South El Monte / South El Monte, CA
Stephanie Hoskin	Cerro Coso	G	5-6	Fr	Dr. Martin Luther King, Jr. / Detroit, MI
Brittani Jefferson	Antelope Valley	C	6-0	So	Quartz Hill '09/Quartz Hill
Tianna Jones	Chaffey	G	5-4	Fr	Rancho Cucamonga H.S.
Janelle Junior	San Bernardino Valley	G	5-5	So	La Sierra / Riverside
Arione Nabors	Chaffey	C	6-1	So	Colony H.S.
Jasmine Ray	San Bernardino Valley	G	5-5	Fr	San Bernardino H.S.
Danielle Reed	Mt. San Jacinto	G	5-4	So	Beaumont / Beaumont, CA
Missy Spoelstra	Desert	G	5-10	Fr	Arrowhead Christian/Redlands

**HONORABLE MENTION**

Rosiland Barnes	Chaffey	G	5-3	So	Ontario H.S.
Malika Jackson	Antelope Valley	G	6-0	Fr	Pete Knight '09/ Palmdale
Mechel'La Logan	Barstow	F	5-9	So	VoTech/Las Vegas, NV
Ebony Mease	Victor Valley	C	5-11	Fr	University Prep
Ashley Milan	Desert	C	5-10	Fr	Cassical/Providence RI
Jeanette Ramirez	Rio Hondo	G	5-6	So	Schurr / Montebello, CA
Terri Todecheene	Mt. San Jacinto	F	5-11	So	Many Farms / Many Farms, Arizona
LaTasha Trainor	Cerro Coso	C	5-11	Fr	Pete Knight / Palmdale, CA
Jennifer Young	San Bernardino Valley	F	5-9	So	La Sierra / Riverside

**ORANGE EMPIRE CONFERENCE | 2010-2011 ALL CONFERENCE TEAM****MVP** -- Micaela Pickens, Cypress**COACH OF THE YEAR** -- Debi Woelke, Fullerton**FIRST TEAM**

Ashleigh Adams	Fullerton	F	5-11	So	Bishop Amat/Diamond Bar, CA
Brianna Byrd	Riverside	F	5-9 0	So	Canyon Springs/Riverside, CA
Aunjanay Chambers	Fullerton	F	5-11	Fr	Valencia/Placentia, CA
Amanda Deal	Orange Coast	G	5-7	So	Northwood HS / Costa Mesa, CA
Amanda Frost	Fullerton	G	5-8	Fr	John W. North/Riverside, CA
Samantha Hansen	Orange Coast	F	6-0	So	El Toro HS / Lake Forest, CA
Alyssa Hanson	Orange Coast	G	5-7	So	Esperanza HS / Yorba Linda, CA
Audreanna Sargent	Saddleback	F	6-0	So	Oceanside HS
Heather Wohlk	Riverside	G	5-9 0	Fr	Arlington/Riverside, CA

**HONORABLE MENTION**

Marreon Belt	Riverside	G	5-6 0	So	Silverado/Victorville, CA
Debbie Chavez	Cypress	G	5-5	So	Santa Fe HS
Ashley Chavira	Santa Ana	F	5-9	So	Madera High School/ Madera
Ashley Fajardo	Irvine Valley	G	5-6	So	Mission Viejo
Janelle Flores	Santa Ana	G	5-7	Fr	Palm Springs High School/ Palm Desert
Rachel Hatch	Fullerton	G	5-7	So	St. Ignatius/San Francisco, CA

Melanie Kashanchi	Irvine Valley	F	5-11	Fr	Northwood
Ebony McClain	Fullerton	F	5-8	So	John W. North/Riverside, CA
Page Rhodes	Cypress	G	5-7	Fr	Etiwanda HS
Helena Robel	Orange Coast	G	5-5	So	Fountain Valley HS / Fountain Valley, CA

## PACIFIC COAST CONFERENCE | 2010-2011 ALL CONFERENCE TEAM

**MVP** -- Brittany Daniel, Southwestern

**COACH OF THE YEAR** -- Darnell Cherry, Southwestern

### FIRST TEAM

Akayla Bell	Imperial Valley	C	5-8	Fr	Imperial/Imperial CA
Jasmine Bonds	Southwestern	F	6-0	So	Mar Vista
Amber Browner	San Diego City	F	6-0	So	San Diego HS / San Diego
Brittany Daniel	Southwestern	G	5-11	So	Eastlake
Chelsea Maurer	Grossmont	F	5-10	So	Ramona HS
Ariel Meek	Grossmont	G	5-6	So	Academy of Our Lady of Peace
Desiree Poellnitz	MiraCosta	G	5-7	Fr	Rancho Buena Vista/Vista, CA
DeeDee Porter	San Diego City	G	5-5	So	Morse HS / San Diego
Camille Smith	Imperial Valley	G	5-7	So	Imperial/Imperial CA
Denise White	San Diego Mesa	G	5-9	Fr	San Diego/Westview
Teanna Williams	Southwestern	G	5-4	So	San Diego

### HONORABLE MENTION

Stevi Cooper	Grossmont	G	5-7	Fr	Reno HS, NV
Monique Correia	San Diego Mesa	G	5-8	So	San Diego/Horizon
Alexandria Dill	Southwestern	G	5-8	So	Village Christian/LA
Kim Dizon	MiraCosta	G	5-5	Fr	Paloma Valley/Menifee, CA
Tiana Dominick	Palomar	G	5-6	Fr	Lakeside/Lake Elsinore
Sarah Guererro	Southwestern	F	5-9	So	Sweetwater
Nicole Harris	Grossmont	G	5-10	Fr	Scripps Ranch HS
Katherine Holloway	Imperial Valley	G	5-6	So	Vincent Memorial/Calexico CA
Ashleigh King	Grossmont	G	5-5	Fr	Kearny HS
Kelsey Landazuri	MiraCosta	G	5-7	Fr	Chaparral/Temecula, CA
Yahoska (Ya-Ya) Legall	Southwestern	F	6-0	Fr	Boys and Girls/Brooklyn
Brittni Maurer	Palomar	C	5-11	Fr	Lafayette/Williamsburg, PA
Katie Mayberry	San Diego City	F	5-8	So	Oroville HS / Oroville, CA
Natalie Olague	San Diego City	G	5-6	So	Chula Vista HS / San Diego
Bianca Padilla	MiraCosta	G	5-6	So	Bishops/San Diego, CA
Bridgette Palmer	San Diego Mesa	G	5-9	So	Odessa(TX)/Permian
Felicity Pet	San Diego City	G	5-4	So	Montgomery HS / San Diego
Jacara Roberts	Grossmont	F	6-1	Fr	Eastlake HS
Nichole Thoens	San Diego City	G	5-6	So	Oregon City HS, Oregon City, Oregon
Johanna Uribe	Imperial Valley	G	5-6	So	Calexico/Calexico CA
Brenda Vargas	Imperial Valley	F	5-8	So	San Luis/San Luis AZ
Luisa Villalobos	Imperial Valley	C	5-10	Fr	Cibola/Yuma AZ
Keyannie Ward	Southwestern	G	5-4	So	Grossmont
Shelby Watson	San Diego Mesa	G	5-9	So	San Diego/Mira Mesa

**SOUTH COAST CONFERENCE | 2010-2011 ALL CONFERENCE TEAM****MVP** -- Dominique Scott, Pasadena**COACH OF THE YEAR** -- Brian Crichlow, Mt. San Antonio**FIRST TEAM**

Jocelyn Arce	Long Beach City	G	5-5	So	Paramount
Rose Boatner	Cerritos	F	5-10	So	Centennial HS
Stephanie DeFrance	Pasadena	G	5-4	So	Blair/Pasadena
Ciarra Ford	Mt. San Antonio	G	5-8	So	Long Beach Wilson/ Long Beach
Kimmie Hawkins	Mt. San Antonio	F	6-0	So	Vista Del Lago/ Moreno Valley
Eva Hernandez	East Los Angeles	F	5-8	So	Roosevelt High
Barbara Holiday	Los Angeles Trade-Tech	G	5-6	So	Washington Preparatory
Briana Hunt	El Camino	G	5-5	Fr	West Torrance High School
Joanna Matthews	Mt. San Antonio	G	5-6	So	Rancho Cucamonga/ Rancho Cucamonga
April Perry	Cerritos	G	5-6	So	Cabrillo HS
Andrina Rendon	Cerritos	F	5-9	Fr	St. Paul HS
Jamie Robinson	Los Angeles Southwest	F	6-0	Fr	Cabrillo
Evelyn Sanchez	Compton	G	5-2	Fr	LA Jordan HS Los Angeles, California
Desiree Strings	Pasadena	G	5-10	So	Leuzinger/Lawndale
Ariel Temple	Los Angeles Trade-Tech	G	5-6	So	Long Beach Jordan HS
Angelica Trinidad	East Los Angeles	G	5-3	Fr	West Adams Preparatory High

**SECOND TEAM**

Jazlyn Afusia	Cerritos	G	5-8	So	St. Paul HS
Jamisha Collins	Los Angeles Trade-Tech	G	5-5	So	Long Beach Polytechnic HS
Arielle George	Mt. San Antonio	G	5-3	Fr	Summit/ Fontana
Kay Hurd	El Camino	F	5-10	So	Redondo Union High School
Jianni Jackson	Mt. San Antonio	F	6-2	So	Riverside Poly/ Riverside
Tatianna Jefferys	Long Beach City	F	5-11	Fr	Cams
Qorrea Joice	Mt. San Antonio	F	6-1	So	Windward/ Los Angeles
Aries McCarther	Los Angeles Southwest	G	5-8	Fr	Crenshaw
Aja Miller	Los Angeles Trade-Tech	G	5-8	So	Washington Preparatory
Francis Ordonez	East Los Angeles	F	5-11	Fr	Huntington Park High
Anna Shahinian	Pasadena	G	5-4	So	Glendale/Glendale
Marquetta Stokes	Pasadena	F	5-9	Fr	Oakland Tech/Oakland
Montanique Washington	Cerritos	G	5-7	So	Long Beach Jordan HS
Amanda Young	El Camino	G	5-5	Fr	Torrance High School

**WESTERN STATE-NORTH DIVISION CONFERENCE | 2010-2011 ALL CONFERENCE TEAM****MVP** -- Monica Jackson, Los Angeles Pierce**COACH OF THE YEAR** -- Ned Mircetic, Ventura**FIRST TEAM**

Imelda Bealer	Santa Barbara	G	5-6	So	Fairfax HS/Los Angeles, Ca.
Sidney Dobner	Moorpark	G	5-7	So	Newbury Park H.S./ Newbury Park, Ca
Rebecca Griffin	Ventura	G	5-2	Fr	Santa Barbara / Santa Barbara, CA
Amari Hampton	Los Angeles Pierce	F	5-9	Fr	Taft / Woodland Hills

Deepika Kapil	Moorpark	G	5-7	So	Reseda H.S./ Northridge, Ca
Destinee LaFountain	Ventura	F	6-1	Fr	Royal / Simi Valley, CA
Ashley Samson	Moorpark	G	5-5	Fr	Granada Hills H.S./ Northridge, Ca
Kati Sheldon	Cuesta	F	5-9	Fr	Paso Robles HS / Paso Robles, CA
Nikki Tauau	Oxnard	F	5-7	So	Pacifica/Oxnard
Janelle Wong	Santa Barbara	G	5-10	So	Dos Pueblos HS/Goleta Ca.
Camille Zumbro	Allan Hancock	G	5-4	Fr	Home Schooled / Orcutt, CA

#### HONORABLE MENTION

Anika Bauermeister	Cuesta	F	6-0	Fr	Max Planck Gymnasium / Dusseldorf, North Rhine-Westphalia, Germany
Chrissy Bessermin	Allan Hancock	F	5-9	So	Righetti HS / Orcutt, CA
Ja'Lisa Gatlin	Ventura	F	5-10	Fr	Summit / Fontana, CA
Carlotta Kloppenburg	Ventura	G	5-5	Fr	Lassen / Susanville, CA
Skyy Lewis	Los Angeles Pierce	F	5-9	Fr	Taft / Woodland Hills
Regan Mew	Ventura	G	5-4	Fr	Quartz Hill / Lancaster, CA
Stephanie Ramirez	Ventura	G	5-5	Fr	Rio Mesa / Oxnard, CA
Jayne Salim	Cuesta	G	5-7	So	Chavez HS / Delano, CA

#### WESTERN STATE-SOUTH DIVISION CONFERENCE | 2010-2011 ALL CONFERENCE TEAM

**MVP** -- Ariel Marsh , Citrus

**COACH OF THE YEAR** -- Monica Hang, Los Angeles Valley

#### FIRST TEAM

Jasmine Cox	Citrus	C	5-10	Fr	Eisenhower/Upland, CA
Tinky Dahte	Canyons	G	5-9	Fr	Valencia, CA
Jazzmyn Davis	Canyons	F	5-10	Fr	Birmingham / Lake Balboa, CA
Porcha Davis	Los Angeles Valley	G	5-6	So	Monroe
Hayley Henderson	Santa Monica	F	5-9	So	Palo Verde/Las Vegas Nevada
Kelli Lewis	Canyons	G	5-8	So	Hart / Newhall, CA
Ariel Marsh	Citrus	G	5-8	Fr	Ayala/Chino Hills, CA
Gabi Morales	Bakersfield	F	5-11	Fr	Frontier/Bakersfield
Richelle Najera	Los Angeles Valley	F	5-8	So	Walnut
Haley Newell	Santa Monica	G	5-5	So	Taft/Woodland Hills
Jasmyne Randolph	Citrus	G	5-7	So	Bloomington/Fontana, CA
Chiquita Thomas	Santa Monica	G	5-6	So	Northside/Columbus Georgia

#### HONORABLE MENTION

Michelle Eclar	Glendale	G	5-5	Fr	Glendale Academy/Glendale
Claudia Gonzalez	Bakersfield	F	5-8	So	Arvin/Arvin
Brooke Hood	Bakersfield	C	6-1	Fr	Centennial/Bakersfield
Tashawn Mcghee	Santa Monica	G	5-5	Fr	Narbonne/Carson
Brittany Quiette	West Los Angeles	G	5-4	So	St. Anthony
Donetta Rye	West Los Angeles	F	5-10	So	Crenshaw HS / Los Angeles, CA
Ashley Stewart	West Los Angeles	F	5-10	So	Palisades Charter HS / Inglewood, CA
Dominique Turner	Canyons	G	5-5	So	Knight / Palmdale, CA